



Fort McCoy MWR Enews

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September 7, 2017 | www.mccoy.armymwr.com | 608-388-7400 | *No endorsement implied*

**HELP
WANTED**

Fort McCoy MWR Career Opportunity

**MARKETING
SPECIALIST**

NF04 | Full Time

**APPLY TODAY! Go to www.USAJOBBS.gov
or call NAF Personnel at 608-388-3773.**

Announcement closes on 09/15/2017



**“LIKE” US
On Facebook**

Learn about the current events
& activities at Fort McCoy!



facebook.com/mccoymwr

ICE
INTERACTIVE CUSTOMER EVALUATION

**COMMENTS
& FEEDBACK**



3 GUN MATCH - NIGHT SHOOT

Sep 8 | 7 pm
Sportsman's Range
3 challenging stages. Round count is
75 pistol / 50 rifle / 50 shotgun. Open
to all skill levels from novice to expert.



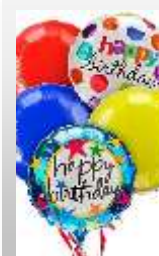
NEED STRESS REDUCTION?

Sep 13 | 11 am - 12:30 pm
Army Community Service
Join us during your lunch hour and take
time for you. Learn how to counter the
effects of stress in the body with guided
meditation.



FALL BOWLING LEAGUES

Tuesday Evening Mixed Leagues
Start October 3
Looking for a fun & healthy way to stay
active this fall? Consider joining a bowling
league at McCoy's Community Center.
Call 608-388-2065 for more details.



BALLOON BOUQUETS

Available at McCoy's Community Center
Surprise someone special with a bouquet
of balloons. Many different themes and
styles available. Delivery available on
Fort McCoy for an additional \$3. Call
608-388-2065 to place an order.

RUMPEL FITNESS CENTER

Building: 1122 Phone: 388-2290

SWIM CAMP

September 11 | 4:30 - 6 pm

Entry Fee: \$5

Brush up on all the swimming strokes and become a more efficient swimmer. This is great for swimmers who have basic swimming skills. Camp will be taught by Coach McGinnis - certified swim coach. Must be registered by September 8.

FITNESS CENTER FEES

Fitness Class Fee \$3

Fitness Class Punch Card \$30
(15 punches per card)

Personal Training Sessions
\$20 Military / \$30 Civilian

OUTDOOR RECREATION

Building: 8053 Phone: 388-3517/4498

TACTICS PAINTBALL & LASER TAG

Tactics features 3 outdoor courses (1 woods course and 2 field courses) including a unique 2-story castle **constructed from railroad ties. It's a great place to** host a birthday or unit party!



McCoy's COMMUNITY CENTER

Building: 1571 Phone: 388-2065

LEISURE TRAVEL SERVICES DISCOUNTED TICKETS

Disney World - Florida

4 day hopper \$201

4 day hopper with water park fun and more \$234

5 day hopper \$214

5 day hopper with water park fun and more \$247

Disney Land - California

3 day hopper \$152

4 day hopper \$175

Only for Military, retirees, and 100% disabled

Universal Studios - Orlando

2 park 4 day park to park \$179/ \$174

3 park 4 day park to park \$219/ \$214

If you are looking for other attraction, please stop in at Leisure Travel in Bldg 1571 or call X3011.

NOTE: We will not be ordering tickets from Sep 13 thru Oct 1 due to an audit at our supplier.

**FORT MCCOY'S
ROAD
KILL
5K RUN/WALK**

**September 13, 2017
11:30 am
Rumpel Fitness Center**

Register Today!

ENTRY FEE: \$15

**First 25 registered participants
will receive a t-shirt!**

CHALLENGE YOURSELF!

**Race starts at the Rumpel Fitness Center, then out Gate 20,
up a killer of a hill and finishes back at the fitness center.**



DJ Trivia Get your team together and join us for some trivia fun!

NEW NIGHT & TIME!
Thursday Nights from 7 - 9 pm



OIL CHANGES \$15

Every Thursday from 1 - 8 pm | Automotive Skills Center (B1763)

Call x3013 to schedule an appointment

Oil and filter must be supplied by customer

ARMY COMMUNITY SERVICE

Building: 2111 Phone: 388-3505

NEWCOMER'S ORIENTATION

Sep 13 | 8:15 am - 12:30 pm

Newcomer's Orientation is open to all new installation personnel and their spouses and provides briefings by representatives from various installation activities regarding the services they offer and includes a tour of the installation. [Click here](#) for registration information.

NEED STRESS REDUCTION?

Sep 13 | 11 am - 12:30 pm

Come and learn the benefits of meditation. Who can meditation benefit? What is meditation? Where should I meditate and how? To register, contact 608-388-2412. [Click here](#) for more information.

CONNECT THE TOTS PLAY GROUP

Sep 19 and 26 | 9:30 - 11 am

New to the area? Want to connect with other parents? Our playgroup contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and promote social-emotional skill building. If you are looking for something to do with your children ages 4 and younger please join us at South Post Patriot Park. To register, contact 608-388-2412.

[Click here](#) for more information.

BUILD A BIRD FEEDER WORKSHOP

Sep 21 from 4 - 7 pm OR

Sep 30 from 9:30 am - 4:30 pm | B2161

Each member of your Family can create an individualized bird feeder. Decorate by painting (and/or mod podge) your favorite logo or symbol (must bring your own). Single and geographical bachelors welcome. [Click here](#) for registration information.

LEADERSHIP TRAINING

Sep 27 | 8 - 11 am

Attention: New Commanders and Command Senior NCO Advisors. For convenience, the training block will fulfill all of the cited requirements in one training, Army Substance Abuse Program, Brief, Family Advocacy Brief, and SHARP Leadership Brief.

PUBLIC SPEAKING WITH CONFIDENCE

Oct 3 - 4 from 8 am - 3 pm AND

Oct 5 8 am - 12 noon

Being an effective Public Speaker is a great skill to have! Pick up some tips and learn to overcome your fears in a fun classroom environment. Participants are required to give a 30 minute presentation as part of this course. [Click here](#) for registration information.

FAMILY CHRISTMAS CARD WORKSHOP

Oct 21 or Dec 2 | 9:30 am - 4 pm

B2161

Celebrate the season! Design and create your own personalized cards. Multi-cultural supplies available.

Register for a 1-3 hour block of time. Early start times for EFMP Families. Must be registered by Oct 16 or Nov 27 respectively. Call 608-388-6507 for more information or to register.

DID YOU KNOW...

The **Army Family Action Plan (AFAP)** is a program where the Total Army Family can submit quality of life concerns to be discussed at the 1-2 Nov AFAP conference. 8 Sep is the deadline to submit issues or become a volunteer to review the issues. Issues must be within the overarching authority of DA to resolve. [Click here](#) for more information.

ARMY COMMUNITY SERVICE

Lending Closet

We temporarily loan housekeeping items to incoming or outgoing Fort McCoy employees while their items are in transit.



ITEMS AVAILABLE INCLUDE:

Air Mattresses	Irons & Ironing Boards
Tables & Chairs	High Chairs
Dish Packs	Infant Pack n Plays
Vacuum Cleaners	

STOP IN TO ACS OR CALL 608-2359 TO LEARN MORE.

The Fort McCoy Child Development Center Has Current

OPENINGS

For Children Ages 2-5 in their Toddler & Preschool Classrooms.

The CDC is nationally accredited through the National Association for the Education of Young Children. We believe children learn best through play, so come play with us!

If you have questions or would like to schedule a tour, please contact Parent Central Services at 388-8956 or the Child Development Center at 388-2238.

The CDC provides care to children ages 6 weeks to 5 years. Hourly care is provided on a space-available basis. To register to use hourly care, please call Parent Central Services at 388-8956 to set up an appointment.



To request full time care, please go to www.militarychildcare.com and sign up today!