

# ARMY COMMUNITY SERVICE News



MARCH 2019 EDITION

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## **CONNECT THE TOTS: PLAY GROUP**

**5, 12 and 19 Mar | 0930 - 1100 | B2161**

New to the area? Want to connect with other parents? Our playgroup contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and promote social/emotional skill building. If you are looking for something to do with your children ages 4 and younger please join us at the ACS Family building. To register, [click here](#) to send an e-mail or call x2412.



## **TSP 2019 AND BEYOND**

**5 Mar | 1300 - 1500 | B2111**

This training will cover the new changes to the Thrift Savings Plans for 2019. It will cover: new limits, changes within the L Fund, exploration of the C-S-I-F-G Fund, understand ROI (return on investment), understand what is your risk tolerance, and consider if your money is working as hard as you do! Call x3505 to register. Instructed by Kevin Herman, AFC.

## **FY 19 SHARP ANNUAL REFRESHER TRAINING**

**12 Mar | 0900 - 1030 | B2111**

FY19 SHARP Annual Refresher Training for all Soldiers and DA Civilians must be completed NLT 30 Sep 19.



## **NEWCOMER'S ORIENTATION**

**13 Mar | 0815 - 1400 | B2111**

The Newcomer Orientation is open to new installation personnel and their spouses. It provides briefings by representatives from various activities regarding the services they offer, includes a tour of the installation as well as breakfast and lunch. Call x2359 to register.

## **MILITARY SPOUSE EMPLOYMENT BRIEFING**

**27 Mar | 0900 - 1030 | B2111**

This workshop is provided to help our Military Spouses better understand the Department of the Army hiring system and PPP-S (Priority Placement Program - Spouse). Call x7262 to register.

## **MIND-BODY WORKSHOP**

**8 Apr | 1030 - 1200 | McCoy's Community Center, B1571**

The goal of this workshop is to build awareness of the physical and emotional reactions to stress and trauma, and teach appropriate self-regulation and self-care. This training, limited to 20 participants, is a collaborative effort between the American Red Cross and Army Community Service for the benefit of the Fort McCoy community. Free lunch buffet with a drink for all registered attendees. Register no later than 3 Apr.

## **FAMILY READINESS GROUP (FRG) FOUNDATIONS TRAINING**

**26 Apr | 0800 - 1530 | B2111**

New training curriculum released by IMCOM in Jan 2017. All previously trained FRG Leaders are encouraged to attend, in addition to new FRG leaders. Register by 19 Apr by calling x6712.

## **ACTS OF KINDNESS WORKSHOP— RESCHEDULED!!**

**16 Mar | 0930 - 1600 | B2161**

Create greeting cards for Family and friends as well as a card/note to be sent to a deployed service member. Learn about volunteering and other acts of kindness to share throughout the year! Sign up for a 2-3 hour block of time. One hour early start time for EFMP Families. Call x6507 or [click here](#) to send an e-mail to register.

## **PCS OPEN HOUSE**

**1 May | 1100 - 1300 | McCoy's Community Center, B1571**

Do you have orders to PCS from Fort McCoy to a new duty location? Stop by during our open house to pick up information on your new location. Representatives from EFMP, the Passport Section, Personal Property Office, Housing Office, and the School Liaison Officer will be available. Info tables, children's relocation materials, maps, and other items will also be available. For more info or to register call x2359.

## **MARK YOUR CALENDAR**

[Parenting the Love & Logic Way](#) - 16 May  
[REAL: Readiness Essentials for Army Leaders](#) - 21 May  
[Leadership Training](#) - 22 May  
[Army Family Action Plan Conference \(AFAP\)](#) - 5 Nov

## **VOLUNTEER OPPORTUNITY**

Looking for volunteers (including Families) to participate in a role-playing scenario at Fort McCoy on March 19. Curious? Interested? Call x6507 for more information.

## **INCREASE YOUR LEARNING POWER!**

Army Community Service's Resource Library contains a wide variety of topics including:

- ✓ Deployment
- ✓ Employment
- ✓ Finance
- ✓ Parenting
- ✓ Relocation
- ✓ Resiliency
- ✓ And More!

We also have a selection of children's books. Books can be checked out for a one month period.

