

FORT McCOY ARMY COMMUNITY SERVICE NEWSLETTER

JULY 2024

Upcoming Events & Trainings

The ACS Office will be closed July 4-5 in recognition of Independence Day.

CONNECT THE TOTS

July 9 & 16 | 10:00 am - 12:00 pm | ACS Family Building (B2161)

Our playgroup contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and to help promote social-emotional skill building. Through play, transitions, circle time and songs and activities, and informal conversations, parents learn about developmental ages and stages, gain tools to help understand their child's behavior and become empowered to prepare the Family and child to enter school "ready to learn". To register, [e-mail here](#) or call x2412.

NEWCOMER'S ORIENTATION

July 10 | 8:00 am - 1:00 pm | McCoy's Community Center (B1571)

Are you new to Fort McCoy? Come and learn what we have to offer. Breakfast is provided. To register, [e-mail here](#) or call x2359.

ALL ABILITIES SUMMER CRAFT NIGHT

July 11 | 4:30 pm - 7:00 pm | ACS Family Building (B2161)

Join us to discover the joy of art! Projects include sensory crafts, seasonal themed crafts and much more! To register by July 9, [email here](#) or call x7262.

USAJOBS & FEDERAL RESUME TRAINING

July 17 | 9:00 am - 11:00 am | Building 2111

Learn how to write a Federal resume to feature your skills and get the attention of the hiring manager! Bring your laptop along. To register by July 15, [email here](#) or call x7262.

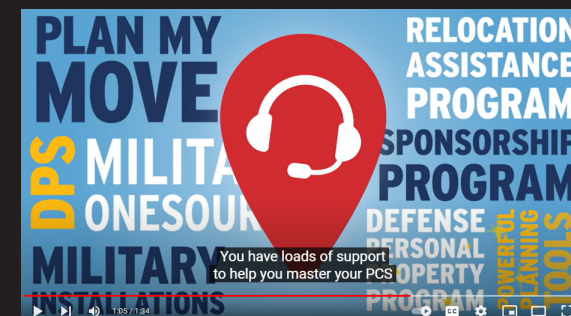


Army Community Service (ACS) enhances the well-being and quality of life of Fort McCoy military members, families and civilians by providing real life solutions for successful Army living.

MAKING MILITARY MOVES EASIER

Whether it's the stress or managing the logistics of moving, a PCS move can affect every aspect of life for service members and military Families. The Relocation Assistance support through Military OneSource provides tools and resources to assist before, during and after a PCS. This assistance includes information, tools and referrals to help ease any challenges.

Click on the video link below to view the wide range of moving-related support available from Military OneSource.



2111 South 8th Ave, Fort McCoy, WI 54656



608-388-3505



mccoy.armymwr.com



facebook.com/mccoymwr

Upcoming Events & Trainings



HEROES4LIFE

UNCONDITIONAL TRUST

This class will focus on understanding our choice to accept our relationships as they are versus having expectations that cause challenges and discomfort.

Defining trust differently allows us to examine and release expectations we hold.

Engaging activities include:

- Learning what connects us and disconnects us from getting what we want?
- Implementing the Unconditional Trust Challenge in our lives.



JULY 15, 2024 FROM 10:00AM - 12:00PM
AT MCCOY'S COMMUNITY CENTER

To register, please email:
nicholas.s.kletzien.civ@army.mil
or
vicki.m.hartr.civ@army.mil
or call **608-388-3505**

ACS events are open to Military, Retirees, Civilian employees, Family members, survivors and registered Fort McCoy volunteers. Employees must contact their supervisors regarding dismissal from work centers.



FORT MCCOY
SHRP

mccoy.armymwr.com



@FortMcCoyMWR

Crafting Your Resilience



Family Time = Fun Time!

Join us...At each workshop we will teach a resilience skill (goal setting, communication, mindfulness, character strengths, etc.) along with a craft. Work on that craft or pick something else from all the other options available!

Crafts Available: Scrapbooking, wood craft, canvas painting, beading, hand stamping, journaling, and so much more!



2024 Dates: Jun 29, Aug 3, Sep 21

9 am – 12 pm (noon)

8 am start time for EFMP Families

ACS FAMILY BUILDING | 2161 South J Street

To register, please call ACS at 608-388-7262 or send an email to lorie.l.retzlaff.civ@army.mil

EFMP Exceptional Family Member Program



Registration required 3 days prior to workshop. ACS events are open to Military, Retirees, Civilian workforce, Family Members and registered Fort McCoy Volunteers, unless otherwise stated. Employees must contact their supervisors regarding dismissal from work centers. For information on upcoming training opportunities through ACS please go to <http://mccoy.armymwr.com> and click on Calendar.



To view all upcoming MWR events and activities, visit mccoy.armymwr.com and click on calendar.

JOIN US FOR A SPECIAL TRIAD NIGHT EVENT



59TH ARMY COMMUNITY SERVICE BIRTHDAY! CELEBRATION!

THURSDAY, JULY 25, 2024 AT McCOY'S COMMUNITY CENTER

Events Include:

TEAM BUILDING PIZZA MAKING CONTEST · TRIAD CUP VOLLEYBALL TOURNAMENT
Free Appetizers (first come, first served) · Prizes Awarded Throughout the Night!



3:30-4:00PM

LEADERSHIP FORUM
Featuring (Practically) World-Famous Business Humorist, Lisa David Olson!

4:00-5:30PM

CAKE CUTTING CEREMONY & GAMES

Sponsored By



For Additional Info call

608-388-6712



U.S. ARMY



OPEN TO ALL FORT McCOY SOLDIERS, FAMILIES & CIVILIANS



@FortMcCoyMWR

HISTORY OF ARMY COMMUNITY SERVICE

From the pioneer days to the all-volunteer Army of today, the concept of humanitarian concern for the welfare of others exists as a foundation of the Army way of life. Army posts were oftentimes isolated, seldom located near a civilian community, and had limited communication with the world outside its protective fortifications. The early day Army existed as a closely knit, distinct and generally self-sufficient society.

For years, Army wives operated lending closets, thrift shops, and nurseries; raised funds to help the needy; assisted in emergencies; taught and trained the inexperienced; provided care and comfort to the ill and bereaved; and through a grassroots understanding of the Army community, contributed significantly to its stability. An adverse aspect of these social service activities was that they often disappeared or stagnated when their originators transferred or left the service.

In 1940, the active Army numbered 269,000 of whom only 25 percent were married. The advent of World War II rapidly altered this picture. The rapid buildup of U.S. defensive forces, and their deployment worldwide had a devastating impact on American Family life. Long separations, lack of communication, meager pay, fear, and reports of casualties brought disruption and insecurity to Army Families who shared this experience.

An important resource for the alleviation of social welfare problems of Soldiers and their Families came in the 1940s in the form of Army Emergency Relief (AER). Funded by donations of the American public and proceeds of the Irving Berlin Broadway hit "This is the Army" AER offices were located at Army posts throughout the United States in 1941. One large metropolitan AER office, and the only one so established, was located in New York City on 5 February 1942.

In March 1944, the AER office was redesignated "Personnel Affairs Branch", but continued its same operations with a slightly altered but effective relationship with AER funding. In operation until the end of WWII, this organization through an interesting coincidence provided the framework for development of ACS more than 20 years later.

In providing assistance, the New York AER not only had access to AER funds, but also drew on a network of resources from Salvation Army, Department of Welfare, Navy Relief, Catholic Charities, and many other organizations to ease the hardships of Soldiers and their Families. Civilian psychiatrists, social workers, lawyers, and the police donated their professional expertise to assist in difficult cases, free of charge.

On 25 July 1965, General Harold K. Johnson, Army Chief of Staff dispatched a letter to all major commanders announcing the approval and establishment of the ACS. Publication of Army Regulation 608-1 on 19 November 1965 superseded all previous instructions and ACS finally was welcomed as a viable and important Army program.

SOURCE: <https://www.armymwr.com/programs-and-services/personal-assistance/army-community-service>

ACS SPOTLIGHT ON AWARENESS TREE



Independence Day (a.k.a 4th of July) – We celebrate the passage of the Declaration of Independence by the Continental Congress on July, 4 1776.

INTERESTING FACTS:

- July 4th became a federal holiday in 1870.
- There was an estimated 2.5 million people living in the 13 colonies on July 4, 1776.
- 1777 was the first year fireworks were used in an official Fourth of July celebration. Congress authorized using fireworks to help mark the first anniversary of the Declaration of Independence.
- 150 million hot dogs are consumed each July 4.

Throughout the month of July, stop by ACS to pick up a Family bag honoring our U.S. Flag.

Contents will vary. Family bags can be picked up Mon-Fri from 7:30 am - 4:00 pm.

KINDNESS KORNER

Spread some kindness this summer! Here are some ideas to get you started. Stop by ACS for a list of ideas for different age groups.

PRESCHOOL

Give a flower to someone | Feed the birds

KIDS

Clean your room (without being asked) | Hold the door for someone

TEENS

Help an elderly neighbor with yard work | Cook dinner for your Family

ADULTS

Take food to someone who is going through a hard time | Pay for ice cream for the Family behind you



What is the NAMI Homefront Education Program?



NAMI Homefront is a free, six-session class for families, caregivers and friends of Military Service Members and Veterans. The course helps participants understand the challenges Military Service Members/Veterans are experiencing related to trauma, combat stress, civilian life, PTSD and other mental health conditions. Topics covered include mental health, communication, handling crises, treatment and recovery.

The course is designed to increase understanding and advocacy skills while helping participants maintain their own well-being.

**U.S. Department
Of Veterans Affairs**

NAMI, the National Alliance on Mental Illness in partnership with the Department of Veterans Affairs, is offering the NAMI Homefront Education Program free of charge to participants.

Click registration link or QR code below to find a class near you.

Register for the NAMI Homefront classes

or scan QR code:



VOLUNTEER OPPORTUNITIES!

Volunteers make a meaningful difference in the lives of Soldiers and their Families every day. Below are some upcoming volunteer opportunities available at Fort McCoy.



Outdoor Recreation has volunteer opportunities at Tactics Paintball. If you think you would enjoy helping others have a safe and exciting paintball experience, give this a try!

DUTIES: Serve as paintball referee for tournaments and groups. Work environment is fast-paced and engaging on the field during play. Assist with field set up and tear down as necessary. May assist by checking-out and turn-in of equipment and proper fit of protective gear and providing safety instruction. May assist in planning and coordination for special events, tournaments and other functions.

TIME REQUIRED: Flexible hours during Tactics Paintball Operations



Do you like scaring people? If so, Outdoor Recreation has an opportunity to volunteer as a Scare Actor at Pine View Campground's Haunted Trails.

DUTIES: Work under the supervision of the event lead or designee. Scare Actors will be tasked to a certain area on the Haunted Trail to ensure patrons get the fright of their life! Scare Actors will be the interactive scarers throughout the duration of the event. Scare actors are responsible for providing their own costumes. Scare actors can jump out, scream, and scare; but scare actors ARE NOT allowed to touch patrons for any reason.

TIME REQUIRED: August 24 from 5 pm - 11 pm

If you interested in any of these volunteer opportunities, call 608-388-3517 or send an email to: alex.d.karis.naf@army.mil