



Fort McCoy MWR Enews

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December 9, 2021 | www.mccoy.armymwr.com | 608-388-7400 | *No endorsement implied*



**WE HELP YOU SAVE
ON YOUR VISION COSTS
SO YOU CAN SEE
THE DIFFERENCE**

Open Season is Nov. 8 – Dec. 13



FEP VisionSM

bcbsfepvision.com

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Gingerbread House Building Contest

Join us for this fun holiday competition! Bring your Family, children, friends and coworkers and get creative. All supplies will be provided.

**December 13, 2021 | 4:30 - 7 pm
McCoy's Community Center
Bldg 1571, Fort McCoy, WI**

Open to the Fort McCoy employees and their Families.



**Prizes awarded
to the top 3
Gingerbread
Houses!**



RESERVATIONS REQUIRED! Please call 608-388-2065/3011

COME CHEER ON YOUR FAVORITE TEAM!



**Saturday, December 11
Game Starts at 2 pm
McCoy's Community Center**



vs.



Building 1571 | mccoy.armymwr.com | 608-388-3517



TREES FOR TROOPS

**Dec 10 | Starting at 12 pm
Fort McCoy Housing 6158 H Circle**
FREE Wisconsin Christmas trees will be given out to Active Duty, National Guard Reserve Soldiers, and spouses while supplies last. ID is required. One tree per family. Trees cannot be held for a later pick-up.



12 DAYS OF GIVEAWAYS

Dec 1–16
12 days in December you will have a chance to win some fabulous prizes. All you have to do is LIKE the post on Facebook/Instagram or RE-TWEET on Twitter for a chance to win! Open to Military ID and CAC holders.

OUTDOOR RECREATION

Building: 8053 Phone: 388-3517/4498

WHITETAIL RIDGE PRICE LIST

2021-22 Season

SEASON PASSES

Season passholders receive an Intro to Skiing/Snowboarding Class.

	Public	Mil/DoD
Single Ski + Tubing	\$250	\$150
Additional Family Member Ski + Tubing	\$125	\$75

INTERESTED IN
HAVING A PARTY AT
WHITETAIL RIDGE?

Ask a staff member
about our Group Rates.



HOURS OF OPERATION

Thursday: 4 - 9 pm (Ski Hill open. Tubing Hill open for group parties only)
Friday: 3 - 9 pm | Saturday: 11 am - 9 pm | Sunday: 11 am - 5 pm



Open to the Public! | 800-531-4703 | www.mccoy.armymwr.com

LEARN TO SKI

Individual: \$50 Mil \$60 Civilian

Group (2 or More): \$40 Mil \$50 Civilian

Make a reservation to learn to ski at Whitetail Ridge Ski Area. Individual and group lessons are available Saturday & Sunday from 11-2 pm. 90 minute lessons including equipment setup. lesson at \$30 per person. Call 608-388-3517/4498 to make your reservation. Additional fees apply for equipment rental and lift passes.

3 Week Session: \$100 Mil \$130 Civilian

Sessions Options: Jan 15, 22, 29 or Feb 5, 12, 19
Fri 4-5 pm or Sat 1-2 pm

McCOY'S COMMUNITY CENTER

Building: 1571 Phone: 388-2065

McCoy's Community Center Hours

Dec 24 CLOSED
Dec 25 open 3 - 11 pm Tailgate
Dec 31 open 6 pm—1 am
Jan 1 open 3—11 pm Tailgate



BANGIN' BBQ PIZZA

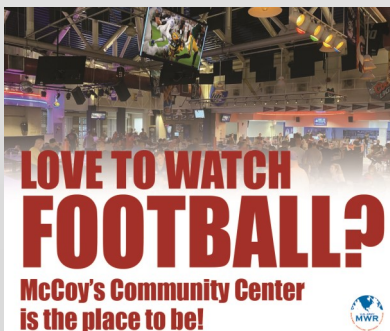
McCoy's Community Center | \$18.75

Sink your teeth into our 16' thin crust pizza layered with bbq sauce, grilled chicken, red onions, cilantro and topped with fresh mozzarella cheese! Eat in or carry out. Call 608-388-7673 for carry out.

HYPERBOWLING

McCoy's Community Center | \$20 for 1 Hour/4 People

Multiply the fun with HyperBowling where you can have your lane your way. Bring your family or a few friends and enjoy a new way to bowl with 33 different games & 15 themed backgrounds to choose from. Bowl 1 hour for \$20 with up to 4 people per lane. Shoe rental included.



**LOVE TO WATCH
FOOTBALL?**

McCoy's Community Center
is the place to be!

- Watch your favorite teams play on 16 large screen TVs
- Enjoy appetizers, pizza and cold beverages!

NFL FOOTBALL
Thursday & Sunday
11 am - 9 pm
Monday* | 5 pm - 10 pm

COLLEGE FOOTBALL
Saturday | 11 am - 9 pm

*Appetizers not available during Monday night games

For more information, please call 608-388-2065

RUMPEL FITNESS CENTER

Building: 1122 Phone: 388-2290

3-DAY FULL COURT BASKETBALL TOURNAMENT

December 16-17
Games start at 6 pm

December 18
Games start at 10 am

Rumpel Fitness Center

Max of 8 teams (5 players per team). Prizes awarded to the top 3 teams. Must be registered by Dec 12.

Register at the Rumpel Fitness Center (B1122) or call 608-388-2290

ROWING REGATTA

Dec 20-22

Put your rowing skills to the test and see how far you can row in 20 minutes? Furthest distance achieved wins. Prizes awarded to the top male and female.



Competition can be completed using Rumpel Fitness Center's rowing machines or at another fitness facility. Show a photo of your distance in person to a Rumpel Fitness Center staff member or post your image in the event discussion board at: facebook.com/rumpelfitnesscenter.

Open to all MWR eligible patrons.

WHITETAIL RIDGE SKI AREA'S GRADE SNOW DAY



ATTENTION STUDENTS!

Bring your current report card with at least one A (or equivalent) and GET a FREE Tubing Pass! Valid Friday evenings from 3:00 pm - 9:00 pm throughout the 2022 season at Whitetail Ridge Ski Area, Fort McCoy, WI.

One free pass per child per season (Grades K-12).
Not valid with any other offer or promotion.



Home | Facility Hours | Newspaper Archives | Search

>> CLICK HERE to view the latest edition



OIL CHANGES \$15

Every Thursday from 1 - 8 pm | Automotive Skills Center (B1763)

Call x3013 to schedule an appointment

Oil and filter must be supplied by customer

ARMY COMMUNITY SERVICE

Building: 2111 Phone: 388-3505

REDUCING STRESS THROUGH SELF-CARE WORKSHOPS:

COPING WITH TRANSITIONS

Dec 13 from 11 - 11:30 am OR Dec 17

12 - 12:30 pm | Microsoft Teams

MAKING STRESS WORK FOR YOU

Dec 20 from 11 - 11:30 am | Microsoft Teams

STRESS DURING THE HOLIDAYS MAINTAINING BALANCE BY BUILDING RESILIENCY

Dec 27 from 11 - 11:30 am OR Dec 31

12 - 12:30 pm | Microsoft Teams

HEALTHY COPING MECHANISMS

Jan 3 from 11 - 11:30 am OR Jan 7

12 - 12:30 pm | Microsoft Teams

Learn how you can reduce stress through self-care with these 30 minute sessions. To register, call ACS at x2412 or [click here](#) to send an e-mail.

CONNECT THE TOTS: PLAY GROUP

Dec 14 | 10 am - 12 noon

ACS Family Building, B2161

New to the area? Want to connect with other parents? Our playgroup contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and promote social/emotional skill building. If you are looking for something to do with your children ages 4 and younger please join us. To register, [click here](#) to send an e-mail or call x2412.

FY22 SHARP TRAINING - LEADER LED

FY22 mandatory SHARP training will be leader led with the assistance of credentialed SHARP professionals. Unit Training Coordinators or Admin person-

nel, please contact Lead SARC, Rebecca Wilkinson, by [clicking here](#) to schedule/coordinate your Directorate SHARP training. The SHARPen Your Knowledge Campaign goal is to be 100% trained by 30 April 2022. If you need to report sexual harassment or sexual assault, please call the Fort McCoy SHARP 24/7 Helpline at 608-388-3000 or the DoD Safe Helpline at 877-995-5247 or www.SafeHelpline.org.

NEW COMMANDERS AND COMMAND SENIOR NCO ADVISORS: LEADERSHIP TRAINING

Feb 23 | 8 - 11 am | B2111

For Commander/Senior NCO Advisor convenience, this training block will fulfill the training requirements for: Army Substance Abuse Program Brief, Family Advocacy Brief and Exceptional Family Member Program Brief. To register call x2412 or [click here](#) to send an e-mail.

DID YOU KNOW?

The Army Family Action Plan (AFAP) is a grass-roots process beginning at the installation level that seeks input from the Total Army Family regarding significant quality of life issues that affect the well-being of Soldiers, Civilians, Retirees, and their respective Families. The AFAP alerts Leadership on areas of concern that need attention and gives them the opportunity to put plans into place to work toward resolution. Hundreds of legislative, regulatory, and policy changes have occurred over the past 30+ years due to the AFAP. [Click here](#) for more information. The FY23 AFAP conference is scheduled for 3-4 Nov 22 to discuss submitted issues.

Sponsorship Training: As a sponsor, it's your responsibility to provide information to new service members at your station. The updated, interactive [eSponsorship Application & Training, eSAT](#) gives you all the resources you need to be a successful sponsor. It is now more inclusive and uses real life situations to test your knowledge as you gear up for sponsorship. To take the training [click here](#).

Schedule an appointment with one of our new Fort McCoy Military Family Life Counselors



Services Available

- Individual & Couples Support for Adults
- Family Non-Medical Counseling
Parent or guardian must attend each session

In Person, Phone or Virtual Appointments Available

2111 South 8th Avenue | Fort McCoy, WI
1-608-388-8068



ICE COMMENTS & FEEDBACK
INTERACTIVE CUSTOMER EVALUATION



SKIESUnlimited
Schools of Knowledge, Inspiration, Exploration & Skills

Ski & Snowboard Lessons

Does your child want to learn how to ski or snowboard?

Lessons will be taught by trained instructors at the Whitetail Ridge Ski Area. Parents or Guardians are responsible for providing transportation to and from lessons.

DATES: Thursdays from Jan 6 - Mar 3, 2022

TIME: Beginners: 4:30 - 6:00 pm
Advanced: 6:00 - 7:30 pm

GRADES: 1st - 12th

LOCATION: Whitetail Ridge Ski Area, Fort McCoy

COST: \$110 (with equipment rental)
\$100 (without equipment rental - must bring your own)

Cost of SKIES lessons can be applied to a Family Season Pass

To register, call 608-388-8956.

Space is limited to 10 children per class so sign up today!

Must be registered by Dec 31, 2021. Payment is due at the time of registration and is non-refundable. Youth must be registered with CYS - please call Parent Central Services at 608-388-8956 to register.




Christmas TREE LIGHTING

Thank You Sponsors





Lunch & Learn

Are you an Master Resilience Trainer (MRT) that needs refresher training? Do you want to improve your resilience skills? Join our MRT Refresher course. Our group meets the 3rd Wednesday of each month.

Sylvia Lopez is a Master Resilience Trainer (Level IV) with 30 years of military experience.

JOIN US FOR A ONE HOUR LUNCH & LEARN

Dec 15, 2021
Jan 19, Feb 16 & Mar 16, 2022
12:00 - 1:00 pm
ACS Training Room | B2111

Please bring your own lunch

**To register, call Army
Community Service
at 608-388-6812**

Must be registered at least one week prior to the session.



LOOKING TO GET AWAY FOR A DAY?

**Fort McCoy Leisure Travel Services now offers
day trips to local events and attractions.**

Custom trips may be arranged upon request; call 608-388-3011 for details.



Granddad's Bluff + Milwaukee Burger Company, La Crosse

The 600-ft high bluff overlooks the Mississippi River Valley. Wisconsin Trails readers voted this "the most scenic view in the state".

\$10 per person



Leinenkugels Brewery Tour, Chippewa Falls

You're sure to love their famous brewery tour, where one of their guides will introduce you to nearly 150 years of beer brewing and 6 generations of Leinenkugel family history!

\$25 per person



Farmer's Market, Madison

Enjoy a Madison tradition! Conveniently located on the tree-lined grounds surrounding the Wisconsin State Capitol building. November - December: Held indoors at Monona Terrace.

\$10 per person



Holiday Lights + Dinner, La Crosse

With over 4 million lights, the Rotary Lights is an impressive holiday display. Choose from numerous downtown restaurants to dine at. Runs late Nov - early Jan.

\$10 per person



Elmaro Vineyard, Trempealeau

Are you a wine lover? Visit this family-owned vineyard and enjoy great wines with family and friends at this picturesque winery. Face masks strongly encouraged inside the winery.

\$10 per person



Driftless Distillery, Baraboo

Come visit us on the banks of the Baraboo River and witness the masterful distilling process we use to bring our unique spirits to life.

\$30 per person

**If interested in any of these trips, please call
608-388-3011 to make reservations.**

Cost includes bus trip and ticket/entrance fees. Please bring extra spending money for food, drinks and mementos. Must be registered one week in advance of trip. Minimum of 10 people required to hold trip. Duration of trip varies.