



# Fort McCoy MWR Enews

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September 6, 2018 | [www.mccoy.armymwr.com](http://www.mccoy.armymwr.com) | 608-388-7400 | *No endorsement implied*

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Endorsement Implied.



Free Family Fun for the entire Fort McCoy Community!

## SEPTEMBER 15, 2018



### KIDS' COLOR RUN | 9 AM Rumpel Fitness Center

Categories for ages 3 - 18. Register early  
to receive a FREE t-shirt (while supplies  
last)! Registration form must be returned  
by September 12.

### ACTIVITIES | 10 AM - 2 PM School Age/Youth Center (B1792)

- ★ Kids' Games
- ★ Rock Wall
- ★ DJ
- ★ Popcorn & Sno Cones
- ★ Informational Booths
- ★ Inflatable Games
- ★ Lunch from 11 am - 1 pm  
While supplies last
- ★ Great Door Prizes

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SPONSORS (No endorsement implied):



### THRIFT SAVINGS PLAN (TSP)

Sep 11 | 1 - 2:30 pm | B2111  
Army Community Service

In this class, you will learn the basics of  
TSP, the 5 funds within TSP and how to  
sign up for TSP.

To register call 608-388-3540.



### BALLOON BOUQUETS

**McCoy's Community Center**  
Surprise someone special with a  
bouquet of balloons. Many different  
themes and styles available. Delivery  
available on Fort McCoy for an  
additional \$3. Call 608-388-2065 to  
place an order.



### SAND CREEK BREWERY TOUR

Sept 22 | 11:30 am - 5 pm  
\$20 per person

Bus departs from McCoy's  
Includes transportation, brewery tour  
& beer tasting. Must be 21 years or  
older. All registrations are final - no  
refunds. Call 388-3011 to register.



### DISNEY TICKETS

Contact Martha at Leisure Travel  
Services for discounts at Disney World  
and Disney Land.  
Call 608-388-3011 for more information  
on how to order.



## RUMPEL FITNESS CENTER

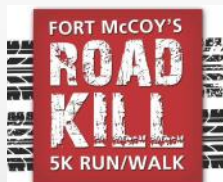
Building: 1122 Phone: 388-2290

### ROAD KILL 5K RUN/WALK

September 12 | 11:30 am

Entry Fee \$15

Prizes awarded to the first and second place male and female finishers. First 25 registered participants will receive a t-shirt! Call 608-388-3200 to register by September 8.



### FITNESS CENTER FEES

Fitness Class Fee \$3

Fitness Class Punch Card \$30

(15 punches per card)

Personal Training Sessions

\$20 Military / \$30 Civilian

## OUTDOOR RECREATION

Building: 8053 Phone: 388-3517/4498

### TACTICS PAINTBALL & LASER TAG

Tactics features 3 outdoor courses (1 woods course and 2 field courses) including a unique 2-story castle constructed from railroad ties. It's a great place to host a birthday or unit party!



## McCOY'S COMMUNITY CENTER

Building: 1571 Phone: 388-2065

### SEPTEMBER SPECIAL - GUACAMOLE BURGER

\$8 | Make It a Combo for \$2.50 Extra

Quarter-pound burger topped with guacamole, lettuce, tomato, red onion & Swiss American cheese. Served on a fresh, pretzel bun.



## September BOWLING SPECIALS



### POWER HOUR

Thursdays in September

Get one hour of bowling for \$10 (Including shoe rental).

### GRANDPARENTS DAY September 9

Grandparent bowls FREE with a youth bowling game purchase.



Thunderbowl Bowling Center  
McCoy's Community Center  
(Bldg. 1571)

HOURS:  
Mon-Fri: 11 am - 11 pm  
Sat-Sun: 4 pm - 10 pm



www.mccoy.armymwr.com | 608-388-7060

## The Fort McCoy Child Development Center Has Current



### In the Infant, Toddler & Preschool Classrooms

The CDC is nationally accredited through the National Association for the Education of Young Children. We believe children learn best through play, so come play with us!

If you have questions or would like to schedule a tour, please contact Parent Central Services at 388-8956 or the Child Development Center at 388-2238.

The CDC provides care to children ages 6 weeks to 5 years. Hourly care is provided on a space-available basis. To register to use hourly care, please call Parent Central Services at 388-8956 to set up an appointment.



To request full time care, please go to [www.militarychildcare.com](http://www.militarychildcare.com) and sign up today!



Home | Facility Hours | Newspaper Archives | Search

>> CLICK HERE to view the latest edition





# OIL CHANGES \$15

Every Thursday from 1 - 8 pm | Automotive Skills Center (B1763)

Call x3013 to schedule an appointment

*Oil and filter must be supplied by customer*

## ARMY COMMUNITY SERVICE

Building: 2111 Phone: 388-3505

### CIRCLE OF SECURITY

Sep 7 | 8:30 am - 4 pm

Join us to strengthen your parent/child relationship. The training will cover relationship focused intervention to help parents understand their child's needs and create a lasting foundation. Register by calling x2412.



### THRIFT SAVINGS PLAN (TSP)

Sep 11 | 1 - 2:30 pm | B2111

In this class you will learn the basics of TSP, the 5 funds within TSP and how to sign up for TSP. To register call x3540.

### CONNECT THE TOTS

Sep 11, 18 and 25 | 9:30 - 11 am | B2161

Our playgroups contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and to help promote social-emotional skill building through play. Register by calling x2412.

### NEWCOMER'S ORIENTATION

Sep 12 | 8:15 am - 12:30 pm | B2111

The Newcomer Orientation is open to new installation personnel and their spouses. It provides briefings by representatives from various activities regarding the services they offer and includes a tour of the installation. Call x2359 to get registered.

### FINAL CLASS - FY 18 SHARP ANNUAL REFRESHER TRAINING

Sep 18 | 9 - 10:30 am | B2111

These are the last two scheduled classes of the fiscal year. FY18 SHARP Annual Refresher Training for all Soldiers and DA Civilians must be completed NLT Sep 30, 2018. Register by calling x8989.

### BLENDED RETIREMENT SYSTEM (BRS) OVERVIEW

Sep 19 | 1 - 3 pm | B2111

The BRS went into effect 1 January 2018. It combines a 20-year cliff-vested defined benefit annuity. Offers monthly retired pay with a defined benefit annuity. Contributes to portable Thrift Savings Plans. Offers government matching contributions. Call x3540 to register.

### BUILDING STRESS RESILIENCY: MAKING STRESS WORK FOR YOU

Sep 20 | 9 - 10:30 am | B2111

This workshop will help you learn: how to make stress work for you; understand how your body

responds to stress; how to manage different types of stress; and practice techniques for reducing stress-related tension. To register call x7262 by Sep 13.

### EMOTIONAL INTELLIGENCE AND IT'S IMPACT IN THE WORKPLACE

Sep 26 | 8 am - 12 noon | McCoy's, B1571

A fun, interactive, professional development course for anyone who has workplace challenges! Register by calling x6712.

## FORT McCOY Newcomer's Orientation

Open to all new installation personnel and their spouses. Provides briefings on the services available at Fort McCoy.



Offered the second  
Wednesday of each month,  
call ACS at 608-388-2359  
for more details.

**ICE** COMMENTS  
& FEEDBACK  
INTERACTIVE CUSTOMER EVALUATION



## Fort McCoy's COMMEMORATIVE AREA



### Check out:

- The History Center
- Veterans Memorial Plaza
- Equipment Park
- Five WWII-era buildings

## Open to the Public

Friday, Sept. 7: 9 a.m. to 4 p.m.  
Saturday, Sept. 15: 9 a.m. to 3 p.m.  
Friday, Sept. 21: noon to 4 p.m.



Learn about Fort McCoy's current missions & history.  
Located off of Hwy 21 between Sparta and Tomah.  
Visitors must have a valid ID and be approved for a visitor's pass. Call (608) 388-2000 for information on passes.



For details, call 608-388-2407 or send email to: [USARMY.MCCOY.IMCOM-CENTRAL.LIST.PAO-ADMIN@MAIL.MIL](mailto:USARMY.MCCOY.IMCOM-CENTRAL.LIST.PAO-ADMIN@MAIL.MIL)

## 'FEDS FEED FAMILIES' ACCEPTING DONATIONS

The 2018 "Feds Feed Families" food drive at Fort McCoy is now through Oct. 15.

The campaign is a voluntary effort by federal employees to donate nonperishable food items for distribution to local food banks.

Anyone can contribute items to the campaign. Most-requested food and household items donations are canned fruits, proteins, and vegetables; multigrain cereals; grains; soups; 100 percent juice; condiments; healthy snacks; baking goods; hygiene items; paper products; and paper products/household items. Items can be dropped off at the Fort McCoy Commissary, building 1537, during normal business hours.

In 2017, government agencies and employees donated more than 10.4 million pounds of food through the program. More than 2.8 million pounds of food were collected by all Department of Defense participating agencies.

For more information about the Feds Feed Families campaign, visit [www.usda.gov/our-agency/initiatives/feds-feed-families](http://www.usda.gov/our-agency/initiatives/feds-feed-families).



2018

**U.S. ARMY FORT MCCOY**

**Golf Tournament**

*Open to the public!*

**September 21 | 10 am**

**Hiawatha Golf Course**

**Tomah, WI**

**DINNER • HOLE COMPETITIONS • DOOR PRIZES**

## Support our Military!

**All funds generated are returned for quality of life programs for Soldiers and their Families.**

**FEES: \$55 per person** (plus green & cart fees)

**REGISTRATION:** Call Julie at 608-388-3696/2290 or send an email to [julie.a.pressler.naf@mail.mil](mailto:julie.a.pressler.naf@mail.mil)

**ENTRY DEADLINE:** September 17, 2018 (to be guaranteed dinner)

Sponsors (no endorsement implied):



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<div>  <div>Sept 2018</div> </div>						
Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
						1
2 CLOSURE	3 CLOSURE	4	5 Coffee and Color Club 8 Am	6	7 Birthday Blast – Noon	8
9 CLOSURE	10	11	12 Puppy Play 10am -4 pm	13	14 Knit and Sip Learn to knit 10 am	15 CLOSURE
16 CLOSURE	17 Reading Readiness Storybook recording ALL DAY	18	19 Minute to win it Best time wins Grab bag! ALL DAY	20	21 THANKS To our Donors	22
23 CLOSURE	24 Knit and sip learn to knit 10 am	25	26 USO Rocks Craft Night 6 pm	27	28	29

Knit and sip- Learn to knit. Cost \$5 for supplies you keep.  
Puppy Play- Come in and play with the Dogs.  
USO Rocks- Rock painting no skill needed.  
Birthday Blast- Come grab some cake if this is your birthday month!  
Reading readiness- Sign up and record a DVD story for your child.  
Coffee and Color- Adult coloring content and Starbucks coffee are a great combo.  
Thanks for Donors at Lacrosse USO- Invite only event.  
Minute to win it.- Got the best time? You could win a grab bag. Come get on the board.  
Thanks

**Office hours for OPEN USE:**  
Stop on in and check out a movie or grab some coffee we are open for general use  
**Monday/ Wednesday/ Friday 10am- 4 pm**  
**Tuesday/ Thursday/ Saturday**  
**Closed For Mobile reservations**  
All hours on this calendar are special event hours – all activities are held at 1501.

All Activities are held at BLDG 1501 (414) 477-7279





*Sunday, September 30th, 2018*

## REMEMBER & HONOR

### GOLD STAR MOTHERS & FAMILIES

*They are enduring and resilient legacies of their service member's sacrifice to our Nation.*



UNITED STATES ARMY INSTALLATION MANAGEMENT COMMAND  
[ArmyMWR.com/Survivor-outreach](http://ArmyMWR.com/Survivor-outreach)

