

# Fort McCoy MWR enews

- Pacebook
- Event Calendar
- ICE Comments

September 20, 2018 | www.mccoy.armymwr.com 608-388-7400 | No endorsement implied

The Fort McCoy Child Development Center Has Current



#### For Children Ages 2-5 in their Toddler & Preschool Classrooms.

The CDC is nationally accredited through the National Association for the Education of Young Children. We believe children learn best through play, so come play with us!

If you have questions or would like to schedule a tour, please contact Parent Central Services at 388-8956 or the Child Development Center at 388-2238.

The CDC provides care to children ages 6 weeks to 5 years. Hourly care is provided on a space-available basis. To register to use hourly care, please call Parent Central Services at 388-8956 to set up an appointment.





#### POWER HOUR BOWLING

Thursdays in September 11 am - 11 pm

**McCoy's Community Center Bowling Area** Strike it right! Get one hour of bowling for just \$10 per person (includes shoe rental).



#### EMOTIONAL INTELLIGENCE & IT'S IMPACT ON THE WORKPLACE

Sept 26 | 8:30 am - 12 pm

**McCoy's Community Center** 

Enjoy this interactive professional development course on the importance of emotional intelligence in your workplace. Register by Sept 21. Call ACS at 388-6712.



#### OKTOBERFEST SPECIAL

Oct 3 | 4 - 11 pm

**McCoy's Community Center** 

Join us for a taste of Oktoberfest! Enjoy a knockwurst, soft pretzel with cheese and a 16 oz. Oktoberfest WI Brewed Beer. \$12



#### PORT HURON BREWERY TOUR

Oct 13 | 12 - 7 pm | Pick up at McCoy's \$25 per person

Includes transportation, brewery tour and product sampling. Must be 21 years or older. Register by Oct 13 at 388-3011. All registrations are final - no refunds.

To request full time care, please go to www.militarychildcare.com and sign up today!



Follow us at: **Fort McCoy MWR** 



**COMMENTS** & FEEDBACK

#### RUMPEL FITNESS CENTER Building: 1122 Phone: 388-2290

#### TASTE OF FITNESS FREE FITNESS CLASSES

October 15 - 19 | 11:30 am & 3:30 pm FREE classes

Try out some new trending workouts at the fitness center at no charge.

October 15 - Liquid Gears

October 16 - 4x4 (1 minute of cardio, 1 minute of arms, 1 minute of legs and 1 minute rest)

October 17 - Lower Body Low Down

October 18 - Zumba Step



1 NIGHT - 2 FUN EVENTS!

#### OUTDOOR RECREATION Building: 8053 Phone: 388-3517/4498

#### NEW RENTAL ITEM: PADDLE BOARDS

Pine View Campground has paddle boards for rent. The daily rate is \$20 for military & DoD civilians / \$25 for the general public.

#### PINE VIEW HIDDEN TRAILS TRIP

October 20 | 1 pm \$10 adults, \$7 ages 4 - 10 years, 3 and under free Prepare to be amazed. Pine View Campground will take you to a local pumpkin patch where you will enjoy a wagon ride, venture through a corn maze and pick out the perfect pumpkin. Call 800-531-4703 to register for this day of family fun!

#### Mc**COY'S COMMUNITY CENTER** Building: 1571 Phone: 388-2065



#### MAD HATTER DAY

October 5 | 11 am - 1 pm Wear your most outrageous hat and receive \$2 off your lunch buffet.

#### **DISNEY WORLD TICKETS**



- 4 Day Ticket with Park Hopper \$216
- 4 Day Ticket with Park Hopper & Water Park \$252
- 5 Day Ticket with Park Hopper \$234
- 5 Day Ticket with Hopper & Water Park \$270

Tickets must be used by December 19, 2018. Eligible patrons include: active, reservist, military retirees, 100% disabled military, DoD civilians and retired DoD civilians. Call 388-3011 for more information.

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# BALLOON BOUQUETS

# Surprise someone with a Balloon Bouquet!

Call x2065 to order. Delivery available on Fort McCoy.

ARMY COMMUNITY SERVICE Building: 2111 Phone: 388-3505

#### TAKING CONTROL

Sep 25 | 1 - 2:30 pm | B2111 This is a debt management class. Topics to be covered include: how to do more with less, use debt as leverage and making debt work for you. Call x3540 to register.

#### CONNECT THE TOTS PLAYGROUP - FIELD TRIP

Sep 25 | 9:30 - 11 am

Join us on our field trip to Rex Moseley's Fruit and Vegetable Farm (23933 Cortland Ave, Warrens, WI) - transportation available. We will be leaving from the ACS Family building (B2161) parking lot at 9:30 am. There will be a limited number of seats in the van or you may follow the van to the location if you prefer. To register for a space on the van please call x2412 or e-mail click here to send an e-mail. No cost except if you choose to purchase your own apples.

# EMOTIONAL INTELLIGEN**CE AND IT'S IMPACT**IN THE WORKPLACE

Sep 26 | 8 am - **12 noon | McCoy's, B1571** A fun, interactive, professional development course for anyone who has workplace challenges! Register by calling x6712.

#### **CONSUMER RIGHTS**

Oct 3 | 1 - 2:30 pm | B2111

This workshop explains the importance of understanding consumers rights and protection laws. This workshop covers contracts, misleading advertising, scams, fraudulent claims and how to file consumer complaints. Call x3540 to register.

#### BLENDED RETIREMENT SYSTEM (BRS) OVERVIEW

Oct 9 | 1 - 3 pm | B2111

The BRS went into effect 1 January 2018. It combines a 20-year cliff-vested defined benefit annuity. Offers monthly retired pay with a defined benefit annuity. Contributes to portable Thrift Savings Plans. Offers government matching contributions. Call x3540 to get registered.

#### **NEWCOMER'S ORIENTATION**

Oct 10 | 8:15 am - 2 pm | B2111

The Newcomer Orientation is open to new installation personnel and their spouses. It provides briefings by representatives from various activities regarding the services they offer and includes a tour of the installation. Call x2359 to get registered.

#### STRENGTHENING PARENTING PRACTICES

Oct 11 | 11:30 am - 12:30 pm | B2111 In this workshop participants will learn: tools for solving everyday problems; how to talk to your child about difficult military lifestyle issues based on their development level; and how to manage our own emotions and aggressive responses when disciplining children. Call x7262 to get registered.

#### **DID YOU KNOW...**

One common myth is that a woman cannot rape a man. Any act that is perpetrated without consent is sexual assault; while the majority of perpetrators are male that does not mean that women have not or could not rape another person, anyone can be an offender. To find out more interesting facts contact SHARP at x8989 or x8951.





Contact your installation's Family Athonacy Program or WEHary Graffmann: 500-342-8847 | www.MEHaryGraffmann:





# Fort McCoy's COMMEMORATIVE AREA



#### Check out:

- · The History Center
- · Veterans Memorial Plaza
- · Equipment Park
- · Five WWII-era buildings

# Open to the Public

Friday, Sept. 7: 9 a.m. to 4 p.m. Saturday, Sept. 15: 9 a.m. to 3 p.m. Friday, Sept. 21: noon to 4 p.m.





#### Learn about Fort McCoy's current missions & history.

Located off of Hwy 21 between Sparta and Tomah. Visitors must have a vaild ID and be approved for a visitor's pass. Call (608) 388-2000 for information on passes.



For details, call 668-388-2407 or send email to: usasmy.mccoy.imcom-central.ust.pao-apmin@mail.mii



The 2018 "Feds Feed Families" food drive at Fort McCoy is now through Oct. 15.

The campaign is a voluntary effort by federal employees to donate nonperishable food items for distribution to local food banks.



2018

Anyone can contribute items to the campaign. Most-requested food and household items donations are canned fruits, proteins, and vegetables; multigrain cereals; grains;

soups; 100 percent juice; condiments; healthy snacks; baking goods; hygiene items; paper products; and paper products/household items.

Items can be dropped off at the Fort McCoy Commissary, building 1537, during normal business hours.

In 2017, government agencies and employees donated more than 10.4 million pounds of food through the program. More than 2.8 million pounds of food were collected by all Department of Defense participating agencies. For more information about the Feds Feed Families campaign, visit <a href="https://www.usda.gov/our-agency/initiatives/feds-feed-families">www.usda.gov/our-agency/initiatives/feds-feed-families</a>.











































### Sept 2018

Sun.	Mon.	Tue.	Wed.	Thu.	Fri.	Sat.
						1
2 CLRSTI	3 TORU	4	5 Coffee and Color Cub II Am	6	7 Birthday Blast — Noon	8
9 ELBSED	10	11	12 Puppy Play 10am -4 pm	13	14 Knit and Sip Learn to knit 10 am	15 (108H)
16	17 Reading Readings Storystook recording ALL DAY	18	19 Minute to win it. Best time wins Grab bag! ALL DAY	20	21 INANKS To our Domors	22
23 E10380	24 Enit and sig learn to knit 10 am	25	26 USO Hocks Craft Night 6 pm	27	28	29

Knit and sip-Learn to knit. Cost \$5 for supplies you keep. Puppy Play- Come in and play with the Dogs.

USO Blocks-Block painting no skill needed.

Birthday Blast-Come grab some case if this is your birthday month!

Reading readiness-Sign up and record a DVO story for your child. .

Coffee and Color- Adult coloring content and Starbucks coffee are a great combo. .

Thanks for Denors at Lacrosce USO-Invite only event.
Minute to win it: - Got the best time? You could win a grab bag.
Goine get on the board.
Thanks.

#### Office hours for OPEN USE:

Stop on in and check out a movie or grab some coffee we are open for general use Monday/ Wednesday/ Friday 10am-4 pm

Tuesday/Thursday/Saturday
Closed For Mobile reservations
hours on this calendar are special event hours —
all activities are hald at 1501.





Sunday, September 30th, 2018

# REMEMBER & HONOR

GOLD STAR MOTHERS & FAMILIES

They are enduring and resilient legacies of their service member's sacrifice to our Nation.







