



Fort McCoy MWR Enews

- ▶ Facebook
- ▶ Event Calendar
- ▶ ICE Comments

February 21, 2019 | www.mccoy.armymwr.com | 608-388-7400 | *No endorsement implied*

★★★★★
**Unlimited
Military**

50% OFF
Family Lines

50% off lines 2-6
Unlimited Basic rates.

Switch now

Paid Advertisement.
No Federal Endorsement
Implied. Restrictions apply.

Sprint

FORT McCOY JOB FAIR

★ MWR Positions ★ DA Civilians ★ AAFES Positions



February 27, 2019
12 pm - 6 pm
Whitetail Ridge Ski Chalet
(Bldg 8061)



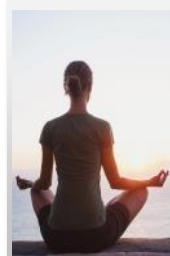
AER CAMPAIGN KICK-OFF BREAKFAST
Feb 27 | 8:30 - 9:45 am
McCoy's Community Center
All Soldiers on ACTIVE DUTY ORDERS
are invited to attend. Call ACS to register
at 608-388-2359 by February 22.



PEARL STREET BREWERY TOUR
Mar 16 | 11:30 am - 5 pm | \$20
Bus departs from McCoy's (B1571)
Includes transportation, brewery tour
& beer samples. Will stop for food (at
your own expense). Must be 21 years or
older. All registrations are final - no
refunds. Call 388-3011 to register.



TANGER MALL BUS TRIP
Mar 30 | 10 am - 4 pm | \$20
Bus departs from McCoy's (B1571)
Includes transportation to and from the
Tanger Outlet in the Dells. Lunch will be
at your own expense. Call 608-388-3011
to register - no refunds.



MIND-BODY WORKSHOP
Apr 8 | 10:30 am - 12 pm | Bldg 1571
Workshop based on the latest scientific
research showing emotional intelligence
can be improved through practicing mind-
body techniques. Free lunch buffet with
drink for attendees at 11:30 am.
Call 608-388-2359 to register by April 3.

MARCH BASKETBALL COMPETITIONS

March Madness Brackets: Bracket will be posted at the Fitness Center after Selection Sunday on March 10.
Brackets must be submitted before 8 pm on March 11. Prize awarded to the participant that accumulates the most points.

3v3 Basketball Tournament | March 13 | 4:30 pm
Min. 3 team members; max. of 5. Teams can be co-ed. Prizes for the first place team. Must be registered by March 11.

Super 8 | March 18 | Register for a time slot
Complete the following 8 shots: jump, 3 pointer, free throw, lay up, back board, swish, granny and fade away.

Hot Shots | March 19 | Register for a time slot
Shoot from designated areas with varying degrees of difficulty. Participant with highest score will receive a prize.

Free Throw Contest | March 20 | Register for a time slot
Participants have 1 minute to make as many free throws as possible.

All events held at Rumpel Fitness Center (Bldg 1122)
CALL 608-388-2290 FOR MORE DETAILS

RUMPEL FITNESS CENTER

Building: 1122 Phone: 388-2290

PUSH YOUR BOUNDARIES

Jan 2 - Mar 4 | \$25 Per Card

Rumpel Fitness Center

Purchase a fitness center punch card and fill the card by attending fitness classes. When the card is full, receive a Golden Ticket for a chance to win a \$50 Gift Card!

Not valid with any other promotion or punch card offer. For more information, call 608-388-2290 or stop by the front desk.



WEIGHTLOSS CHALLENGE

March 4 - May 13, 2019
Rumpel Fitness Center

A 10 week slim-down team challenge! The 2 person team with the highest percentage of weight lost will win prizes!

Winners will be announced at the Wellness Fair on May 13 at noon.

Register at the Rumpel Fitness Center

Participants will be weighed on March 4 and then again on May 13. For additional details, please call 608-388-3696.

McCoy's COMMUNITY CENTER

Building: 1571 Phone: 388-2065

FEBRUARY PIZZA & BOWLING PACKAGE

Wednesdays | 11am—Close | \$12

Beat the winter blues and join us at McCoy's Community Center for a 1 topping personal pan pizza, drink, 2 games of bowling & shoe rental.

FEBRUARY DRINK SPECIALS

Bleeding Heart \$4

Bacardi Apple, Cranberry Juice & Sierra Mist

Fat Frog \$5.50

Bacardi Apple, Blue Curacao, Pineapple Juice & Sierra Mist



FIESTA FRIDAYS
FRIDAYS IN MARCH | 4 PM - CLOSE
McCoy's COMMUNITY CENTER

Macho Nachos & Corona
\$9.25

OUTDOOR RECREATION

Building: 8053 Phone: 388-3517/4498

Cardboard Classic Sled Race

FEBRUARY 23, 2019
1 - 4 PM
WHITETAIL RIDGE SKI AREA

Show off your creative building skills by building a military-themed sled out of cardboard and racing against other teams! Open to the public.

- Two divisions: on-site and off-site build (no metal frames allowed).
- Prizes awarded to the sled that travels the farthest, the most creative military-themed sled and the ugly duckling-themed sled.

On-site builders will have from 1-2:30 pm to build their sleds. Can bring your own supplies; a limited amount of duct tape, cardboard and markers will be available. Races will start at 3 pm.

For details, visit www.mccoy.armymwr.com | 608-388-4498/3517

CHILI TASTE-OFF

February 23

11:30 am - 12:30 pm

Whitetail Ridge
Ski Area

If you think you have an award-winning chili recipe, come out and register on Feb 23 by 10:30 am and have your chili set up for sampling by 11:15 am.



Prizes awarded to the highest-rated chili and best presentation.

Call 388-6971/3517 for details.

ICE FISHING RENTALS

Looking for a fun Wisconsin activity to do this winter?
Fort McCoy has 10 lakes with a wide variety of fish.
Outdoor Recreation now offers ice fishing rental equipment to help you catch them!

ICE FISHING PACKAGE INCLUDES:

- Hand Auger
- 2 Fishing Poles
- Bucket w/ Seat
- Tackle
- Ice Skimmer

\$15 Military | \$20 Public

Daily Rate



ICE
INTERACTIVE CUSTOMER EVALUATION

**COMMENTS
& FEEDBACK**

The Real McCoy

Home | Facility Hours | Newspaper Archives | Search

>> CLICK HERE to view the latest edition

Bowling Birthday Parties



McCOY'S COMMUNITY CENTER (B1571) | CALL 608-388-7060 TO BOOK YOUR PARTY TODAY!

ARMY COMMUNITY SERVICE
Building: 2111 Phone: 388-3505

ACTS OF KINDNESS WORKSHOP

Feb 23 | 9:30 am - 4 pm | B2161 | (1 hour early start time for EFMP Families)

Only a couple spots left to join us to create greeting cards for Family & friends. Gain new ideas to make a difference in someone's day. Each attendee will also create a card/write a note to be sent to a deployed Service Member. Call x6507 to register.

CONNECT THE TOTS PLAYGROUP

Feb 26 | 9:30 - 11 am | B2161

Our playgroups contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and to help promote social-emotional skill building through play. Call 608-388-2412 to register.

LEADERSHIP TRAINING

Feb 27 | 8 - 11 am | B2111

Attention: New Commanders and Command Senior NCO Advisors. For convenience, the training block will fulfill all of the cited requirements in one training, Army Substance Abuse Program, Brief, Family Advocacy Brief, and SHARP Leadership Brief.

ARMY EMERGENCY RELIEF (AER) - CAMPAIGN KICK OFF

Feb 27 | 8:30 - 9:45 am | B1571

All Soldiers on ACTIVE DUTY ORDERS are invited to attend. Call ACS to register at 608-388-2359 NLT February 22. ACS is also providing UNIT REPRESENTATIVE TRAINING on Feb 19 and 26. Come learn about the new categories of support and the important role AER plays in overall readiness.

MILITARY SPOUSE EMPLOYMENT BRIEFING

Feb 27 | 9 - 10:30 am

South Post Community Center

This workshop is provided to help our Military Spouses better understand the Department of the Army hiring system and PPP-S (Priority Placement Program - Spouse). Call x7262 to register.

JOB FAIR

Feb 27 | 12 - 6 pm | Whitetail Ridge Ski Area Chalet, B8061 | Open to the public

See the job opportunities available on Fort McCoy: DA civilian openings as well as NAF and AAFES positions. Apply and interview on the spot. Call x4333 for more information.

TSP 2019 AND BEYOND

Mar 5 | 1 - 3 pm | B2111

This training will cover the new changes to the Thrift Savings Plans for 2019. It will cover: new limits, changes within the L Fund, exploration of the C-S-I-F-G Fund, understand ROI (return on investment), understand what is your risk tolerance, and consider if your money is working as hard as you do! Call 608-388-3505 to register. Instructed by Kevin Herman, AFC.

FY19 SHARP ANNUAL REFRESHER TRAINING

Mar 12 | 9 - 10:30 am | B2111

FY19 SHARP Annual Refresher Training for all Soldiers and DA Civilians must be completed NLT Sep 30, 2019. Register by calling x8951.

NEWCOMER'S ORIENTATION

Mar 13 | 8:15 am - 2 pm | B2111

The Newcomer Orientation is open to new installation personnel and their spouses. It provides briefings by representatives from various activities regarding the services they offer and includes a tour of the installation. Call x2359 to get registered.

MIND-BODY WORKSHOP

Apr 8 | 10:30 - 12 Noon | McCoy's Community Center

The goal of this workshop is to build awareness of the physical and emotional reactions to stress and trauma, and teach appropriate self-regulation and self-care. This training, limited to 20 participants, is a collaborative effort between the American Red Cross and Army Community Service for the benefit of the Fort McCoy community. Free lunch buffet with a drink for all registered attendees. Register no later than Apr 3.

LOVE AND LOGIC

May 16, 23 and 30 | 8:30 - 11:30 am

Raise children who are self-confident, motivated, and ready for the real world with this win-win approach to parenting. Your children win because they learn to solve their own problems while gaining confidence to meet life's challenges. You win by establishing healthy control—without resorting to anger, threats, nagging or exhausting power struggles. Must attend all 3 sessions. Call x6412 to register.

VOLUNTEER OPPORTUNITY

Looking for volunteers (including Families) to participate in a role-playing scenario at Fort McCoy on March 19. Curious? Interested? Contact lorie.l.retzlaff.civ@mail.mil or x6507 for more information.



#WEOWN FRIDAYS!

JOIN US FOR DINNER AND A MOVIE!
We will eat at Culver's and watch Captain Marvel in 3D!



March 8, 2019 | 4:30 pm - 9:30 pm
Culver's & Sparta Cinema 6
\$5 per student

Covers cost of movie. Please send additional money for Culver's meal.

4:30 pm: Depart Youth Center
5:00 pm: Dinner at Culver's
6:10 pm: Captain Marvel Movie (3D)
8:30 pm: Depart the Sparta Cinema
9:00 pm: Drop off at South Post Housing
9:30 pm: Drop off at Youth Center

Reserve your spot by returning the permission slip and payment by March 1.

Open to 6th-12th graders. Must be registered with CYS. Minimum of 6 kids / maximum of 12. Permission slips must be signed and returned to CYS.









For questions, please call 608-388-4373

U.S. NAVAL SEA CADETS
OPEN HOUSE

Boys & Girls Ages 10-17
Bring your parent(s)

Saturday, February 23, 2019

Coulee Christian School
230 W. Garland St.
West Salem, WI 54669

Arrive by 10am (2 Hour Event)

Snacks • Beverages

Videos • Demos

Hands-On • Meet Cadets

Learn more about the program and consider joining us!
For more information, contact Tom Sweeney 608-788-1274
www.seacadets.org

