



**GARY SINISE**  
\* FOUNDATION \*

**P R E S E N T S**

# **MILITARY FAMILY NIGHT**

**CALLING ALL ACTIVE SERVICE MEMBERS & THEIR FAMILIES!**

The Gary Sinise Foundation is providing a free meal at

## **WHITETAIL RIDGE**

### **THURSDAY, FEB 26 | 4PM**

Food is limited & available on a first come first served basis!



**50%  
OFF TUBING  
TO ALL ACTIVE SERVICE  
MEMBERS & THEIR  
FAMILIES!**

**502.898.3517**



**@FortMcCoyMWR**



# WHITETAIL RIDGE SKI AREA'S GRADE **A** SNOW DAYS

**ATTENTION STUDENTS!**  
Bring in your current report card with at least one A (or equivalent) and  
**Get a FREE Tubing Pass!**

JAN 9 4-8PM | FEB 6 4-8PM | MAR 6 4-8PM

**WHITETAIL RIDGE SKI AREA  
FORT MCCOY, WI**

One free pass per child per season (Grades K-12).  
Not valid with any other offer or promotion. Offer ends March 6, 2026.

@FortMcCoyMWR  
mccoy.armymwr.com | 502-898-4498



## RUMPEL FITNESS CENTER FITNESS CLASSES

ALL CLASSES ARE FREE

**MONDAYS**  
CRUNCH TIME 6:00 - 6:30 AM

**TUESDAYS**  
FITNESS FUSION 3:30 - 4:00 PM

**WEDNESDAYS**  
LIQUID GEARS 4:00 - 4:30 PM

**THURSDAYS**  
SPIN 3:30 - 4:00 PM

@FortMcCoyMWR mccoy.armymwr.com

# EASTER EGGSTRAVAGANZA



**MCCOY'S COMMUNITY CENTER  
MARCH 28, 2026 from 9-11 AM**

DOORS OPEN  
BREAKFAST SERVICE BEGINS

**9:00 am**

EGG HUNTS BEGIN

**9:15 am**

502-898-2065 [mccoy.armymwr.com](http://mccoy.armymwr.com)

ACTIVITIES & CRAFTS.  
PICTURES WITH THE EASTER  
BUNNY & MORE!

BREAKFAST BUFFET SPECIALS  
**\$10 ADULT**  
**\$5 CHILDREN** AGES 6 - 12  
KIDS 5 AND UNDER EAT FOR FREE!



Separate Egg Hunt for Children with  
Special Needs and Ages 0-2.



RUMPEL FITNESS CENTER



OPEN PLAY VOLLEYBALL

Lace up and get in on the action with high-energy pickup basketball!

4:00 - 6:00 PM

DATES:

JAN 8 · FEB 5 · MAR 5 · APR 2 · MAY 7



OPEN PLAY BASKETBALL



Lace up and get in on the action with high-energy pickup basketball!

4:00 - 6:00 PM

DATES:

FEB 12 · MAR 12 · APR 9 · MAY 14



OPEN PLAY PICKLEBALL



Lace up and get in on the action with high-energy pickup basketball!

4:00 - 6:00 PM

DATES:

JAN 22 · FEB 19 · MAR 19 · APR 16 · MAY 21

502.898.2290



@FortMcCoyMWR



# Crafting Your Resilience



## Family Time = Fun Time!

Join us...At the workshop we will teach a resilience skill (goal setting, communication, mindfulness, character strengths, etc.) along with a craft. Work on that craft or pick something else from all the other options available!

Crafts Available: Scrapbooking, wood craft, canvas painting, beading, hand stamping, journaling, and so much more!

**March 14, 2026 | 9AM - 12PM**

EFMP Families are welcome to come at 8am for an early start

**ACS Family Building, 2161 South J St**

To Register Call 502-898-6712 or email [lorie.l.retzlaff.civ@army.mil](mailto:lorie.l.retzlaff.civ@army.mil)



Pre-registration required the Wednesday before the workshop. Samples/ideas provided. Bring your own projects to work on if desired. Class size is limited. Children must be accompanied by an adult. ACS events are open to Military, Retirees, Civilian workforce, Family Members and registered Fort McCoy Volunteers, unless otherwise stated. For information on upcoming training opportunities through ACS, go to <https://mccoymwr.com> and click on Calendar.



**NEW PARENT SUPPORT**

For Families with Children **AGES 0-4**

# Play mornings

Our playgroup offers toys, books, and other materials to help strengthen your child's social-emotional skills, creativity, play and cognitive development. Parents will learn about child developmental stages, gain tools to help understand their child's behavior, and become empowered to transition their child to enter school, "ready to learn."

**WINTER IS HERE!** Looking for a friendly place where your child can play, learn, and make new friends? Come join our Playgroup- a welcoming space where kids can explore, create, and enjoy themselves in a safe environment.

**UPCOMING DATES**  
**December 2, 9, 16**  
**January 6, 13, 20**  
**February 3, 10, 17**  
**March 3, 10, 17**  
Playgroups held from 10 am - 12 pm at the ACS Family Building (B2161)

**TO REGISTER:**  
Call 502-898-2412/3505 or email [brittany.r.sonie.civ@army.mil](mailto:brittany.r.sonie.civ@army.mil)



To report child abuse, call your Family Advocacy Program: 502-898-2412. After hours and weekends, call Child Protective Services: 608-269-8600 or 911.

[www.mccoymwr.com](http://www.mccoymwr.com) | 502-898-3505



## ARMY COMMUNITY SERVICE'S RELOCATION READINESS PROGRAM

# NEWCOMER'S ORIENTATION

Learn about all of the programs and services the Fort McCoy community has to offer!

2026 DATES	
Jan 14	Feb 11
Mar 11	Apr 8
May 13	Jun 10
Jul 8	Aug 12
Sep 9	

All sessions held from **8:00 am - 1:00 pm**  
**McCoy's Community Center**  
Open to all new Military and Civilian personnel. Spouses are highly encouraged to attend.

Breakfast provided by RIA Federal Credit Union  
No endorsement implied

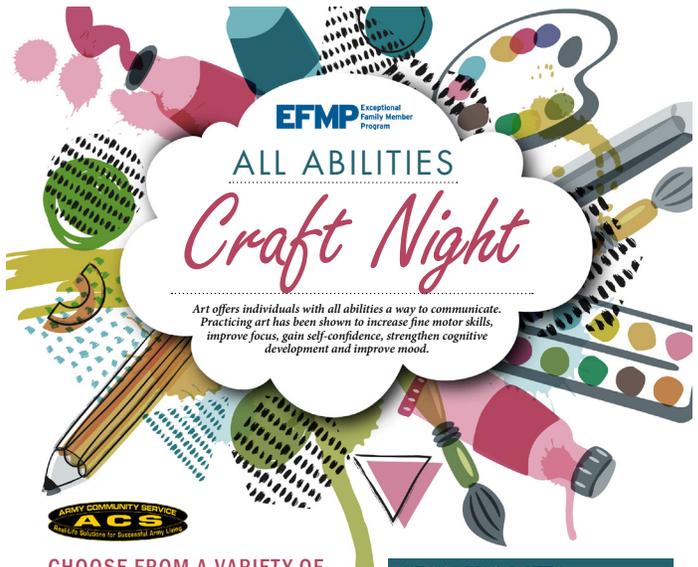


ACS events are open to Military, Retirees, Civilian workforce, Family Members, Survivors, and registered Fort McCoy Volunteers unless otherwise stated. Employees must contact their supervisors regarding absences from work centers. For information on upcoming training opportunities through ACS please go to <https://mccoymwr.com> and click on Calendar.

Return completed registration form to Army Community Service (B2111) or email to: [jesse.kogundu.civ@army.mil](mailto:jesse.kogundu.civ@army.mil)

Name: \_\_\_\_\_ Number Attending: \_\_\_\_\_  
 Unit/Directorate: \_\_\_\_\_ Rank: \_\_\_\_\_  
 Day Phone: \_\_\_\_\_ Email Address: \_\_\_\_\_ Date Attending: \_\_\_\_\_

Call ACS at 502-898-2359 for more information



EFMP Exceptional Family Member Program

ALL ABILITIES

# Craft Night

Art offers individuals with all abilities a way to communicate. Practicing art has been shown to increase fine motor skills, improve focus, gain self-confidence, strengthen cognitive development and improve mood.

**CHOOSE FROM A VARIETY OF ART PROJECTS INCLUDING:**

- Sensory Crafts
- Seasonal / Holiday Crafts
- Painting & Coloring
- Scrapbooking & Stamping
- Diamond Art
- And Much More!

UPCOMING DATES

**February 18 and March 18, 2026**

**4:30 pm - 7:00 pm**

**ACS Family Building (B2161)**



Army Community Service (ACS) events are open to Military, Retirees, Civilian workforce, Family members and registered Fort McCoy Volunteers, unless otherwise stated.

**TO REGISTER, PLEASE CALL ACS AT 502-898-7262**  
or send an email to: [sarah.l.wiedenfeld.civ@army.mil](mailto:sarah.l.wiedenfeld.civ@army.mil)



# SOLDIER & FAMILY FUN NIGHT

Open to all Soldiers & their Families!

## MARCH 13 | McCOY'S COMMUNITY CENTER

### DOORS OPEN 4:30 PM

Active Service Members and their families will receive a free buffet dinner, courtesy of the *Gary Sinise Foundation*.

Meals will be available on a first come, first served basis.

### MOVIE BEGINS 5:30 PM

Bring blankets and chairs to get cozy! Kiddos are welcome to bring their favorite stuffed animal to enjoy a screening of *The Secret Life of Pets*!



## PLUS FREE BOWLING!

502.898.7673



@FortMcCoyMWR



AVAILABLE DURING THE  
**MONTH OF FEBRUARY**



# CHICKEN TERIYAKI SANDWICH



**\$9.50**

MAKE IT  
A COMBO  
FOR JUST  
**\$3.50**

**McCOY'S COMMUNITY CENTER**