



Fort McCoy MWR Enews

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May 17, 2018 | www.mccoy.armymwr.com | 608-388-7400 | *No endorsement implied*

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**ARMED
FORCES**
5K RUN/WALK

**Open to
the Public!**

**MAY 19, 2018
7:30 AM**

**South Post Community Center
Fort McCoy, WI**

DIVISIONS: Male, Female, Kids & Family with Stroller
Prizes awarded to the top participants in each division
Register at the Rumpel Fitness Center by May 18. This is also an Army Ten-Miller Qualifier Race.

www.mccoy.armymwr.com | 608-388-3200



NAF CASH & CARRY SALE

May 30 | Bldg 1560

8 - 8:30 am - Military, Military Dependents and Military retirees
8:30 - 9 am - DoD cardholders
9 am - 1 pm - All buyers
Cash & check only. First come, first served. Call 388-2232 for more details.



HAPPY DAYS THE MUSICAL BUS TRIP

June 3 | 10 am—5 pm

Bus departs from McCoy's
Travel to the Palace Theater in
Wisconsin Dells. \$70 per person.
Call 388-3011 to register by May 21.



ARMY MUD ASSAULT RUN

June 9 | Whitetail Ridge

\$25 Military | \$30 Public | \$10 Children
Prices increase June 2. Children's 1 mile race starts at 9 am. Adult 3 mile races begin at 10 am. [Click here](#) to register.
Call 608-388-3200 for more details.



RIFLE BASICS COURSE

June 16 | 8 am - 5 pm

Whitetail Ridge Ski Chalet
Cost is \$125 includes books, facility and range fees. Students may bring their own rifles or use weapons provided by the Sportsman's Range.
Call 608-388-9162/3517 to register.

RUMPEL FITNESS CENTER

Building: 1122 Phone: 388-2290

PRIVATE SWIM LESSONS

Need to learn basic water skills? Or are you an advanced swimmer that needs to refine your technique. The Rumpel Fitness Center staff will help you meet your goals.

LESSON FEES (PER HOUR)

Military \$20
Civilians \$30

Rate also available to Immediate Family members.

Register at the Rumpel Fitness Center for a time slot.

Questions - please call 608-388-2290.



ARMY TEN-MILER TEAM TRYOUTS

Be part of Team Fort McCoy!

Soldiers must qualify for the Army Ten-Miler by competing in at least one of the three Garrison MWR qualifying races. Open to all interested permanent party (male/female) Active Duty or Army Reserve Soldiers with Units at Fort McCoy. The top 8 runners will be selected for the team. Army Ten-Miler Race is scheduled for October 7.

TIME TRIALS:

Armed Forces Day Run | May 19 at 7:30 am

Commander's Run | June 14 at 7 am

QUESTIONS: Call LTC Woommavovah at 608-388-4929

CHILD & YOUTH SERVICES

Building: 1668 Phone: 388-8956

SUMMER CAMP REGISTRATION IS ALMOST FULL

If you have not yet registered your child for Summer Camp and will be needing care after the last day of school, please go to www.militarychildcare.com to request your full time kindergarten through 5th grade space in camp. Youth in 6th—12th grades do not sign up via MCC.com, Turn in your paperwork for these youth at the Youth Center front desk. Call 608-388-8956 for more details.

OUTDOOR RECREATION

Building: 8053 Phone: 388-3517/4498

3GUN MATCH

Please join us on May 19 for the Rifle Heavy 3Gun Match.

SPORTSMAN'S RANGE HOURS

Thru May 20 | Sat & Sun 9am - 5 pm

May 25 - Sep 2 | Fri 3 - 7pm | Sat & Sun 9 am - 5 pm

Sep 8 - Nov 10 | Sat & Sun 9 am—5 pm

STATE-OF-THE-ART RANGE INCLUDES:

- Rifle Range: Up to 200 Meters
- Pistol Range: Up to 50 Meters
- Shotgun Range
- Elevated Archery Range
- 3-D Archery Range

TACTICS PAINTBALL & LASER TAG

Tactics features 3 outdoor courses (1 woods course and 2 field courses) including a unique 2-story castle constructed from railroad ties. It's a great place to host a birthday or unit party!



CAMPSITE SPECIAL

Stay Friday and Saturday nights at Pine View Campground get Sunday night FREE. Not valid with any other special. Campsites only. Not valid on holiday weekends. Call 608-388-3517 for reservations or visit mccoy.armymwr.com.



MCCOY'S COMMUNITY CENTER

Building: 1571 Phone: 388-2065

BOWLING SPECIALS

Sunday Fun Day

One hour of bowling, a large pizza and pitcher of soda for four people just \$29.95.

Dollar Days on Monday

Enjoy \$1 games and \$1 shoe rental every Monday during the month of May.

\$2 Tuesdays

\$2 shoe rental and \$2 games every Tuesday in May.

Throwback Thursdays

Each game is \$2.75 with \$2 shoe rental every Thursday in May.

Extreme Bowling

Fridays from 6-10 pm we crank up the music and turn down the lights. Bowl for \$3.50 a game.

Spark the Memory Bowl it Forward

Pay for your game plus the game of the next customer. They'll be surprised by the kind gesture and might even pick up the tab of the next bowler! See a bowling attendant to find out how to participate.

CHARGE YOUR CELL PHONE AT MCCOY'S

Need to re-charge? USAA offers a FREE universal smart phone charging station inside McCoy's Community Center. Take advantage of this free service while you enjoy a meal and/or beverage. This 12 port docking station can accommodate iPhones and Androids.



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McCoy's COMMUNITY CENTER



ARMY COMMUNITY SERVICE Building: 2111 Phone: 388-3505

CONNECT THE TOTS

May 22 and 29 | 9:30 - 11:00 am | B2161

Our playgroups contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and to help promote social-emotional skill building through play.

LEADERSHIP TRAINING

May 23 | 8 - 11 am | B2111

Attention: New Commanders and Command Senior NCO Advisors. For convenience, the training block will fulfill all of the cited requirements in one training, Army Substance Abuse Program, Brief, Family Advocacy Brief, and SHARP Leadership Brief.

FY 18 SHARP ANNUAL REFRESHER TRAINING

May 30 and Jun 6 | 9 - 10:30 am | B2111

FY18 SHARP Annual Refresher Training for all Soldiers and DA Civilians must be completed NLT Sep 30, 2018.

NEWCOMER'S ORIENTATION

Jun 13 | 8:15 am - 12:30 pm | B2111

The Fort McCoy Newcomer's Orientation is open to all new installation personnel and their spouses. Newcomer Orientations provide briefings by representatives from various installation activities regarding the services they offer and includes a tour of the installation.

VOLUNTEER OPPORTUNITIES

Volunteers are needed for:

Mud Run at Whitetail Ridge on June 9 from 7 am-2 pm.

Army Birthday on June 14 from 6-9 am and 10:30 am-1:30 pm.

Call or email Lorie at 608-388-6507.

lorie.l.retzlaff.civ@mail.mil for more information.

Thank you in advance!

DID YOU KNOW....

The **ACS Lending Closet** provides temporary loans of basic household items to PCSing Soldiers, Civilian employees, and their respective Family members arriving at or departing Fort McCoy while their household items are in transit. Items may be borrowed for up to 30 days. For questions or more information, please call 608-388-2359.

The **eSponsorship Application & Training (eSAT)** course is designed to provide information and resources needed to be a good sponsor and ensure your newcomer's successful move. To take the training, go to <https://myhub.militaryonesource.mil> and get registered. There are also websites and correspondence tools available to use during the sponsorship process.

FORT MCCOY Newcomer's Orientation

Open to all new installation personnel and their spouses. Provides briefings on the services available at Fort McCoy.



Offered the second
Wednesday of each month,
call ACS at 608-388-2359
for more details.

INCREASE YOUR LEARNING POWER!

Army Community Service's Resource Library contains a wide variety of topics including:

- ✓ Deployment
- ✓ Employment
- ✓ Finance
- ✓ Parenting
- ✓ Relocation
- ✓ Resiliency
- ✓ And More!

We also have a selection of children's books. Books can be checked out for a one month period.



ICE COMMENTS
& FEEDBACK
INTERACTIVE CUSTOMER EVALUATION



**ARMY
MUD ASSAULT**

★ Fort McCoy ★
WI







OVER 25 MUD PITS & OBSTACLES!

- ★ Drop Zone
- ★ Tread Lightly
- ★ Snivel Swim
- ★ Fire Zone
- ★ Guerilla Warfare
- ★ Guadalcanal
- ★ Slack Line
- ★ Minefield
- ★ Major Pain
- ★ Fast Mover
- ★ Vault
- ★ The Line

JUNE 9, 2018

WHITETAIL RIDGE

FORT MCCOY, WI

Children's race at 9 am. One adult competitive race at 10 am.
Non-competitive waves every 15 minute beginning at 10:15 am.
Food, beverages and t-shirts available (cash only).

OPEN TO THE PUBLIC - REGISTER TODAY!

	APR 2 - MAY 1	MAY 2 - JUN 1	JUN 2 - JUN 8	DAY OF RACE
Children's Race	\$10	\$10	\$10	\$10
General Public	\$25	\$30	\$35	\$40
Military/DoD	\$20	\$25	\$30	\$40

**PINE VIEW
CAMPGROUND SPECIAL**

Stay Friday - Get Saturday 1/2 Off

Must show proof of Mud Assault registration. Campsites only - not valid on campers or cabins. Cannot be combined with any other offer.

Register at <https://webtrac.mwr.army.mil/webtrac/mccoyrectrac.html>
Or return registration form (reverse side) to Pine View Campground or the Rumpel Fitness Center.
Participants receive a medal, drink ticket & towel. Entry fee is non-refundable and non-transferable.

For additional information, visit www.mccoy.armymwr.com or call 608-388-3200

Birthday's are better with friends!

IF YOU
ARE NEAR OR FAR FROM
HOME COME CELEBRATE
WITH US

MONTHLY GROUP
BIRTHDAY PARTY
1ST FRIDAY AT NOON.



HAPPY
BIRTHDAY!

festival
foods
...it's the little things

STOP IN FOR A PIECE OF CAKE, AND A
BIRTHDAY PHOTO COMPLIMENTS OF
USO AND FESTIVAL FOODS.



 ACTIVITY CALENDAR May 2018						
Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
		1	2 Learn to Knit 12 pm	3	4 May Birthday 12pm Cinco De Mayo celebration	5
6	7 USO Rocks Craft Night 6 pm	8	9 Reading Readiness Storybook recording ALL DAY	10	11 Minute to win it Best time wins Grab bag! ALL DAY Mother's Day Drawing	12 Survival Bracelet workshop 5-8 pm
13	14 Poker night 6 pm	15	16 Puppy Play 12 pm	17	18	19  Fort McCoy Open House
20	21	22	23	24	25	26
27	28  Memorial Day – USO Closed.	29	30	31		

USO Rocks – Painted Rocks

Cinco De Mayo- Come by to get some chips and salsa and enjoy the Mexican music

Learn to knit Pearl and Knit stitch. \$5 covers supplies to take home.

Reading Readiness- Record a DVD for your child.

Poker Night- Grab your friends and come down

Minute to win it- Come try your hand at today's game and win a grab bag

Puppy play time- Meet the pups and have some pet social time.

May Birthday- Come get a piece of cake if May is your birthday month!

Mother's Day Giveaway! - Register to win a nice goodie bag to pamper your mom.

Paracord survival Bracelet- \$2 per bracelet Make a paracord bracelet and always have rope with you.

All Activities are Held at BLDG 1501 (414) 477-7279 Please call to RSVP for events.

To Volunteer visit www.usowisconsin.org

Hours

Mon-Wed- Fri 10 am – 8 pm
Tues/ Thurs/ Saturday/ Sunday
Closed

USO is staffed by Volunteers
and based on their availability.