

ARMY COMMUNITY SERVICE News



APRIL 2019 EDITION

[FACEBOOK](#) | [ICE COMMENTS](#)

HEALTHY RELATIONSHIPS FOR TEENS AND PARENTS

1 Apr | 1800 - 1930 | South Post Community Center

Come learn about issues such as bullying, cyberbullying and identifying healthy relationships. Our speaker will be Jane Straub. For more information or to register please call x2412.

MIND-BODY WORKSHOP

8 Apr | 1030 - 1200 | McCoy's Community Center, B1571

The goal of this workshop is to build awareness of the physical and emotional reactions to stress and trauma, and teach appropriate self-regulation and self-care. This training, limited to 20 people, is a collaborative effort between the American Red Cross and ACS for the benefit of the Fort McCoy community. Free lunch buffet with a drink for all registered attendees. Register by calling x2359 by 3 Apr.

CONNECT THE TOTS: PLAY GROUP

9 and 16 Apr | 0930 - 1100 | B2161

New to the area? Want to connect with other parents? Our playgroup contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and promote social/emotional skill building. If you are looking for something to do with your children ages 4 and younger please join us at the ACS Family building. To register, [click here](#) to send an e-mail or call x2412.



NEWCOMER'S ORIENTATION

10 Apr | 0815 - 1400 | B2111

The Newcomer Orientation is open to new installation personnel and their spouses. It provides briefings by representatives from various activities regarding the services they offer, includes a tour of the installation as well as breakfast and lunch. Call x2359 to register.

DENIM DAY

24 Apr

In an effort to bring awareness to those that have been affected by sexual violence, Garrison Civilians are authorized to wear denim on this day. Stop by Building 2111 to pick up a sticker or at McCoy's beginning 1 Apr.

FAMILY READINESS GROUP (FRG) FOUNDATIONS TRAINING

26 Apr | 0800 - 1530 | B2111

New training curriculum released by IMCOM in Jan 2017. All previously trained FRG Leaders are encouraged to attend, in addition to new FRG leaders. Register by 19 Apr by calling x6712.

SHARP FUN RUN

30 Apr | 0700 | Rumpel Fitness Center

Let's band together and bring awareness to the Army SHARP Program. Come out and show your support!



APRIL AWARENESS KICKOFF EVENT



ALCOHOL
AWARENESS



AUTISM



CHILD
ABUSE



SEXUAL
ASSAULT

**2 Apr | 0900 - 1100 OR 1300 - 1500
| B60 | [Click here](#) for more information**

PCS OPEN HOUSE

1 May | 1100 - 1300 | McCoy's Community Center, B1571

Do you have orders to PCS from Fort McCoy to a new duty location? Stop by during our open house to pick up information on your new location.

Representatives from EFMP, the Passport Section, Personal Property Office, Housing Office, and the School Liaison Officer will be available. Info tables, children's relocation materials, maps, and other items will also be available. For more info or to register call x2359.

FY 19 SHARP ANNUAL REFRESHER TRAINING

7 and 29 May | 0900 - 1030 | B2111

FY19 SHARP Annual Refresher Training for all Soldiers and DA Civilians must be completed NLT 30 Sep 19.

MARK YOUR CALENDAR

Internet Safety - 9 May

Parenting the Love & Logic Way - 16 May

REAL: Readiness Essentials for Army

Leaders - 21 May

Leadership Training - 22 May

Internet Safety for Teens - 24 Jun

A Robot Like Me (Anti-Bullying) - 16 Aug

Army Family Action Plan Conference

(AFAP) - 5 Nov

NCOA'S S.A.F.E. CHALLENGE OBSTACLE COURSE

26 Apr 19 | 1300 - 1630 | NCO Academy Grounds

April Awareness event - get involved to show your support! Call x2812 for info.