



Fort McCoy MWR Enews

- ▶ Facebook
- ▶ Event Calendar
- ▶ ICE Comments

August 23, 2018 | www.mccoy.armymwr.com | 608-388-7400 | *No endorsement implied*



We know what it
MEANS TO SERVE.

LET US SERVE YOU.



Call **800-531-8521**

No official U.S. Army endorsement is implied. Sponsorship does not imply endorsement by the Department of Defense. USAA means United Services Automobile Association and its affiliates. ©2017 USAA. 243585-0717-A

U.S. ARMY FORT MCCOY Golf Tournament

Open to the public!

September 21 | 10 am
Hiawatha Golf Course
Tomah, WI

DINNER • HOLE COMPETITIONS • DOOR PRIZES

Support our Military!

*All funds generated are returned for quality of life programs
for Soldiers and their Families.*

FEES: \$55 per person (plus green & cart fees)

REGISTRATION: Call Julie at 608-388-3696/2290 or send an email to julie.a.pressler.naf@mail.mil

ENTRY DEADLINE: September 17, 2018 (to be guaranteed dinner)



Sponsors (no endorsement implied):

www.mccoy.armymwr.com | 608-388-3696/2290



18-HOLE MINI GOLF

\$5 Military & DoD/\$6 General Public
Pine View Campground
Come enjoy our newly refurbished course. Fun for the entire family!
Open Sunday—Thursday 8 am - 6 pm,
Friday & Saturday 8 am - 9 pm.



PORT HURON BREWERY TOUR

Oct 13 | 12 pm - 7 pm
\$25 per person
Bus departs from McCoy's
Includes transportation, brewery tour &
beer tasting. Must be 21 years or older.
All registrations are final—no refunds.
To register, call 388-3011 by Oct. 5.



FAT TIRE BIKES FOR RENT

\$50 per day weekdays | \$75 weekends
Pine View Campground
With improved traction, these bikes
will take you places you've never been
before. Wet pavement, muddy trails
or snowy hills are no match for these
wheels. Call 388-3517 for more details.



CIRCLE OF SECURITY

Sep 7 | 8:30 am - 4 pm
Army Community Service
Strengthen your parent/child bond.
Relationship focused intervention to help
parents understand their child's needs
and create a lasting foundation. Register
by calling 388-2412.

RUMPEL FITNESS CENTER

Building: 1122 Phone: 388-2290

ROAD KILL 5K RUN/WALK

September 12

11:30 am

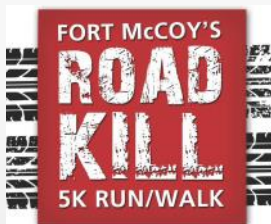
Entry Fee \$15

Challenge Yourself!

Prizes awarded to the first and second place male and female finishers. First 25

registered participants will receive a t-shirt!

Call 608-388-3200 to register by September 8.



PRIVATE SWIM LESSONS

Need to learn basic water skills? Or are you an advanced swimmer that needs to refine your technique. The Rumpel Fitness Center staff will help you meet your goals.

LESSON FEES (PER HOUR)

Military \$20
Civilians \$30

Rate also available to immediate family members.

Register at the Rumpel Fitness Center for a time slot.

Questions - please call 608-388-2290.



CHILD & YOUTH SERVICES

Building: 1668 Phone: 388-8956

Free Family Fun for the entire Fort McCoy Community!

SEPTEMBER 15, 2018

KIDS' COLOR RUN | 9 AM
Rumpel Fitness Center

Categories for ages 3 - 18. Register early to receive a FREE t-shirt (while supplies last)! Registration form on reverse side - must be returned by September 12.

ACTIVITIES | 10 AM - 2 PM
School Age/Youth Center (B1792)

- ★ Kids' Games
- ★ Rock Wall
- ★ DJ
- ★ Popcorn & Sno Cones
- ★ Informational Booths
- ★ Inflatable Games
- ★ Lunch from 11 am - 1 pm (while supplies last)
- ★ Great Door Prizes

www.mccoymwr.com | 877-864-4969

SPONSORS (in order of appearance): ALCOHOL, LHM, ORGANIC VALLEY, GEICO MILITARY, TRIVER BEANS, GUNDERSEN HEALTH SYSTEM, COVIA, ANS BOOKS, BCC, US SOILS, McDonald's, Walmart, GARDEN OF EARTHLY DELIGHTS, Pilsner, WISCONSIN, and others.

McCOY'S COMMUNITY CENTER

Building: 1571 Phone: 388-2065

UNIVERSAL ORLANDO TICKETS

2 Park 4 Day Park to Park \$179 adult/\$174 child

3 Park 4 Day Park to Park \$219 adult/\$214 child



DISNEY WORLD TICKETS (FLORIDA)

4 Day Ticket with Park Hopper \$216

4 Day Ticket with Park Hopper & Water Park \$252

DISNEYLAND TICKETS (CALIFORNIA)

3 Day Ticket with Park Hopper \$163

4 Day Ticket with Park Hopper \$181

SIX FLAGS TICKETS AT 40% DISCOUNT

https://sf-ch.secure.accesso.com/embed/store.php?merchant_id=38261

User Name: FMLT

Password: SixFlags6



LOADED BLOODY MARY BAR

Every Sunday | 4 - 6 pm | \$8

Enjoy a 16 oz. Bloody Mary with a 10 oz. domestic beer chaser for \$8.

Add your favorite garnishes including: celery, mushrooms, lemon, beef sticks, cheese, olives, pearl onions and pepperoncini peppers.

Must be 21 years or older.



OUTDOOR RECREATION

Building: 8053 Phone: 388-3517/4498



CAMPSITE SPECIAL

Stay Friday and Saturday nights at Pine View Campground get Sunday night FREE. Not valid with any other special. Campsites only. Not valid on holiday weekends.

Call 608-388-3517 for reservations or visit us online at:

mccoymwr.com

PINE VIEW CAMPGROUND FREE ITEMS TO CHECK OUT

- | | | |
|-----------------|-----------------|---------------|
| ✓ Bean Bag Toss | ✓ Basketballs | ✓ Footballs |
| ✓ Ladder Golf | ✓ Shuffle Board | ✓ Volleyballs |
| ✓ Washer Toss | ✓ Disc Golf | ✓ Kickballs |

We also have a FREE swimming beach and hiking trails.



For questions, please visit the camp office.



McCoy's

COMMUNITY CENTER



ARMY COMMUNITY SERVICE
Building: 2111 Phone: 388-3505

BLENDED RETIREMENT SYSTEM (BRS) OVERVIEW

Aug 28 and Sep 19 | 1 - 3 pm | B2111

The BRS went into effect 1 January 2018. It combines a 20-year cliff-vested defined benefit annuity. Offers monthly retired pay with a defined benefit annuity. Contributes to portable Thrift Savings Plans. Offers government matching contributions. Call x3540 to register.

FY 18 SHARP ANNUAL REFRESHER TRAINING

Sep 5 and 18 | 9 - 10:30 am | B2111

These are the last two scheduled classes of the fiscal year. FY18 SHARP Annual Refresher Training for all Soldiers and DA Civilians must be completed NLT Sep 30, 2018. Register by calling x8989.

CIRCLE OF SECURITY

Sep 7 | 8:30 am - 4 pm

Join us to strengthen your parent/child relationship. The training will cover relationship focused intervention to help parents understand their child's needs and create a lasting foundation. Register by calling x2412.

THRIFT SAVINGS PLAN (TSP)

Sep 11 | 1 - 2:30 pm | B2111

In this class you will learn the basics of TSP, the 5 funds within TSP and how to sign up for TSP. To register call x3540.

CONNECT THE TOTS

Sep 11, 18 and 25

9:30 - 11 am | B2161

Our playgroups contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and to help promote social-emotional skill building through play. Register by calling x2412.



NEWCOMER'S ORIENTATION

Sep 12 | 8:15 am - 12:30 pm | B2111

The Newcomer Orientation is open to new installation personnel and their spouses. It provides briefings by representatives from various activities regarding the services they offer and includes a tour of the installation. Call x2359 to get registered.

BUILDING STRESS RESILIENCY: MAKING STRESS WORK FOR YOU

Sep 20 | 9 - 10:30 am | B2111

This workshop will help you learn: how to make stress work for you; understand how your body responds to stress; how to manage different types of stress; and practice techniques for reducing stress-related tension. To register call x7262 by Sep 13.

EMOTIONAL INTELLIGENCE AND IT'S IMPACT IN THE WORKPLACE

Sep 26 | 8 am - 12 noon | McCoy's, B1571

A fun, interactive, professional development course for anyone who has workplace challenges! Register by calling x6712.



**Follow us at:
Fort McCoy MWR**

ICE COMMENTS
& FEEDBACK
INTERACTIVE CUSTOMER EVALUATION

Sand Creek Brewery Tour



HOSTED BY FORT MCCOY MWR

SEPT 22, 2018

\$20 PER PERSON

Includes transportation, brewery tour, & beer tasting.

11:30 AM | **5 PM**
DEPART | RETURN

Pick up and drop off location:
McCoy's Community Center (B1571)



REGISTER BY CALLING
608-388-3011 BY SEPT 14.

Open to all Fort McCoy employees and their guests. Must be 21 years or older. All registrations are final - no refunds.

www.mccoy.armymwr.com

THE
Perfect Gift
FOR ANY OCCASION!



MWR Offers Gift Cards!

THEY CAN BE REDEEMED AT THE FOLLOWING MWR FACILITIES:

- Whitetail Ridge Ski Area
- Pine View Campground
- Tactics Paintball & Laser Tag Field
- McCoy's Community Center
- Automotive Skills Center
- Sportsman's Range

Gift Cards can be purchased at the Rumpel Fitness Center, McCoy's Community Center or Pine View Campground.

Available in any denomination; expire one year from purchase.



AVAILABLE THRU AUGUST 2018



**BLT
SANDWICH**

\$4.25 OR MAKE IT A
COMBO FOR
\$2.50 MORE!

SANDWICH ONLY

Includes fries or chips and a drink

