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Find Epic Adventure as Unique as Each Explorer



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2024 OFFICIAL VISITOR'S GUIDE

Hudson | La Crosse | La Crosse
Onondaga | Town of Campbell | West Salina

EXPLORE. PLAY. STAY. REPEAT

Check Out the Visitor Guide >

explore LA CROSSE
.com



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@FortMcCoyMWR
mccoy.armymwr.com

JOIN MCCOY'S BOWLING LEAGUE




\$60
Per week, per team of 4

TUESDAYS AT 6:00 PM
NOV 5 - DEC 17, 2024
MCCOY'S COMMUNITY CENTER

OCT 15 | INTEREST MEETING
- 6:00 pm at McCoy's Community Center
- Sign up and receive 1 FREE bowling game!

OCT 22 | RULES MEETING
- 6:00 pm at McCoy's Community Center
- Final day for sign ups!

Registration ends Oct 22, 2024

FOR MORE INFO CALL 502-898-2065

 @FortMcCoyMWR

COME DRESSED IN YOUR HALLOWEEN BEST!



SPOOKY SUNRISE 6.5 MILE

OCTOBER 30, 2024
RUMPEL FITNESS CENTER

REGISTRATION OPENS AT 5:30am
RACE BEGINS AT 6:00am

\$10
INCLUDES T-SHIRT & MWR SWAG BAG!
SIZES & QUANTITIES ARE LIMITED

CALL 502.898.2290 TO REGISTER

PLEASE REGISTER BY OCTOBER 25, 2024





Learn to bowl with McCoy's

KID'S BOWLING League

SATURDAY'S FROM 2 - 4 PM AT MCCOY'S
NOVEMBER 2 THRU DECEMBER 21, 2024

LEAGUE IS SPLIT INTO TWO AGE GROUPS
6-9 YRS. | 10-14 YRS.



\$10
PER CHILD
PER SESSION

TO REGISTER CALL 502-898-2065
Registration ends Oct 22, 2024



Sit, Sip and Paint

Canvas Painting Event

OCT 30, 2024 | 5:30 PM
WHITETAIL RIDGE CHALET



SAMPLE PAINTING

SPACE IS LIMITED!
\$35 PER PERSON

TO REGISTER, VISIT
www.thepaintshack.net
Click on calendar/registration.
Select Oct 30, and fill out registration details.

 @FortMcCoyMWR



Come dressed in
your Halloween best & have
a Spooktacular time at Fort McCoy MWR's

TRUNK OR TREAT

OCTOBER 29, 2024 AT 4:00 PM
MCCOY'S COMMUNITY CENTER

Free Appetizers (while supplies last)

OPEN TO ALL FORT MCCOY SOLDIERS, FAMILIES & CIVILIANS

For more info call **502.898.5358**

Parking lot will close at McCoy's Community Center at 2:00pm for Trunks to be set up.
Event parking will be in surrounding parking lots with signage to annotate.


@FortMcCoyMWR



no endorsement implied





Build a Charcuterie Board

Learn how to create your very own Charcuterie Board
from scratch, with 4 types of cheese, 3 types of meat,
seasonal accompaniments & more!

Oct 17, 2024 | 5:30-7:30pm | Whitetail Ridge

\$50.00 per person | Includes your own board & all food items.
Utensils will be provided. 25 participants max.



Sign up by going to cheese_3b@outlook.com or call/text 608-387-3870




AXE THROWING TOURNAMENT

McCOY'S COMMUNITY CENTER
OCT 29, 2024 | 4:00 PM



OPEN TO ALL FORT MCCOY SOLDIERS, FAMILIES & CIVILIANS
FOR ADDITIONAL INFORMATION ON TRIAD CUP EVENTS, REGISTRATION & RULES, VISIT MCCOY.ARMYMWR.COM. SCAN THE QR CODE OR CALL 502-898-3517




FORT MCCOY TRIAD CUP



Columbus Day Indigenous Peoples' Day 2024 Hours of Operation


Army Community Service:	CLOSED Oct 14
Auto Skills Center:	CLOSED Oct 13-14
Child & Youth Services:	CLOSED Oct 14
HQ Office Bldg 1668:	CLOSED Oct 14
McCoy's Community Center:	11 am - 1 pm Oct 11 CLOSED Oct 14
Pine View Campground:	CLOSED Oct 14
Fitness Center BLDG 1395:	CLOSED Oct 12-14 24/7 Access will be available

CYS HOURLY CARE

CHILD DEVELOPMENT CENTER
\$8 PER HOUR
UP TO 15 HOURS
A WEEK PER CHILD
MON-FRI 6:30 AM - 5:15 PM

SCHOOL AGE CENTER
AVAILABLE ON NON-SCHOOL DAYS
DAILY RATE
UP TO 4 HOURS \$34
MORE THAN 4 HOURS \$54



TO RESERVE HOURLY CARE, SCAN THE QR CODE
or email: usarmy.mccoy.id-readiness.mesg.dfmwr-cys-member@army.mil
Reservations can be made 1 month in advance & are filled on a space available basis. Children must be registered with Child & Youth Services prior to reservation. Cancellations less than 24 hours in advance will be charged for 2 hours of care.
To register your child with CYS, call Parent Central Services at 502.898.8956



CHEF'S SALAD

OCTOBER SPECIAL



\$7.50

Romaine Lettuce, salad mix, tomatoes, carrots, hard-boiled eggs, shredded cheddar, diced turkey & diced ham

  
@FortMcCoyMWR
608-388-7673



Army Community Service
Phone: 608-388-3505 | B 2111

VOLUNTEER OPPORTUNITY

FLAG FOOTBALL REFEREES

REFEREES ARE NEEDED
ON THE FOLLOWING DATES:
**NOV 6, NOV 13,
NOV 20 & NOV 26**

FROM
4:00-6:00 PM

AT THE
**FORT MCCOY
BALLFIELDS**

DUTIES
Referee the flag football
games by calling fouls,
making the final call on
disputes, and issuing
penalties when required.

FOR MORE INFO CALL 502.898.8455
OR EMAIL: robin.e.paoletti.naf@army.mil



**NO PRIOR
REFEREEING
EXPERIENCE
NECESSARY!**
INFORMAL TRAINING
WILL BE PROVIDED

@FortMcCoyMWR



OCTOBER IS ADHD AWARENESS MONTH

BEGINNING TO UNDERSTAND ADHD

Attention Deficit Hyperactivity Disorder (ADHD)
is a neurodevelopmental condition that affects attention, self-control
and executive functioning.
It can impact individuals' success at school, work and home. Understanding ADHD is
the first step toward providing effective support and creating a positive environment for
individuals with ADHD to thrive.

Dr. Michael Smith, a Psychologist at Gundersen
Health System will offer insights on ADHD.

**October 17, 2024
5:45 - 6:45 pm
McCoy's Community Center**

JOIN US IF YOU ARE:
- Parent, caregiver or Family member of a child with ADHD
- Teacher or Educator
- Want to know more about ADHD

**To register, please call 502-898-7262
or email lorie.l.retzlaff.civ@army.mil**

ACS events are open to Military, Retirees, Civilian workforce, Family Members, Servicemembers, and registered Fort McCoy Volunteers unless otherwise stated. Employees must contact their supervisors regarding disapproval from work centers. For information on upcoming training opportunities through ACS please go to <http://mccoy.armymwr.com> and click on Calendar.



Call ACS at 502-898-7262 for more information



Fort McCoy Playgroup For Families with Children 0-4 Years Old

Our playgroup contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative
skills, and to help promote social-emotional skill building. Through play, transitions, circle time and songs and activities,
and informal conversations, parents learn about developmental ages and stages, gain tools to help understand their child's
behavior and become empowered to prepare the family and child to enter school "ready to learn".

Fall is Here!

It's time for us to gather for a new round of fall-themed activities! Engaging with nature's seasonal offerings stimulates
curiosity and a sense of wonder while fostering self-confidence and empathy for nature and others.

Fall 2024 Schedule

September 10	September 17	September 24
October 8	October 15	October 29
November 5	November 12	November 19
December 3	December 10	December 17

Registration

To register,
please call 608-388-2412 / 502-898-2412
or email brittany.r.sonie.civ@army.mil
Playgroups held from 10am - 12pm
at the ACS Family Building (B216)

To report child abuse, call your Family Advocacy
Program: 608-388-2412. After hours and weekends,
call Child Protective Services: 608-388-8607 or 911.



www.mccoy.armymwr.com | 608-388-3505 / 502-898-3505

Quarterly BENEFITS BRIEFING

**October 22, 2024 | 10 am - 12 pm
Army Community Service (B2111)**



**Do you have questions
regarding post Military
benefits & submitting
VA disability claims?**

**Do you have Tricare
questions or concerns?**

**If so, these briefings
are for you!**

**10 am - 11 am: Monroe County
Veterans Service Officer
(CVSO) Briefing**
**11 am - 12 pm: Tricare
Humana Briefing**

Register no later than the Friday before the event by calling:

608-388-6712
or email: sarah.l.wiedenfeld.civ@army.mil

Soldiers, Spouses, Retirees, and Family Members are highly encouraged to attend.

ACS events are open to Military, Retirees, Civilian workforce, Family Members and registered Fort McCoy Volunteers,
unless otherwise stated. Employees must contact their supervisors regarding disapproval from work centers. For information
on upcoming training opportunities through ACS please go to www.mccoy.armymwr.com and click on Calendar.





Army Community Service
Phone: 608-388-3505 | B 2111

ACS BUILDING BONDS WORKSHOP

DECORATE A PALLET TREE



Spending Time Together as a Family Builds Family resilience!

Create Family memories as you make your own yard decoration to display for the holidays!

Single and geographical bachelors welcome!

- All materials and instruction supplied
- One tree per Family
- Class size is limited
- Children must be accompanied by an adult

2024 DATES

Nov 19, Dec 3, 12 or 17 | 4:00 – 6:30 pm
ACS Building Bonds Workshop | B1133

To Register, please call ACS at 502-898-3505
Must be registered one week prior to the class

ACS events are open to Military, Retirees, Civilian workforce, Family Members and registered Fort McCoy Volunteers, unless otherwise stated. For information on upcoming training opportunities through ACS, please go to <http://mccoy.armymwr.com> and click on Calendar.



MONTH OF THE MILITARY FAMILY



Join us in celebrating the **contributions, sacrifices & resilience** of Military Families!

Enjoy an evening of great food and conversation with other Military Families!

Bring your favorite dish to pass. Attendees will receive a cookbook containing the recipes from the event.

There will also be crafts, activities, and informational booths with resources to raise awareness about the unique challenges military Families face.

November 2, 2024 | 5:00 - 7:00 pm
South Post Community Center
6158 N Circle, Fort McCoy, WI

To register, please call 502-898-7262 or email lorie.l.retzlaff.civ@army.mil

Please register by October 25, 2024. If you would like your dish added to the cookbook, please include the name of dish, ingredients, recipe and country of origin. The cookbook will be created after the event. You will be notified when it is ready to be picked up.



ACS events are open to Military, Retirees, Civilian workforce, Family Members, Survivors, and registered Fort McCoy Volunteers unless otherwise stated. Employees must contact their supervisors regarding dismissal from work centers. For information on upcoming training opportunities through ACS please go to <http://mccoy.armymwr.com> and click on Calendar.

Call ACS at 502-898-7262 for more information



DJ TRIVIA

WED NIGHTS
6-8 PM

McCOY'S COMMUNITY CENTER

FOR MORE INFO CALL 502.898.2065

NO REGISTRATION REQUIRED | OPEN TO ALL FORT MCCOY SOLDIERS, FAMILIES & CIVILIANS

GET YOUR TEAM TOGETHER & JOIN US FOR SOME TRIVIA FUN!

FREE TO PLAY!
PRIZES AWARDED WEEKLY TO THE TOP 3 TEAMS!

