

# ARMY COMMUNITY SERVICE News



JANUARY 2019 EDITION

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## CONNECT THE TOTS: FALL PLAY GROUP

8, 15, 22 and 29 Jan | 0930 - 1100 | B2161

New to the area? Want to connect with other parents? Our playgroup contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and promote social/emotional skill building. If you are looking for something to do with your children ages 4 and younger please join us at the ACS Family building. To register, [click here](#) to send an e-mail or call x2412.



## NEWCOMER'S ORIENTATION

9 Jan | 0815 - 1400 | B2111

The Newcomer Orientation is open to new installation personnel and their spouses. It provides briefings by representatives from various activities regarding the services they offer and includes a tour of the installation. Call x2359 to register.

## FY 19 SHARP ANNUAL REFRESHER TRAINING

10 Jan | 0900-1030 | B2111

FY19 SHARP Annual Refresher Training for all Soldiers and DA Civilians must be completed NLT 30 Sep 19.



## TSP 2019 AND BEYOND

29 Jan | 1300 - 1500 | B2111

This training will cover the new changes to the Thrift Savings Plans for 2019. It will cover: new limits, changes within the L Fund, exploration of the C-S-I-F-G Fund, understand ROI (return on investment), understand what is your risk tolerance, and consider if your money is working as hard as you do! Call x3505 to register. Instructed by Kevin Herman, AFC.

## PCS OPEN HOUSE

6 Feb | 1100 - 1300 | McCoy's Community Center (B1571)

Do you have orders to PCS from Fort McCoy to a new duty location? Stop by McCoy's during our open house to pick up information on your new location. The EFMP Manager will also be there to answer questions. Info tables, children's relocation materials, maps, and other relocation items will be available. For more information, or to register ahead of time, please call x2359.

## LEADERSHIP TRAINING

27 Feb | 0800 - 1100 | B2111

Attention: New Commanders and Command Senior NCO Advisors. For convenience, the training block will fulfill all of the cited requirements in one training, Army Substance Abuse Program Brief, Family Advocacy Brief, and SHARP Leadership Brief. Call x3505 to register.

The ACS Office will be closed on 1 and 21 January for the Holidays. In case of emergencies call:  
General emergencies - 608-487-4663 | AER Assistance - 877-272-7337  
SHARP emergencies - 608-388-3000 | FAP emergencies - 608-630-7473



The **ACS Lending Closet** provides temporary loans of basic household items to PCSing Soldiers, Civilian employees, and their respective Family members arriving at or departing Fort McCoy while their household items are in transit. Items may be borrowed for up to 30 days. For questions or more information, please call x2359.

Learning to **manage your time** wisely can be of great benefit to you in the new year. Find out how you spend time now. Keep a log for one week briefly recording what you did and how long it took. At the end of the week, analyze where most of your time went, where you would like to spend more time, and which of those things you have control over. Based on your answers, make a plan to manage your time more effectively. Some ideas are: use a planner every day, plan ahead, do the most important things first, break down big jobs, look for ways to be more efficient, take short breaks, and do similar tasks at the same time. For more specific information on time management or personal resilience, contact ACS at x6507.

## **INCREASE YOUR LEARNING POWER!**

Army Community Service's Resource Library contains a wide variety of topics including:

- ✓ Deployment
- ✓ Employment
- ✓ Finance
- ✓ Parenting
- ✓ Relocation
- ✓ Resiliency
- ✓ And More!

We also have a selection of children's books. Books can be checked out for a one month period.

