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DR PEPPER



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F. MBANK



YEAR OF TRANSFORMATION

Now - March 5 | \$25 per card Rumpel Fitness Center Attend fitness classes and get your card punched; return it to the front desk for a Golden ticket and a chance to win a \$75 **Dick's Sporting Goods Gift Card!**



SATURDAY FAMILY BOWLING LEAGUE

Jan 27 - March 3 | 4 pm **McCoy's Bowling Area**

4 person teams \$25 per week per family includes: 2 games, shoe rental, large 1-topping pizza and a pitcher of soda.

Register at McCoy's Community Center by Jan 23rd or call 388-2065.



FAMILY VALENTINE CARD WORKSHOP

Feb 10 | 9:30 am - 4pm | B2161 Spend some time together making valentines! Register for a 1-3 hour block of time. Early start times for EFMP Families. <u>Click here</u> for registration information.



MILITARY APPRECIATION

Feb 10 | 10 am - 9 pm Whitetail Ridge This event is dedicated to our Military for their service and sacrifice. Military members and their dependents will receive 1/2 price lift tickets equipment rentals and tubing passes.



RUMPEL FITNESS CENTER Building: 1122 Phone: 388-2290



BADMINTON DOUBLES TOURNAMENT

Jan 31 | 4:30 pm

Rally scoring. Prizes awarded to the first place team. Register by January 29.

PHII 5K

Feb 2 | \$5 fee

Register for a start time at the Fitness Center's Front Desk, Prizes will be awarded to the fastest male and female runner.

COMBINED FOOTBALL CHALLENGE

Feb 14 | Call 388-3200 to register for a time Participants will be scored in the following: 40 yard dash, cone drills, standing broad jump, 20 yard shuttle run, bench press, tire roll and sled push. Prizes will be awarded to the top male and female competitors.



OUTDOOR RECREATION Building: 8053 Phone: 388-3517/4498

JANUARY / FEBRUARY EVENTS AT WHITETAIL RIDGE

January 20: Winter Extravaganza

January 27: Cardboard Classic Sled Race

February 3: Moonlit Snowshoe Tour

February 10: Military Appreciation / Chili Taste Off



McCOY'S COMMUNITY CENTER Building: 1571 Phone: 388-2065

NEW HOURS STARTING JANUARY 20

PRIMO'S

Monday - Friday: 11 am - 9 pm Pizza Only: 9 pm - 11 pm

Saturday: 4 pm - 10 pm **Sunday: Closed**

BAR

Monday - Friday: 4 pm - 11 pm Saturday: 4 pm - 10 pm **Sunday: Closed**

BOWLING

Monday - Friday: 11 am - 11 pm Saturday: 4 pm - 10 pm Sunday: Closed

SUPER BOWL HOURS

Feb 4 | 4 - 10 pm Watch the BIG game on 16 screens. Enjoy food and beverage specials, door prizes too!

FREE SHOWTIME BASKETBALL TICKETS

Jan 14 | 3 pm vs Windy City Groove Jan 20 7 pm vs West Michigan Lake Hawks Visit the Leisure Travel Office inside McCoy's Community Center to get your free tickets for either of these 2 home games played in the La Crosse Center.

UNIVERSAL ORI ANDO TICKETS

2 Park 4 Day Park to Park \$179 adult/ \$174 child 3 Park 4 Day Park to Park \$219 adult/ \$214 child





Bowling Birthday Parties



McCOY'S COMMUNITY CENTER (B1571) | CALL 608-388-7060 TO BOOK YOUR PARTY TODAY!

ARMY COMMUNITY SERVICE Building: 2111 Phone: 388-3505

MOMS NIGHT OUT

Jan 12 | 5 - 8:30 pm | B2161

Stressed out after the holidays? Join us for some crafting fun. Bring your craft or make something with our supplies. Bring and appetizer to share. Click here for registration information.

CONNECT THE TOTS

Jan 16, 23 and 30 | 9:30 - 11 am
Our playgroups contains toys, books, and other
materials to help strengthen each child's cognitive,
physical, and creative selves, and to help promote
social-emotional skill building though play. Click
here for more information or call 608-388-2412 to
register.

CAREER EXPLORATION

Jan 17 | 1 **-** 3 pm

This workshop will help you identify at least one work-related value, one skill or ability, and one possible career goal. Please join us! For registration information please call 608-388-7262.

ACTIVE SHOOTER TRAINING

Jan 23 OR Feb 1 | 11 am - 1 pm

McCoy's, **B1571**

This training will provide attendees the tools and resources needed to help prepare for and respond to an active shooter incident within the workplace. For more information click here or to register, call ACS at 608-388-6712.

BLENDED RETIREMENT

Jan 24 | 1 - 3 pm

The new system goes into effect January 1, 2018. This class will discuss how the Blended Retirement combines a 20-year cliff-vested defined-benefit annuity, offers monthly retired pay with a defined-contribution plan, allows you contribute to a portable Thrift Savings Plan and offers government matching contributions. To register call 608-388-3540.

FY 18 SHARP ANNUAL REFRESHER TRAINING

Jan 25 | 9 - 10:30 am

FY18 SHARP Annual Refresher Training for all Soldiers and DA Civilians must be completed NLT Sep 30, 2018. Click here for registration information.

COPING STRATEGIES FOR THE UNCERTAINTIES OF LIFE

Feb 8 | 9 - 10:30 am

This workshop offers a series of strategies to help adults cope with unexpected developments, disappointments and other situations in which expectations fall short of reality.

SPONSORSHIP TRAINING

Feb 13 | 10 - 11 am

Sponsorship is a Commander's program that assists sponsors and sponsorship coordinators in providing a smooth transition to relocating Soldiers, civilian employees, and their Families. <u>Click here</u> for registration information.

NEWCOMER'S ORIENTATION

Feb 14 | 8:15 am - 12:30 pm

The Fort McCoy Newcomer's Orientation is open to all new installation personnel and their spouses. Newcomer Orientations provide briefings by representatives from various installation activities regarding the services they offer and includes a tour of the installation. Click here for registration information.

ALL ABOUT 'US' DAY

Feb 24 | 8:30 am - 4 pm | B2161

It's back! Come examine and strengthen your emotional, Family, physical, social, and spiritual resiliency dimensions of strength! Space is limited. Participants must commit to all day attendance. Only Military registrations until Jan 10. Civilian registrations begin Jan 11 if space available. Call 608-388-6507 to register. Click here for more information.

DID YOU KNOW...

The Army Family Action Plan (AFAP) is a program where the Total Army Family can submit quality of life concerns to be discussed at the 7-8 Nov 18 AFAP conference. The deadline to submit issues or become a volunteer to review the issues is 7 Sep 18. Issues must be within the overarching authority of DA to resolve. Click here for more information. The ACS Lending Closet provides temporary loans of basic household items to PCSing Soldiers, Civilian employees, and their respective Family members arriving at or departing Fort McCoy while their household items are in transit. Items may be borrowed for up to 30 days. For questions or more information, please call 608-388-2359.





2018 Military Promotional Tickets

For questions, please call the Fort McCoy Leisure Travel Services at 608-388-3011.

Tickets may be used Jan 1, 2018 thru Dec 19, 2018 (except on the blackout dates of March 23 - April 8, 2018 for Disneyland only). Must be active or retired military or 100% disabled.







