

# FORT MCCOY ARMY COMMUNITY SERVICE NEWSLETTER

SEPTEMBER 2023

## Upcoming Events & Trainings

### CONNECT THE TOTS

**September 5, 12 & 19 | 10:00 am - 12:00 pm | ACS Family Building (B2161)**

Do you want to connect with other parents? If you are looking for something to do with your children ages 4 and younger, please join us. Our playgroup contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and to help promote social-emotional skill building. To register, [e-mail here](#) or call x2412.

### NEWCOMER'S ORIENTATION

**September 13 | 8:00 am - 1:00 pm | McCoy's Community Center (B1571)**

Are you new to Fort McCoy? Come and learn what we have to offer. Breakfast is provided. Spouses are highly encouraged to attend. To register, [e-mail here](#) or call x2359.

### ALL ABILITIES FALL CRAFT NIGHT

**September 21 or October 24 | 4:30 pm - 7:00 pm | Army Community Service Family Building (B2161)**

Art offers individuals with all abilities a way to communicate. Practicing art has been shown to increase fine motor skills, improve focus, gain self-confidence, strengthen cognitive development and improve mood. Join us in the joy of art! To register, [e-mail here](#) or call x7262. *Must be registered by September 18 or October 19 respectively.*

### HEROES 4 LIFE

**September 28 | 10:00 am - 12:00 pm | McCoy's Community Center (B1571)**

Carmella Navarro and Jennifer Miller will deliver a 2 hour presentation that will focus on communication skills, expectation management, resiliency, suicide awareness and domestic awareness training. To register, [e-mail here](#) or call x8989.

### BENEFITS BRIEFING

**October 24 | 10:00 am - 12:00 pm | Army Community Service (B2111)**

The Benefits Briefing is now being offered quarterly. The Monroe County Veterans Service Officer will brief from 10:00 am to 11:00 am. The Tricare Humana briefing will be held from 11:00 am to 12:00 pm. To register, [e-mail here](#) or call x2359.



*Army Community Service (ACS) enhances the well-being and quality of life of Fort McCoy military members, families and civilians by providing real life solutions for successful Army living.*

### DID YOU KNOW?

*Big changes are coming to improve the PCS process!*



[CLICK HERE TO READ THE ARTICLE](#)





### *Employee Spotlight*

## NICHOLAS KLETZIEN

### Garrison Sexual Assault Response Coordinator (SARC)


Mr. Kletzien is responsible for coordinating appropriate and responsive care for sexual assault victims and sexual harassment complainants in support of the Garrison Commander's effort. He is the single point of contact for coordinating sexual assault victim care and sexual assault response for the Fort McCoy garrison community. He is also charged with driving training and prevention practices for the garrison population. The SARC position falls under Army Community Services (ACS), therefore Nicholas is involved in supporting many of their efforts as well.

Nicholas has been a member of the Wisconsin Army National Guard for over 26 years. He is currently the acting Command Sergeant Major for the 1-120th Field Artillery Battalion headquartered in Wisconsin Rapids, Wisconsin. His wife Autumn is the Vice President of Finance for Performance Food Group. They have 3 children, Noah (16), Madelyn (9), and Delaney (7). Nicholas and his family reside in Holmen, Wisconsin. Nicholas and his family are extremely excited to be a part of the Fort McCoy community and look forward to serving them any way they can.

## *Upcoming Events & Trainings*

# Annual Virtual SHARP Walk

## September 1 - 30



**SHOW SURVIVORS THAT THEY DO NOT WALK ALONE**

**Lace up your sneakers and walk to show your support for the 8,942 reports of sexual assault in FY22.**

Post a screenshot of your distance from a smart phone app or fitness tracker to the event discussion board at:  
[www.facebook.com/FORTMCCOYMWR](https://www.facebook.com/FORTMCCOYMWR)

At the end of the competition, the Unit/Organization with the most miles walked will receive a SHARP trophy!

**No Registration necessary. For questions, please call Garrison Victim Advocate at 608-388-8951 | #notjustapril**

### COMMON MILITARY TRAININGS

Common Military Trainings are mandatory for all Service Members and are available for those who are coming up on the following milestones in their careers: PCS Moves, Promotions, Marriage, Childbirth, Pre-Deployment & Post-Deployment. Trainings are also provided for life events such as divorce and disabling conditions. Training held on the second Thursday of each month at 9 am. Training held via Microsoft Teams or in person in Building 2111. Contact ACS at 608-388-3540 to set up individual, Family or unit trainings.

### SPONSORSHIP TRAINING IS AVAILABLE BY APPOINTMENT

There are two types of Sponsorship training: Civilian Sponsorship and Military Sponsorship. To schedule your individualized training, please call the ACS Relocation Readiness Program at 608-388-2359.

### DO YOU HAVE ORDERS TO PCS TO ANOTHER DUTY LOCATION?

Contact Relocation Readiness at 608-388-2359 to get information on your new duty station. Books, maps, and Military Installation booklets are available.

# *September* SPECIAL OBSERVANCES

SEPT  
01

## NATIONAL FORGIVENESS DAY

Forgiveness isn't about condoning hurtful actions. Forgiveness is about promoting empathy and connectedness to create a more compassionate society. It's about a liberating choice that unburdens us from feelings of resentment. Withholding forgiveness can be debilitating. In fact, not forgiving people prevents people who hurt from healing and moving forward in their lives. By forgiving others, we contribute to healthier relationship by improving our mental health and emotional well-being.

SEPT  
06

## NATIONAL READ A BOOK DAY

Reading improves memory and concentration as well as reduces stress. Older adults who spend time reading show a slower cognitive decline and tend to participate in more mentally stimulating activities over their lifetime. Books are an inexpensive entertainment, educational tool and time machine too!

SEPT  
11

## NATIONAL DAY OF SERVICE AND REMEMBRANCE

National Day of Service and Remembrance, also known as Patriot Day, commemorates the memory of the people killed in the Sept. 11 attacks in 2001.

SEPT  
15

## NATIONAL POW/MIA DAY

Each year since 1989, a presidential proclamation brings the nation together to remember and honor the members of the Armed Forces who remain missing in action or are prisoners of war. The day serves as a call to action, reminding the nation to rededicate our efforts. We are responsible for bringing our patriots home and for caring for our military families awaiting word of their loved ones.

SEPT  
24

## GOLD STAR MOTHER'S AND FAMILY'S DAY

Gold Star Mother's and Family's Day honors Families who have lost a son or daughter while serving in the military. A gold star symbolizes a Family member who died in the U.S. Armed Forces.



Schedule an appointment  
with one of our Fort McCoy

# MILITARY FAMILY LIFE COUNSELORS



## SERVICES AVAILABLE

Individual & Couples  
Support for Adults

Family Non-Medical  
Counseling

Parent or Guardian must attend each session.

## IN PERSON, PHONE OR VIRTUAL APPOINTMENTS AVAILABLE

2111 South 8th Avenue  
Fort McCoy, WI

**352-598-4972** Adult MFLC

**352-801-2742** Adult MFLC

**608-871-2450** Child & Youth MFLC



## VOLUNTEERS NEEDED!

*Outdoor Recreation has volunteer opportunities at Tactics Paintball. If you think you would enjoy helping others have a safe and exciting paintball experience, give this a try!*



**WORK DESCRIPTION:** Serve as paintball referee for tournaments and groups. Work environment is fast-paced and engaging on the field during play. Assist with field set up and tear down as necessary. May assist by checking-out and turn-in of equipment and proper fit of protective gear and providing safety instruction. May assist in planning and coordination for special events, tournaments and other functions.

**TIME REQUIRED:** Flexible hours during Tactics Paintball Operations

**APPLY ONLINE:** Visit the Volunteer Management Information System (VMIS) at <https://vmis.armyfamilywebportal.com/volunteer/opportunities> listing: Paintball Volunteer for Fort McCoy

**CONTACT:** Jason at 608-388-4754  
[jason.s.yahnke.naf@army.mil](mailto:jason.s.yahnke.naf@army.mil)