



Fort McCoy MWR Enews

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March 22, 2018 | www.mccoy.armymwr.com | 608-388-7400 | *No endorsement implied*



Get up to \$200 via prepaid card

Switch to Sprint

Req. new acct. activ. w/ 1 ported line and validation. Restrictions apply. Paid Advertisement. No Federal Endorsement Implied.



Open to the entire Fort McCoy Community!

Easter EGGSTRAVAGANZA



March 24, 2018

FORT MCCOY EXCHANGE & CONSTITUTION PARK

8:00 - 11:20 am: Breakfast with Easter Bunny

Served in the Exchange Food Court. Regular breakfast menu will also be available.

KIDS MENU: 4 french toast sticks, 2 slices bacon or 1 sausage patty & O.J. \$2.99 or 4 french toast sticks & O.J. \$1.99

ADULT MENU: 8 french toast sticks, 2 slices bacon or 1 sausage patty & O.J. \$3.99

9:00 - 11:20 am: Photos with Easter Bunny

9:30 - 11:20 am: Crafts & Activities

Face Painting; Coloring Page; Egg Toss; Donut Decorating; Pin the Tail on the Bunny

11:20 am: Parade from Exchange to Constitution Park

11:30 am: Easter Egg Hunt

AGE CATEGORIES: 0-4, 5-10, 11 & up

Inclement weather location: Rumpel Fitness Center



There will be a separate Egg Hunt for Children with Special Needs



608-388-3200 | www.mccoy.armymwr.com | www.facebook.com/mccoymwr

Sponsors (no endorsement implied)



MAKE A WOODEN PEN

Apr 17, 18 and 19 | 4 - 6 pm | B1130
Create your own wooden pen for each member of your Family. Class size is limited. Children must be accompanied by an adult. Call 608-388-3505 to register.



DJ TRIVIA

Every Thursday | 5 - 7 pm
McCoy's Community Center
Get your team together and join us for some trivia fun! Free to play. Prizes awarded weekly to the top 3 team. No registration required.



TACTICS PAINTBALL & LASER TAG

Tactics features 3 outdoor courses (1 woods course and 2 field courses) including a unique 2-story castle constructed from railroad ties. It's a great place to host a birthday or unit party!



DISNEY TICKETS

Contact Martha at Leisure Travel Services for discounts at Disney World and Disney Land. Call 608-388-3011 for more information on how to order.

RUMPEL FITNESS CENTER
Building: 1122 Phone: 388-2290

APRIL SHOWERS 5K RUN/WALK

Apr 18 | 2:30 pm



Bringing awareness to child abuse and sexual assault. Event is free and open to all MWR authorized patrons. Medals awarded to the top 3 male & females in each age category. Must be registered by April 11, 2018. Dress in blue or teal to show your support! Register by calling 388-3200 or complete registration form at Rumpel Fitness Center.

APRIL FOOLS SWIM CHALLENGE

Apr 2 - 11

Receive a punch card with 10 different swimming strokes and distances. Return completed card and redeem a prize! *Pick up and return cards at the fitness center's front desk.*

BIKE & HELMET RENTAL
\$9 Daily
OR \$30 PER WEEK
AVAILABLE AT THE RUMPEL FITNESS CENTER

"LIKE" US On Facebook
Learn about the current events & activities at Fort McCoy!
[facebook.com/mccoymwr](https://www.facebook.com/mccoymwr)

OUTDOOR RECREATION
Building: 8053 Phone: 388-3517/4498

SPORTSMAN'S RANGE IS OPENING SOON!

2018 SEASON Hours of Operation

SPRING HOURS
April 7 - May 20
Saturday - Sunday | 9 am - 5 pm

SUMMER HOURS
May 25 - September 2
Friday | 3 pm - 7 pm
Saturday - Sunday | 9 am - 5 pm

FALL HOURS
September 8 - November 10
Saturday - Sunday | 9 am - 5 pm

The Sportsman's Range is closed on all Federal Holidays.

PINE VIEW CABIN FEVER SPECIAL

Mar 1—Apr 15

Spring is on the way! Get out of the house and come stay at one of our cabins. Take \$15 off each night of your reservations. Offer applies to cabins only. 2 night minimum. New reservations only. Cannot be combined with any other offer.

To make reservations, call 608-531-4703 or visit www.mccoymwr.com

McCoy's COMMUNITY CENTER
Building: 1571 Phone: 388-2065

MARCH SPECIALS



The Pete | \$7
Pastrami, Sauerkraut & Thousand Island Dressing on Toasted Rye Bread. Make it a combo for only \$2.50 more. Includes fries or chips and a drink.



Shrimp & Homemade Chips \$7.50

ARMED FORCES VACATION CLUB

If you are going on vacation and need an economical place to stay, check out the AFVClub.com. They have places all over the world for \$349.00 (low season) for 7 nights. Another great deal is Choice Hotels, when booking enter the corporate ID code 00235250 and get 15% off. You can also get a 12% discount at Red Roof Inns and they are pet friendly.

Buy 10 Lunch Buffets, Get 11th Buffet FREE!
Ask for your punch card from the cashier.
McCoy's
Blg 1571
Buffet served Mon - Fri from 11 am - 2 pm

Real McCoy
Home | Facility Hours | Newspaper Archives | Search
>> CLICK HERE to view the latest edition

Bowling Birthday Parties



McCOY'S COMMUNITY CENTER (B1571) | CALL 608-388-7060 TO BOOK YOUR PARTY TODAY!

ARMY COMMUNITY SERVICE
Building: 2111 Phone: 388-3505

CONNECT THE TOTS

Mar 27, Apr 10, 17, 24 | 9:30 - 11 am | B2161
Our playgroups contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and to help promote social-emotional skill building though play.

PARENTING SUPPORT GROUP

Apr 5 | 10 am | B2161
Apr 16 | 5 pm | South Post Community Center
Do you think of strong willed child when thinking of your family? Come and meet other parents faced with similar parenting challenges. This group is for parents with children who have challenging behaviors who are seeking support from others in similar situations.

NEWCOMER'S ORIENTATION

Apr 11 | 8:15 am - 12:30 pm | B2111
The Fort McCoy Newcomer's Orientation is open to all new installation personnel and their spouses. Newcomer Orientations provide briefings by representatives from various installation activities regarding the services they offer and includes a tour of the installation.

BRING AWARENESS - APRIL KICK-OFF EVENTS

Apr 11 | 9 - 10:30 am OR 1 - 2:30 | B60
A survivor of child abuse, sexual assault and human trafficking will share her story while also providing valuable insights and information about best practices in responding to victims of human

trafficking. Mandatory training credit will be received by attendees for annual Substance Abuse (1 hr), FAP, and SHARP (face to face) training for garrison personnel.

IDENTIFYING DEPRESSION

Apr 16 | 10:30 am - 12 noon | **McCoy's Community Center, B1571**
This workshop is designed to help participants recognize and manage those behaviors, thoughts, and feelings that could be signs or symptoms of depression. Lunch buffet with a beverage is free to all registered attendees. Register by calling ACS at 608-388-6712.

MAKE A WOODEN PEN

Apr 17, 18 and 19 | 4 - 6 pm | B1130
Spending Time Together as a Family Builds Family Resilience! Create your own wooden pen for each member of your Family. Single and geographical bachelors welcome! Early start time (2 - 4 pm) for EFMP Families. All materials and instruction supplied. Class size is limited. Children must be accompanied by an adult. Pens must be completed within the allotted time (2 hour limit). Call 608-388-3505 to register.

APRIL SHOWERS 5K

Apr 18 | 2:30 pm | Rumpel Fitness Center, B1122
Bring awareness to child abuse and sexual assault. Dress in blue/teal to show your support. 5K, 1 or 2 mile courses, medals awarded to top 3 male and female finishers. Register by Apr 11.

DENIM DAY

Apr 25
In an effort to bring awareness to those that have been affected by sexual violence, Garrison Civilians are authorized to wear denim on this day.

FY 18 SHARP ANNUAL REFRESHER TRAINING

Apr 25 | 9 - 10:30 am | B2111
FY18 SHARP Annual Refresher Training for all Soldiers and DA Civilians must be completed NLT Sep 30, 2018.

DID YOU KNOW....

Waiting Family Members whose sponsor is away due to mission requirements such as schools, extended TDY assignments or a PCS move and have any concerns while your sponsor is away can call ACS at 608-388-3505. You can sign up for our monthly newsletter with upcoming events by sending an email to usarmy.mccoy.imcom-fmwrc.list.dfmwr-site5200@mail.mil with ADD TO DISTRIBUTION in the subject line. You can also visit ACS on Facebook at www.facebook.com/fortmccoyACS.



ARMY MUD ASSAULT
Fort McCoy WI

Over 25 Mud Pits & Obstacles!

JUNE 9, 2018
WHITETAIL RIDGE
FORT MCCOY, WI

OPEN TO THE PUBLIC - REGISTER TODAY!

	APR 2 - MAY 1	MAY 2 - JUN 1	JUN 2 - JUN 8	DAY OF RACE
Children's Race	\$10	\$10	\$10	\$10
General Public	\$25	\$30	\$35	\$40
Military/DoD	\$20	\$25	\$30	\$40

10 PERSON TEAM SPECIAL: \$175 Limited Time Offer - Available thru May 3.

For additional information, visit www.mccoy.armymwr.com or call 608-388-3200

Always Maintain the Attitude of a Winner

2018 FORT MCCOY MWR WELLNESS FAIR

May 16, 2018
Rumpel Fitness Center
Blood Drive | 5K Run/Walk
Area Business Showcase




Disney SALUTES THE U.S. ARMED FORCES

Walt Disney World Resort Disneyland

2018 Military Promotional Tickets

DISNEY WORLD (Florida)

- 4 Day Ticket with Park Hopper..... \$216
- 4 Day Ticket with Park Hopper + Water Park Fun & More..... \$252
- 5 Day Ticket with Park Hopper..... \$234
- 5 Day Ticket with Park Hopper + Water Park Fun & More..... \$270

DISNEYLAND (California)

- 3 Day Ticket with Park Hopper..... \$163
- 4 Day Ticket with Park Hopper..... \$181

For questions, please call the Fort McCoy Leisure Travel Services at 608-388-3011.

Tickets may be used Jan 1, 2018 thru Dec 19, 2018 (except on the blackout dates of March 23 - April 8, 2018 for Disneyland only). Must be active or retired military or 100% disabled.

ICE COMMENTS & FEEDBACK

INTERACTIVE CUSTOMER EVALUATION



Wisconsin

ACTIVITY CALENDAR

April 2018

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
1 USO Pancake Breakfast 10-1 pm	2 Knit and Sip Learn to knit 12 PM	3	4 Puppy Play day 12 pm	5	6 USO Rocks Craft Night 6 pm	7 Movie Night 6 pm
8 April Birthday Celebration 6 pm	9 Bingo 6 pm	10	11 Reading Readiness Storybook recording ALL DAY	12	13 Board Game Night 6 pm	14
15 Coffee and Color Club 6 PM	16 Cheese ball day	17	18 Puppy Play 12 pm	19	20	21 Movie Night 6 pm
22 National Jelly Bean day! ALL DAY	23 Bingo 6 pm	24	25 Minute to win it Best time wins Grab bag! ALL DAY	26	27 Poker night 6 PM	28
29	30 Knit and sip learn to knit 12 PM					

All Activities are held at BLDG 1501 . For more information call (414) 477-7279.