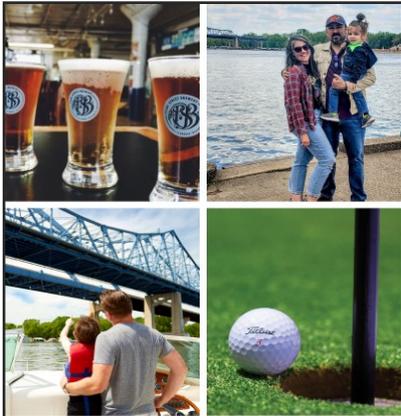




# Fort McCoy MWR Enews

- ▶ Facebook
- ▶ Event Calendar
- ▶ ICE Comments

May 27, 2021 | [www.mccoy.armymwr.com](http://www.mccoy.armymwr.com) | 608-388-7400 | *No endorsement implied*



## FATHER'S DAY GETAWAY SWEEPS

ENTER TO WIN A  
TWO-NIGHT STAY  
AND PLAY IN THE  
LA CROSSE REGION!

explore  
**LA CROSSE**  
.com



## 246<sup>TH</sup> U.S. ARMY BIRTHDAY



### June 11, 2021

**Events are free and open to the entire  
Fort McCoy Community!**

- ★ **ARMY BIRTHDAY 5K**  
7 am | Rumpel Fitness Center  
- Staggered heats. Self-regulated time.  
- Free t-shirts for all participants.
- ★ **DRIVE-THRU BREAKFAST**  
7 am - 9 am | McCoy's Community Center  
- Donut or Breakfast Bar, Coffee or Juice  
- Birthday Cupcakes and Fruit  
- T-shirts while supplies last
- ★ **AUTOMATIC CAR WASH**  
10 am - 6 pm | MWR Car Wash  
*Look for the free code on Twitter and Instagram*

No endorsement implied  
Gold Sponsors



Silver Sponsors



Bronze Sponsors



### MAC & CHEESE PIZZA

**Attention Cheese Lovers!**  
Try our thin crust pizza covered in alfredo sauce, creamy macaroni and cheese, then topped with a blend of 7 different types of cheese! Choose from large thin crust or flatbread. Available for a limited time only.



### FAT TIRE BIKE RENTAL

Hit the road on these all-weather two-wheelers that won't slip on asphalt or sink in the mud!  
**Hourly: \$5 Mil/DoD \$5 Public**  
**Daily: \$15 Mil/DoD \$20 Public**  
To reserve a fat tire bike, please call 608-388-3517.



For additional information, call 608-388-7400

# Disc Golf

Two  
Professionally  
Designed  
Championship  
Courses



Classic = 1 mile  
2 hours

Big Brother =  
3+ Miles  
2-4 hours  
Rated 5th Pay-to-Play  
Course in the USA

7452 Kathryn Avenue  
8 Miles South of Sparta WI  
608-855-0282



**OUTDOOR RECREATION**  
Building: 8053 Phone: 388-3517/4498

## PINE VIEW CAMPGROUND Weekend Activities

### The Ten Point Pub will be open for Memorial Day Weekend!

Located just a short walk or drive from Pine View  
Campground (follow signs to Whitetail Ridge).

Friday: 4 - 9 pm | Happy Hour: 4 - 6 pm

Saturday: 10 am - 6 pm

Sunday: 10 am - 6 pm

*Loaded Bloody Marys available all weekend!*

### Whitetail Ridge Kids Area

All activities are free to use. Kids Area will be  
available during Ten Point Pub's hours of operation  
(see times listed above).

- Inflatable Bounce Houses
- Bean Bag Boards
- Volleyball Court



608-388-3517 | [www.mccoy.armymwr.com](http://www.mccoy.armymwr.com)

**Paddle Boards**  
Available For Rent  
At Pine View Campground

**\$5** per hour



To reserve a paddle board, please call 608-388-3517

**McCOY'S COMMUNITY CENTER**  
Building: 1571 Phone: 388-2065



ONLY IN  
*Wisconsin* 

New Glarus Spotted Cow &  
Batter-Fried Cheese Curds

**ONLY \$14**

**Keep the Souvenir Glass!**

GLASS CAN BE PURCHASED SEPARATELY FOR \$5 (unfilled)

Available year round at McCoy's Community Center

### BEER BRAT FOOD SPECIAL

Enjoy a Wisconsin favorite, Our brat-  
wursts are boiled in beer before being  
grilled. Topped with sauerkraut and  
served on a toasted bun. Make it a  
combo for only \$2.50 more which in-  
cludes fries and a drink!



McCoy's Community Center   
**DAILY LUNCH SPECIALS**

**\$7** Tuesday-Friday  
**11 am - 1 pm**

View upcoming daily specials at [mccoy.armymwr.com/programs/mccoys-food-beverage](http://mccoy.armymwr.com/programs/mccoys-food-beverage)

 **The Real McCoy**

Home | Facility Hours | Newspaper Archives | Search

**>> CLICK HERE to view the latest edition**



# OIL CHANGES \$15

Every Thursday from 1 - 8 pm | Automotive Skills Center (B1763)

Call x3013 to schedule an appointment

*Oil and filter must be supplied by customer*

**ARMY COMMUNITY SERVICE**  
Building: 2111 Phone: 388-3505

### FY21 FORT MCCOY GARRISON SHARP TRAINING

**Jun 2 | 9 - 10 am | Microsoft Teams**  
For Garrison personnel only (limited to 25). Please have your training coordinator contact SHARP Victim Advocate Ryan Harvey at x8951 or [click here](#) to send an e-mail to register.

### NEWCOMER ORIENTATION

**Jun 9 | 8 am - 12 noon**  
**McCoy's Community Center, B1571**  
New to Fort McCoy? Learn about what we have to offer. Masks are required in accordance with Fort McCoy health and safety guidelines. Attendance is limited to the first 20 registered. Breakfast will be provided beginning at 8 am. To register, please call x2359.

### RESILIENCE & PROBLEM SOLVING

**Jun 16 | 9 - 11 am | MS Teams**  
Join us to learn the resilience skill of problem solving. Think you know how to solve a problem? More goes into it than you think! You will learn how to look at problems in a different way to come up with solution strategies. To register [click here](#) or call x6507.

### REDUCING STRESS THROUGH SELF-CARE

Learn how to maintain a healthy mind & body through this self-paced online training! TOPICS INCLUDE: The difference between normal stress and unhealthy stress AND Healthy coping strategies for stressful situations. To register, call or text 608-630-7473 or [click here](#) to send an email. Training available now - August 31, 2021.

### NEWS YOU CAN USE....

Fort McCoy is currently between contracts for Military and Family Life Counselors. Troops and their families who are feeling anxious or stressed during these unprecedented times can always call Military OneSource for assistance at 800-432-9647. Certified counselors are ready to help.

The **Army Family Action Plan (AFAP)** is a grass-roots process beginning at the installation level that seeks input from the Total Army Family regarding significant quality of life issues that affect the well-being of Soldiers, Civilians, Retirees, and their respective Families. The AFAP alerts Army Leadership on areas of concern that need attention and gives them the opportunity to put plans into place to work toward resolution. Hundreds of legislative, regulatory, and policy changes have occurred over the past 30+ years due to the AFAP. [Click here](#) for more information on the program. An AFAP conference is scheduled for 4-5 Nov 21 to discuss submitted issues.

**There's an app for that...**the Army has a new app to help you plan your move. You can download "Army PCS Moves" for free at the Google Play Store or Apple App Store.

**EFMP & Me** is here to help you effectively navigate through the Department of Defense's vast network of services and support for Families with special needs. Topics, checklists, and resources include: Step-by-step support for EFMP enrollment; PCS preparation; deployment and more. Customized help navigating anything from a new diagnosis to education options. Convenient

24-hour access to EFMP resources from a range of programs. For more information [click here](#) or call the Fort McCoy EFM Program Manager at 608-388-7262.

**Do you have orders to PCS to another duty location?** Contact Relocation Readiness at x2359 to get information on your new duty station. Books, maps, and Military Installation booklets are available.

# Memorial Day Weekend Hours of Operation

**Army Community Service: CLOSED May 31**

**Child & Youth Services: CLOSED May 31**

**Headquarters Office: CLOSED May 31**

**McCoy's Community Center: CLOSED May 28 - 31**

**Pine View Campground: 9 am - 7 pm**

**Rumpel Fitness Center: CLOSED May 31**

*24/7 Access will be available*



MEMORIAL DAY SALE  
**SAVE UP TO  
60% OFF  
HOTELS**  
[WWW.AMERICANFORCESTRAVEL.COM](http://WWW.AMERICANFORCESTRAVEL.COM)

CONNECT THE TOTS  
**Monthly Activity Bag**



**May 28, 2021 | 10 am - 12 pm**  
**Army Community Service**  
2111 South 8th Ave | Fort McCoy, WI  
**Includes recipes, crafts, resources and more!**  
*Bags intended for toddlers; available while supplies last.*



**Military Family Life Counselors  
TeleHealth Services**



MFLCs can now provide telehealth services. These services include telephonic and video non-medical counseling in areas where face-to-face support is restricted due to COVID-19.

**Services Offered:**

- Individual and couples support for adults
- Family video non-medical counseling for minors (parent or guardian must attend each session)

To schedule a telephonic or video non-medical counseling appointment please call:

**MILITARY  
ONESOURCE**  
**1-800-342-9647**

# USO EVENTS

## ON PATROL WITH THE USO

### MILITARY SPOUSE NETWORKING

JOIN THE USO & CHEF JOEL GAMORAN ON JUNE 22 FOR OUR NEXT EPISODE OF IN THE KITCHEN WITH CHEF JOEL, WHERE WE'LL BE COOKING HOMEMADE GNOCCHI WITH BROWN BUTTER SAUCE. REGISTER HERE: [HTTPS://BIT.LY/USOCOOKSJUNE22](https://bit.ly/usocooksjune22)



## DOO'IN IT UP RIGHT

# JUNE 5TH

Join us in an All You Can Eat Cereal Marathon day with Scooby-Doo and Friends

# 12- 8 PM



# FORT McCOY

## Commemorative Area & History Center 2021



- ◆ Military Equipment
- ◆ Historic World War II buildings
- ◆ History Center
- ◆ Veteran's Memorial Plaza

**2021 Summer Open Hours:**  
(Subject to change due to COVID precautions.)

Fridays: noon - 4 p.m.

Saturdays: 9 a.m. - 3 p.m.

Memorial Day weekend through  
Labor Day weekend  
(May 29—Sept. 4)

Extended hours available  
upon coordination.



•COVID Precautions: Fort McCoy is a federal installation and will continue to enforce the proper wearing of face coverings, physical distancing and hand hygiene.



•Visitors must have valid ID and be eligible for a visitor's pass.

For more information call 608-388-2407  
or visit our website at [home.army.mil/mccoy](http://home.army.mil/mccoy).  
For updates, follow us on Facebook: [www.facebook.com/FtMcCoy](https://www.facebook.com/FtMcCoy).