

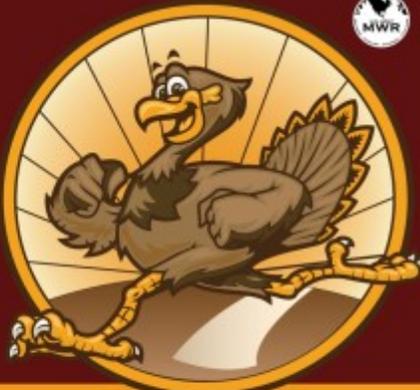


Fort McCoy MWR Enews

- ▶ Facebook
- ▶ Event Calendar
- ▶ ICE Comments

November 12, 2020 | www.mccoy.armymwr.com | 608-388-7400 | *No endorsement implied*

Rumpel Fitness Center's
VIRTUAL FOWL 5K
November 13-15
Top male and female runners will win a FREE turkey!



Post a screenshot of your time from a smart phone app or fitness tracker to the event discussion board at:
www.facebook.com/RumpelFitnessCenter

Sponsor (no endorsement implied)
BUTTERBALL

Drive Thru
TREE LIGHTING

December 3, 2020
4:30 - 6:00 pm
McCoy's Community Center Parking Lot




Take-Out Family Meals
AT McCOY'S COMMUNITY CENTER

**Don't feel like cooking tonight?
Let McCoy's do it for you!**

MONDAY: Meatball Stroganoff over Egg Noodles & Vegetable
TUESDAY: Kielbasa with Peppers & Onions, Fried Potatoes & Sauerkraut
WEDNESDAY: Meatloaf, Mashed Potatoes, Gravy & Vegetable
THURSDAY: Creamy Chicken & Broccoli Enchiladas & Spanish Rice
FRIDAY: Large 2 Topping Pizza & 12 Wings

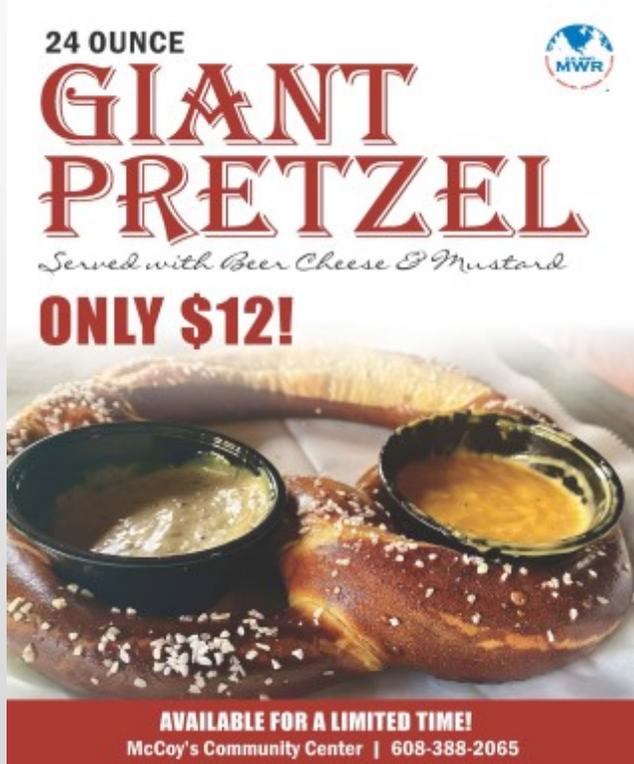
ONLY \$25!
Feeds Family of 4



TO PLACE YOUR ORDER, CALL 608-388-2065/7673
Orders must be called in before 1 pm and picked up between 4 - 5 pm

MCCOY'S COMMUNITY CENTER
Building: 1571 Phone: 388-2065

OUTDOOR RECREATION
Building: 8053 Phone: 388-3517/4498



24 OUNCE
GIANT PRETZEL
Served with Beer Cheese & Mustard
ONLY \$12!

AVAILABLE FOR A LIMITED TIME!
McCoy's Community Center | 608-388-2065



FAMILY FUN FOR EVERYONE!

Bowling is back at McCoy's Community Center. Featuring 8 lanes with automatic scoring and HyperBowling! Strike it right Monday & Tuesday 11 am - 8 pm, Wednesday - Saturday 11 am - 9 pm and Sunday 11 am - 4 pm. Lanes are socially distanced. To reserve a lane call (608) 388-7060.



PINE VIEW CAMPGROUND—YOUR HOME AWAY FROM HOME!

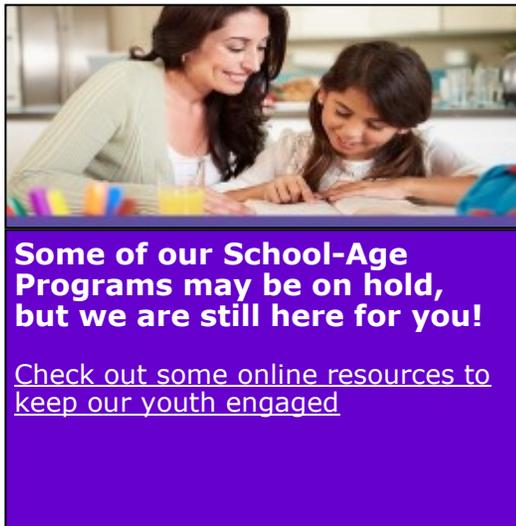
Stay in one of our Park Model Cabins which can accommodate up to 5 people. Featuring one bedroom, a loft, living room, kitchen, bathroom plus a wash and dryer. \$85 a night for Military/DoD, \$95 a night for the public. Call 800-531-4703 for reservations.



YOUR CLASS STARTS NOW

WELLBEATS virtual group fitness systems are now available in your fitness center.

Ask a Rumpel Fitness Center staff member for more details



Some of our School-Age Programs may be on hold, but we are still here for you!

[Check out some online resources to keep our youth engaged](#)



Fat Tire Bikes
Available for rent at Pine View Campground

HOURLY: \$5 Mil/DoD | \$5 Public
DAILY: \$15 Mil/DoD | \$20 Public

To reserve a fat tire bike, please call 608-388-3517



The Real McCoy

Home | Facility Hours | Newspaper Archives | Search

>> CLICK HERE to view the latest edition



LEAD THE PACK.

Paid Advertisement:
The Dept. of Defense
does not endorse any
company, sponsor or
their products or
services.



ARMY COMMUNITY SERVICE
Building: 2111 Phone: 388-3505

NOVEMBER IS MONTH OF THE MILITARY FAMILY

ACS has some ideas how to celebrate your Military Family in the month of November. Watch for recipe, reading, craft and game ideas posted on Facebook!

FY21 FORT MCCOY GARRISON SHARP TRAINING

Nov 17 or Dec 3 or 15 | 9 am | Via Microsoft Teams
This training will count as your annual SHARP Refresh-er Face to Face Training. To register, please call x8951 or [click here](#) to send an e-mail.

LIFE SKILLS: BEGINNING SEWING WORKSHOP

Nov 17 4:30 – 7:30 pm | Nov 21 9 am – 12 noon | B2161

Designed for the beginner, this class will cover sewing basics to include hand-sewing, sewing machine set-up and completion of a face-mask. Other projects available if time allows. Register by calling ACS at x6507 or [click here](#) to send an e-mail. Must register at least one week before the workshop.

SFRG FOUNDATIONS TRAINING 3RD TUESDAY OF EVERY MONTH

REQUIRED TRAINING FOR ALL SFRG MEMBERS: *All Command Teams, SFRG Liaisons and SFRG volunteers are encouraged to attend.*

ATTENDEES WILL: Define and understand mission essential activities as outlined in the regulation, Understand SFRG roles and responsibilities, Recognize non-mission essential activities, resources, & professional development opportunities and Obtain mandated certification IAW Army Regulation. Register by calling ACS at x6712.

NEWCOMER ORIENTATION

Nov 18 | 8 am – 12 pm | McCoy's Community Center
The Fort McCoy Newcomer Orientation is resuming. Masks are required in accordance with Fort McCoy health and safety guidelines. Attendance is limited to the first 20 registered. Breakfast will be provided beginning at 8 am. To register, please call x2359.

RESILIENCE & ASSERTIVE COMMUNICATION

Nov 19 | 9-11 am | B2111
Learn the IDEAL Model to learn how to communicate more clearly and with respect, especially during a conflict or challenge. Call x6507 or [click here](#) to send an e-mail by Nov 12 to register.

BUILDING BONDS WORKSHOP - MAKE YOUR OWN

Salt and Pepper Mill
Nov 24, Dec 1 or 8 | 4 – 6:30 pm | B1133
Wooden Pen
Dec 3, 10 or 17 | 4 – 6:30 pm | B1133

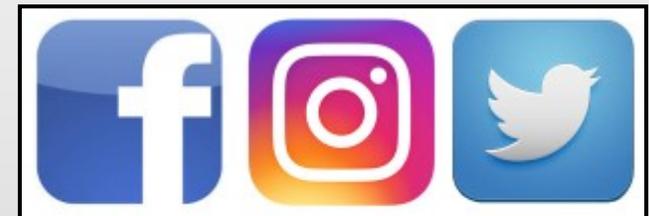
Spend time together with your Family making memories. Relieve some COVID stress by creating your own wooden pen or salt & pepper mill. Must be registered one week prior to the class - call x3505 to register.

CONNECT THE TOTS MONTHLY ACTIVITY BAG

Nov 30 | 10 am – 12 pm | B2111
Includes recipes, crafts, resources and more! Bags are intended for toddlers; available while supplies last.

FAMILY ADVOCACY TRAININGS*

Commander Education Training | Dec 8 | 9 - 10 am
Offered for senior leaders to be aware of command responsibilities for identification and reporting of spouse and child abuse.
Annual Troop Education Training | Jan 12 | 9 – 10 am
Offered for all Soldiers to be aware of the Family dynamics of spouse and child abuse as well as the Army's policies regarding Family violence.
**Both trainings will be offered virtually via Microsoft Teams. An active Teams account is highly recommended for quality training.*



**Follow us at:
Fort McCoy MWR**



**EMERGENCY TRAVEL ASSISTANCE
FOR ROTC CADETS**



ROTC cadets under contract to serve in the U.S. Army can now receive AER assistance for costs associated with emergency travel.

Visit <https://www.armyemergencyrelief.org/news/rotc-cadets-now-eligible-for-emergency-travel-assistance/>

The Exchange
IS HIRING!

We are seeking:
Customer Experience
Associates (Ft McCoy Express)



Join Our Family
APPLY AT [APPLYMYEXCHANGE.COM](https://www.applymyexchange.com)

To view all available openings, follow these steps:

- Click on the type of job for which you want to apply:
 - Hourly
 - Management
 - Distribution
 - Management Trainee Program

- Click on "Apply Now"
- Select "Search openings"

When you are ready to take the next steps and apply:

- Check the box of the job(s) you're interested in
- and select the "Apply to jobs" button
- Create a profile

JingleRing™

JingleRing is a virtual visit with Santa

IT'S SAFE, SUPER-FUN, AFFORDABLE, AND PERSONALIZED.

Order Here!

1. Open camera app on phone.
2. Point camera at QR code.
3. Open JingleRing to order.

OUR PACKAGES

JingleRing Live
INVITE FAMILY FROM ANYWHERE IN THE WORLD!
The most entertaining virtual experience with Santa and Mrs. Claus from the safety and comfort of your home!

Personalized Pre-Recorded Video
Receive a personalized video message from Santa directly to your inbox and share it with your family at any time.

20% MILITARY DISCOUNT

➤ JingleRing.com

EXCHANGE™



Cramming for Midterms?
Don't panic! Connect with an expert online tutor FREE to help you prepare. Military families are eligible for free on-demand tutoring through Tutor.com, so get your questions answered and get in the practice you need with a friendly and supportive tutor! All it takes is a few clicks. Get started at www.tutor.com/military today.

Automotive Skills Center
will be CLOSED
November 26-29

Enjoy your Thanksgiving.
We will re-open with regular business hours on December 3.

MWR