



Fort McCoy MWR Enews

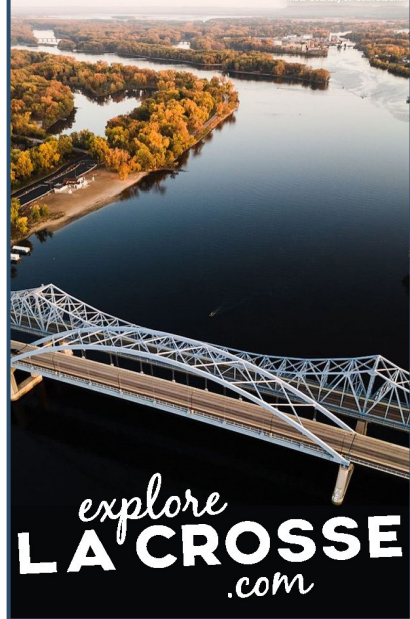
- ▶ Facebook
- ▶ Event Calendar
- ▶ ICE Comments

September 2, 2021 | www.mccoy.armymwr.com | 608-388-7400 | No endorsement implied

DISCOVER YOUR NEXT ADVENTURE — BETWEEN THE BLUFFS —

Explore the La Crosse Region, nestled between ancient bluffs and along the Mississippi River. Recharge and discover your next adventure with delicious cuisine, unique shopping, craft beverage trails, outdoor adventures, cozy hideaways, and one-of-a-kind experiences.

(Photo Courtesy of Colin Straugh)



Fort McCoy Annual Event



September 15, 2021
12 pm Shotgun Start
The Golf Club at Cedar Creek, Onalaska, WI

Hosted by Fort McCoy MWR

HOLE EVENTS

- ★ Closest to the Pin
 - ★ Long Drive Contest
 - ★ Hole-in-One Contests
- Chance to win \$20,000, a brand new Jayco RV or Harley Davidson Motorcycle!



Sponsors (no endorsement implied)

DINNER FOLLOWING THE TOURNAMENT

- ★ Awards & Door Prizes
- \$20 to attend dinner only



To register, scan the QR code with your phone camera
\$125 Individual | \$500 Team of 4

Lunch will be served at 11 am during registration/warm up

On-site check-in will open at 10:30 am the day of the event. Cedar Creek members receive a \$25 discount on individual registration fees; please call the number below to register.

For more information, please call 608-388-2813

Sponsors (no endorsement implied)



Fort McCoy Non-Appropriated Fund Property
**CASH & CARRY
Sale**

RESCHEDULED!
NEW DATE: October 6, 2021
Building 1560, Fort McCoy, WI

8 - 8:30 am: Military, Military Dependents & Military Retirees ONLY*

8:30 am - 9 am: DoD Card Holders*

All Buyers: 9 am - 1 pm

* I.D. Required. Spouses and/or children may accompany I.D. Card Holder.

RULES

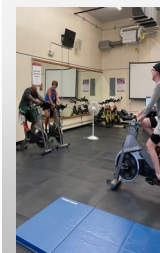
- All buyers must be in line; no saving places
- Items are sold "AS IS"
- No loading assistance available
- Please bring rope or tie down straps to secure cargo for transport
- Most items reduced to 50% off at noon (all tags will be checked prior)

Items will be offered on a first-come, first-serve basis. There is a limited number of each item. Items will be paid for by cash or check and picked up at time of purchase. Call 608-388-2232/2852 with questions. No early orders please. DIRECTIONS: After entering front gate, turn left at stop sign onto South 20th Ave. Building 1560 will be on your left hand side. You must register your vehicle and have a picture I.D. to enter the installation. Please do not park in the R&R Parking Lot.

ITEMS FOR SALE INCLUDE:

- Ellipticals
- Exercise Bikes
- Treadmills
- Tables
- TVs
- Paintball Masks
- Laser Tag Guns
- And More!

www.mccoy.armymwr.com | 608-388-2232



FREE FITNESS CLASSES

BODY BLAST: Mon 3:30 pm — 4:00 pm

ABS: Wed 11:30 am — 12:00 pm

CYCLING: Thu 11:30 am — 12:00 pm

Class size is limited. Register to attend by calling 608-388-2290.

OUTDOOR RECREATION

Building: 8053 Phone: 388-3517/4498



Tactics

PAINTBALL & LASER TAG

Experience the Extreme Sports!
Tactics Paintball & Laser Tag features 3 outdoor courses (1 woods course and 2 field courses) including a unique 2-story castle constructed from railroad ties. It's a great place to host a birthday or unit party!

PAINTBALL
\$20 (Mon - Thu) / \$25 (Fri - Sun)
Price is per person. Includes \$50 paintballs, equipment (gun, mask, chest protector) and field fee (2 hours of play). Must be at least 10 years of age to play.
Additional Paintballs: \$55 per case / \$15 per bag

LASER TAG
\$13 (Daily)
Price is per person. Includes equipment and field fee (1 hour of play).

RESERVATIONS REQUIRED
Call 800-531-4703 or 608-388-3517 to schedule a play time.

OPEN TO THE PUBLIC!
8061 West J Street
Fort McCoy, WI 54656
Located between Sparta and Tomah on Hwy 21.
Look for signs to Pine View Recreation Area.

800.531.4703 | www.mccoy.armymwr.com

New at Pine View
Campground!

Water Trikes

\$15 PER HOUR

Call 608-388-3517 for more information

CANOE OR KAYAK RENTAL

Make the most of the nice days we have left before winter by enjoying the rivers and lakes in one of our canoes or kayak.

Hourly Rate: \$5 Mil/Civ,
Daily Rate: \$15 Mil/\$25 Civ

Call 608-388-3517 or visit
us online at:
mccoy.armymwr.com



RUMPEL FITNESS CENTER

Building: 1122 Phone: 388-2290



24/7 ACCESS

Get 24/7 access to cardio and weight equipment by optimizing your CAC with a Rumpel Fitness Center staff member today.

Fitness Center is closed from 4:30 - 5 am weekdays for deep cleaning.

www.mccoy.armymwr.com | 608-388-2290

BASKETBALL NOW AVAILABLE!

Mon - Fri: 6 am - 5 pm

Sat: 6 am - 1 pm

Quarter of a court with a maximum group of three people per hour on a first come first serve basis. Masks are not required but highly encouraged. Pick up and drop off the basketball with the staff at the front desk. Not available during 24/7 hours.



McCOY'S COMMUNITY CENTER

Building: 1571 Phone: 388-2065

CHICKEN CAESAR WRAP

Grilled chicken, lettuce, black olives, tomatoes, red onions & caesar dressing wrapped in a flour tortilla.



McCoy's Community Center | 608-388-2065 | www.mccoy.armymwr.com

HYPERBOWLING

Multiply the fun with Hyperbowling where you can have your lane your way with 35 different games & 15 themed backgrounds to choose from. Bowl 1 hour for \$20 with up to 4 people per lane. Shoe rental included.




MASKS REQUIRED

inside the Pine View
Campground Office

Masks available for \$1 at the front desk

Thank you for
your cooperation.



Home | Facility Hours | Newspaper Archives | Search

>> CLICK HERE to view the latest edition



OIL CHANGES \$15

Every Thursday from 1 - 8 pm | Automotive Skills Center (B1763)

Call x3013 to schedule an appointment

Oil and filter must be supplied by customer

ARMY COMMUNITY SERVICE

Building: 2111 Phone: 388-3505

NEWCOMER ORIENTATION

Sep 8 | 8 am - 12 noon

McCoy's Community Center, B1571

New to Fort McCoy? Learn about what we have to offer. Breakfast will be provided beginning at 8 am. To register, please call x2359.

CONNECT THE TOTS PLAYGROUP

Sep 14, 21 and 28 | 10 am - 12 pm

ACS Family Building, B2161

For families with children 0 to 4 years. Our playgroup contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and to help promote social-emotional skill building. Through play, transitions, circle time and songs and activities, and informal conversations, parents learn about developmental ages and stages, gain tools to help understand their child's behavior and become empowered to prepare the family and child to enter school "ready to learn". Summer is time for FUN, to jump and play in the sun. To blow bubbles and catch each one. Sprinklers and water play and so much more. During the next 7 weeks we will enjoy summer fun activities. Please join us! Register by call x7262 or [click here](#) to send an e-mail.

INSURANCE 101

Sep 16 | 8 - 12 pm OR 12 - 2 pm

McCoy's Community Center

The presentation will offer an in-depth look at basic Automobile, Homeowners, and Renters insurance. Subject matter will include: understanding your declarations page, how to determine if you are over/under insured, coverage interpretation, understanding policy conditions and exclusions, as well as other miscella-

neous information. To register [click here](#) to send an e-mail or call x3540.

TRIPLE P WORKSHOP: BEING BULLIED

Sep 21 | 5:30 - 7 pm | MS Teams

Join us virtually with a facilitator from The Parenting Place to learn the different types of bullying, causes and impacts of bullying, signs to recognize if your child may be being bullied and tips for managing bullying. This workshop is intended for teens and parents to attend together. To register [click here](#) or call x2412.

CONNECT THE TOTS

Fort McCoy Playgroup
FOR FAMILIES WITH CHILDREN 0 TO 4 YEARS

Our playgroup contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and to help promote social-emotional skill building. Through play, transitions, circle time and songs and activities, and informal conversations, parents learn about developmental ages and stages, gain tools to help understand their child's behavior and become empowered to prepare the family and child to enter school "ready to learn".

Fall is here and this magical season has us so excited for a new round of fall-themed activities.
Engaging with nature's seasonal offerings stimulates curiosity and a sense of wonder while fostering self-confidence and empathy for all living things.

Fall 2021 Dates & Themes
Playgroups held from 10 am - 12 pm at the ACS Family Building (B2161)

Sep 14: Getting to Know You	Oct 26: Happy Halloween Sharing Activity
Sep 21: Apple Picking Field Trip	Nov 2: Space, Stars, Planets and Astronauts
Sep 28: A is for Apple/Autumn Art	Nov 9: Native Americans/Cultural Awareness
Oct 5: Fall Colors/Leaves/Harvest	Nov 16: Thanksgiving Arts/Craft
Oct 12: Let's Visit the Pumpkin Patch Field Trip	Nov 23: Thanksgiving Sharing Activity
Oct 19: Wizards, Knights and Princesses	Nov 30: Forest/Animals

To register, please call ACS at 608-388-2412
or email brittany.r.sonie.civ@mail.mil

www.mccoy.armymwr.com | 608-388-3505

Virtual SHARP Walk

September 1 - 30, 2021

Show survivors that they do not walk alone!

Lace up your sneakers and walk to show your support for the 6,290 reports of sexual assault in FY20.

Post a screenshot of your distance from a smart phone app or fitness tracker to the event discussion board at:
www.facebook.com/FORTMCCOYACS

At the end of the competition, the Unit/Organization with the most miles walked will receive the SHARP trophy!

Registration is a donated item for our community partner - Brighter Tomorrows
A local sexual assault/domestic violence shelter.

REQUESTED ITEMS ARE:

- Dish Soap • Hand Soap
- Cleaning Supplies • Laundry Soap
- Multipurpose Cleaner
- Diapers (Size 5, 6, 7) • Bath Towels
- Deodorant • Body Wash
- Shampoo • Conditioner

Items can be dropped off at the Commissary (Bldg. 1537) or Army Community Service (Bldg. 2111)

For questions, please call 608-388-8989 | #notjustapril | DoD Safe Helpline 877-995-5247

Follow us at: Fort McCoy MWR

COMMENTS & FEEDBACK

INTERACTIVE CUSTOMER EVALUATION

BREWERS VS. PHILLIES

Monday, September 6th, 1:10 pm

The Milwaukee Brewers are teaming up with USO to provide a free night to watch the first place Milwaukee Brewers. Reserve your tickets now and pick them up before the game outside the stadium at the USO tent.

REGISTER: <https://brewers21.eventbrite.com>

OPEN TO: All Veterans, National Guard, Reserves, currently serving military and their families. 6 tickets per household.

CURRENT OPENINGS

McCoy's Community Center

- Assistant Business Manager
- Cook
- Food & Beverage Attendants
- Custodial Worker

Child, Youth & School Services

- Child and Youth Program Assistants



**APPLY TODAY! Visit www.USAJOBBS.gov
or call NAF Personnel at 608-388-3773**

FORT McCOY MWR

RESILIENCE

Women's Resilience Day



Join us for a fun-filled day exploring
the 5 dimensions of resilience.

October 21, 2021 | 9 am - 4 pm
McCoy's Community Center
Fort McCoy, Wisconsin



**To register, call ACS at 608-388-7262
or email carmen.m.ortiz4.civ@mail.mil**

DoD employees must contact their supervisors regarding dismissal from work centers.
For information on upcoming training opportunities through ACS please go to <http://mccoy.armymwr.com> and click on Calendar.



ARMY FAP SAFE SLEEP CAMPAIGN

The ABC's
of Safe Sleep**A****Alone** in Their Sleeping Space

Alone means removing all items from baby's crib:

- ☒ Stuffed animals
- ☒ Loose blankets (swaddling is ok until your baby can roll over)
- ☒ Crib bumpers
- ☒ Anything that could increase risk of strangulation

Alone doesn't mean away.
The risk of SIDS reduces by 50% for babies who sleep in the same room as their parent. Share your room with baby for at least their first six months.

Placed on **Back****B**

Always place baby on their back on a firm surface to sleep.

CAsleep in **Crib**Use a crib, bassinet, or portable crib that meets safety standards (See <https://www.cpsc.gov/SafeSleep>).

Never let baby sleep on a couch or sofa.

If baby falls asleep in their car seat, move them to their safe sleep spot at your destination.



ARMY NEW PARENT SUPPORT PROGRAM

New Parent Support services are available to all eligible Families with child(ren) **prenatal to 3 years old**, whether they live on or off the installation.NPSP services are voluntary and **designed to empower parents**, build on the strengths and skills of parents, include both parents and promote positive parenting practices.Please contact your installation **New Parent Support Program** for more information about safe sleep and the Army New Parent Home Visiting Program.

For questions, please
contact Family Advocacy
Program Manager
608-630-7473
brittany.r.sonie.civ@army.mil

Insurance 101

ARMY COMMUNITY
SERVICE

September 16, 2021
8 am - 12 pm or 12 pm - 4 pm
McCoy's Community Center
Fort McCoy, WI

Have you ever found yourself asking these questions?

- Do I need UM insurance?
- Just what is the difference between ACV and RCV?
- Should I schedule my wedding ring?
- Do I need a Sump Pump and Back-up endorsement?

PRESENTER:

Bill Flisakowski*Northeastern Wisconsin Technical College (NWTC)*

The presentation will offer an in-depth look at basic Automobile, Homeowners, and Renters insurance. Subject matter will include: understanding your declarations page, how to determine if you are over/under insured, coverage interpretation, understanding policy conditions and exclusions, as well as other miscellaneous information.

Participants are encouraged to bring their own policies to help assimilate the course information and better understand what coverages they have purchased. Ample time will be allowed for Q&A.



Register by calling ACS at 608-388-3540 or
send an email to: janeen.j.folgers.civ@mail.mil

Must be registered by September 15. ACS events are open to Military, Retirees, Civilian workforce, Family Members and registered Fort McCoy Volunteers, unless otherwise stated. Employees must contact their supervisors regarding dismissal from work centers. For information on upcoming training opportunities through ACS please go to <http://mccoy.armymwr.com> and click on Calendar.

COTED | NORTHEAST
WI Technical College

No endorsement implied