

CYS SERVICES SNAP RESPIRATORY MEDICAL ACTION PLAN

(to be completed by Health Care Provider)

Child/Youth's Name

Date of Birth

Date

Sponsor Name

Health Care Provider

Health Care Provider Phone

Triggers (mark all that apply)

- | | | |
|--|--|--|
| ☐ Chalk dust/dust | ☐ Stinging insects | ☐ Pollens |
| ☐ Dust mites | ☐ Strong odors/fumes | ☐ Grass |
| ☐ Respiratory illness | ☐ Animals | ☐ Excessive play/exercise |
| ☐ Tobacco smoke | ☐ Molds | ☐ Anxiety |
| ☐ Food: _____ | ☐ Temperature/season/humidity changes | ☐ Others: _____ |

Medication is necessary when the child/youth has symptoms such as: (check all that apply)

- | | | |
|--|--|---|
| ☐ Excessive dry cough | ☐ Shortness of breath | ☐ Tightness in the chest |
| ☐ Wheezing (a whistling sound when the child breathes) | | |
| ☐ Mild chest retraction (child is "pulling in" chest while breathing) | | |
| ☐ Other: | | |
| ☐ Other: | | |

Medication/Treatment Plan

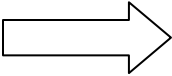
Administer the rescue med _____ as directed on prescription label on medication.

Route: ☐ Inhaler ☐ Inhaler with Spacer ☐ Nebulizer

☐ May Repeat one time in _____ minutes if symptoms still persist ☐ Do Not Repeat

- Administer rescue medication as prescribed
- Stay with child/youth
- Contact parents/guardian

Emergency Response

IF THIS HAPPENS 
GET EMERGENCY HELP
NOW
CALL 911

- Hard time breathing with:
 - Chest and neck pulled in with breathing
 - Child/Youth is hunched over
 - Child/Youth is struggling to breathe
- Trouble walking or talking
- Stops playing and can't start activity again
- Lips and fingernails are gray or blue

Follow Up

This Medical Action Plan must be updated/revised whenever medications or child/youth's health status changes. If there are no changes, the Medical Action Plan must be updated every 12 months.

Form Updated 21Jul 09

Name _____

RESPIRATORY MEDICAL ACTION PLAN ADDITIONAL CONSIDERATIONS

(to be completed by Health Care Provider)

Medications

For children requiring rescue medication, the medication is required to be at program site at all times while child is in care. For youth who self-medicate and carry their own medications, medication must be with the youth at all times. The options of storing "back up" rescue medications at program is available.

Field Trip Procedures

Rescue medications should accompany child during any off-site activities.

- The child/youth should remain with staff or parent/guardian during the entire field trip. ☐ Yes ☐ No
- Staff members on trip must be trained regarding rescue medication use and this health care plan.
- This plan must accompany the child on the field trip
- Other: _____

Self Medication for School Age Youth

- ☐ YES Youth can self medicate. I have instructed _____ in the proper way to use His/her medication. It is my professional opinion that he/she SHOULD be allowed to carry and self administer his/her medication. Youth have been instructed not to share medications and should youth violate these restrictions, the privilege of self medicating will be revoked and the youth's parents notified. Youth are required to notify staff when carrying medication.
- ☐ NO It is my professional opinion that _____ SHOULD NOT carry or self administer his/her medication.

Bus Transportation should be Alerted to Child/Youth's Condition.

- This child/youth carries rescue medications on the bus. ☐ Yes ☐ No
- Rescue medications can be found in: ☐ Backpack ☐ Waist pack ☐ On Person ☐ Other: _____
- Child/youth should sit at the front of the bus. ☐ Yes ☐ No
- Other: (specify) _____

Sports Events/Instructional Programs

Parents are responsible for having rescue medication on hand and administering it when necessary when the child/youth is participating in any CYS sports/instructional activity. Volunteer coaches/instructors do not administer medications.

Parental Permission/Consent

Parent's signature gives permission for child/youth personnel who have been trained in medication administration by the APHN to administer prescribed medicine and to contact emergency medical services if necessary. I also understand my child/youth must have required medication with him/her at all times when in attendance at CYS programs.

Youth Statement of Understanding

I have been instructed on the proper way to use my medication. I understand that I may not share medications and should I violate these restrictions, my privileges may be restricted or revoked, my parents will be notified and further disciplinary action may be taken. I am also required to notify staff when carrying or taking my medication.

I agree with the plan outlined above.

Printed Name of Parent/Guardian	Parent/Guardian Signature	Date (YYYYMMDD)
Printed Name of Youth (if applicable)	Youth Signature	Date (YYYYMMDD)
Stamp of Health Care Provider	Health Care Provider Signature	Date (YYYYMMDD)
Printed Name of Army Public Health Nurse	Army Public Health Nurse Signature (This signature serves as the exception to medication policy)	Date (YYYYMMDD)