



Fort McCoy MWR Enews

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December 26, 2019 | www.mccoy.armymwr.com | 608-388-7400 | *No endorsement implied*



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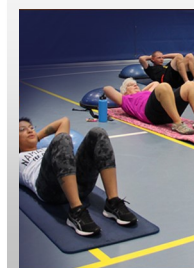
Late Winter Farmer's Market
Bus Trip to Madison, WI



Jan 25, 2020
7 am - 1:30 pm

Pick up and drop off location:
McCoy's Community Center (B1571)
\$5 PER PERSON

TO REGISTER OR FOR MORE DETAILS, CALL 608-388-3011



FREE ABS CLASSES

January | Rumpel Fitness Center
Make 2020 your great beginning!
We are offering free ABS classes on
Mondays & Wednesdays from 11:30
am–12:00 pm throughout the month
of January.



PINE VIEW CAMPGROUND 2020 RESERVATIONS

Register early and rent a campsite, a
spacious camper or one of our beautiful
cabins. Call 608-388-3517 or register
online at mccoy.armymwr.com to ensure
you reserve the dates you want for 2020!

RUMPEL FITNESS CENTER



CRAZY 8
FITNESS CHALLENGE

Pick Any 8!
In the first 8 months of 2020,
we challenge you to complete
8 of our events or programs!

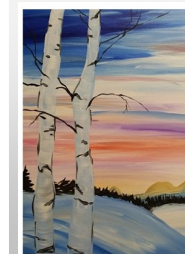
*Participants that successfully complete the challenge
will be recognized and receive an award.*

OPEN TO ALL MWR AUTHORIZED PATRONS
Register at the Fitness Center BEFORE participating in events.
Challenge runs from January - August 2020.



RUN, SPLASH, FLIP—3 DAY TEAM CHALLENGE

Jan 21–23 | Rumpel Fitness Center
Run 5K on the treadmill, swim 500 meters
and flip a tire for 1 minute. This is a team
event and you must have 1 male and 1
female. Register by calling Rumpel Fitness
Center at 608-388-2290.



SIT, SIP, PAINT CANVAS PAINTING PARTY
January 24 | 5:30 pm Social Hour
6:30 pm Painting Begins | \$35 Per Person
McCoy's Community Center
Follow a step-by-step demonstration by
professional artist, Linda Oldenburg, and
leave with your own 16" x 20" masterpiece!
Call 608-388-2065 to register.

OUTDOOR RECREATION

Building: 8053 Phone: 388-3517/4498

SNOWSHOEING FOR BEGINNERS

Jan 4 | 10 am

Join us for a one hour class designed for individuals that would like to learn the proper way to snowshoe. Topic include: Parts of the snowshoe, choosing the proper fit and basic hiking techniques. Class is free to attend. A limited number of snowshoes are available to rent for \$10/day.

WINTER EXTRAVAGANZA

Jan 25 | 12 pm - 4 pm

Come out and spend the afternoon tubing, skiing and snowboarding. Plus, compete in a variety of contests including a Kid's Snow Pile Dig, Slalom Race and Tubing Races. We will also have crafts available for the kiddos from 1-3 pm. Door prize drawing will also take place along with prizes awarded for the contests.

WHITETAIL RIDGE PRICE LIST

2019-20 Season

DAILY PASSES	Public	Mil/DoD
LIFT + TUBING		
Friday	\$27	\$20
Saturday	\$37	\$30
Saturday Evening (3 - 9 pm)	\$27	\$20
Sunday	\$27	\$20
TUBING		
<i>Anyone under 38" tall must have a waiver signed by a legal guardian</i>		
Friday or Sunday	\$12	\$10
Saturday	\$17	\$15
Family/Group of 4 Day Pass (Sunday Only)	\$40	\$30
Snow Day (If School Is Cancelled)	\$12	\$10
EQUIPMENT RENTAL		
Snowboards, Skis, Snowshoes or Cross Country Skis	\$10	\$10
Helmets, Boots, Poles	\$5	\$5

SEASON PASSES

NEW THIS YEAR!
Season passholders receive an Intro to Skiing/
Snowboarding Class as well as exclusive ski hill
access on Thursday evenings.

	Public	Mil/DoD
Single Lift + Tubing	\$250	\$150
Additional Family Member Lift + Tubing	\$125	\$75

HOURS OF OPERATION

Thursday: 2 - 8 pm (Open to Season Pass Holders ONLY)
Friday: 3 - 9 pm | Saturday: 11 am - 9 pm | Sunday: 11 am - 5 pm

Open to the Public! | 800-531-4703 | www.mccoy.armymwr.com

INTERESTED IN
HAVING A PARTY AT
WHITETAIL RIDGE?
Ask a staff member
about our Group Rates.



McCOY'S COMMUNITY CENTER

Building: 1571 Phone: 388-2065

WINTER DRINK SPECIALS

RUMCHATA HOT CHOCOLATE \$4.50

RumChata, Hot Chocolate & Whipped Cream

EGG NOG MUDSLIDE \$5.50

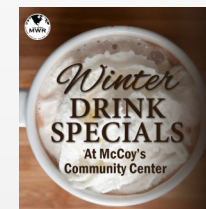
Kahlua, Smirnoff Vodka, Eggnog,

Whipped Cream & Nutmeg

BAILEY'S IRISH COFFEE \$7.00

Bailey's Irish Cream, Jameson

Whiskey, Coffee & Whipped Cream



AVAILABLE THRU JANUARY 2020

ULTIMATE PORK SANDWICH

Seasoned pulled pork topped with bacon pieces and creamy cheddar cheese on a specialty bun.



\$8.50

MAKE IT A
COMBO FOR
\$2.50 MORE!

Includes fries and a drink

CHILD & YOUTH SERVICES

Building: 1668 Phone: 388-8956

FORT MCCOY CYS YOUTH CENTER

Paint & Play!

#WEOWNFRIDAYS!

Friday, January 31, 2020
Fort McCoy CYS Youth Center

SOMETHING FOR EVERYONE!
Open Gym, Billiards, PS4, Wii, Xbox,
Board Games & Card Games.

4:30 - 8 pm: Open Choice
5 - 6 pm: Dinner
8 pm: Pick Up Youth

Bring a friend!*

*Must be signed to become a CYS member.
Open to ages 12th graders. Must be registered with CYS. Payment & permission slip
(reverse side) must be signed and returned to CYS by January 24.

For questions, please call 608-388-4373

#WEOWNFRIDAYS! YOUTH VOLUNTEER AWARD CERMONY

Jan 10 | 4:30 pm-8:30 pm | Fort McCoy CYS Youth Center

Join us for a night to honor Fort McCoy's Youth Volunteers. Parents and Family are welcome to attend. Reserve your spot by January 3. For questions, please call 608-388-4373.

SKI & SNOWBOARD LESSONS

Tuesday & Thursdays from Jan 14-30, 2020 | 4:45-5:45 pm

Whitetail Ridge Ski Area, Fort McCoy | Cost: \$110 (with equipment rental) \$100 (without equipment rental-must bring your own)

Grades: 1st-12th

Does your child want to learn how to ski or snowboard? Lessons will be taught by trained instructors at the Whitetail Ridge Ski Area. Parents or Guardians are responsible for providing transportation to and from lessons. Space is limited to 10 children per class so call 608-388-4373 to register today! Payment is due at time of registration and is non-refundable. Youth must be registered with CYS-please call Parent Central Services at 608-388-8956 to register.

Bowling Birthday Parties



McCOY'S COMMUNITY CENTER (B1571) | CALL 608-388-7060 TO BOOK YOUR PARTY TODAY!

ARMY COMMUNITY SERVICE
Building: 2111 Phone: 388-3505

CONNECT THE TOTS PLAYGROUP

Jan 7, 14, 21 & 28 | 10 am - 12 pm | B2161

Our playgroup contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and to help promote social-emotional skill building. Through play, transitions, circle time and songs and activities, and informal conversations, parents learn about developmental ages and stages, gain tools to help understand their child's behavior and become empowered to prepare the family and child to enter school "ready to learn". Call x7262 for more information.

READINESS ESSENTIALS FOR ARMY LEADERS

3RD Tuesday of every Month | 10 am - 12 pm | B2111

For Command teams, Soldiers, and Family members holding or wanting to hold positions in the Unit's SFRG, or if you just want to learn more about how SFRGs can improve your readiness, this is your opportunity to receive the required training under the current program! Call x6712 for more details.

NEWCOMER'S ORIENTATION

Jan 8 | 8:15 - 2 pm | B2111

The Newcomer Orientation is open to new installation personnel and their spouses. It provides briefings by representatives from the local chambers of commerce and installation activities regarding the ser-

vices they offer, includes a tour of the installation as well as breakfast and lunch. Call x2359 to register.

RESILIENCE & THE "GOOD STUFF" WORKSHOPS

Jan 9 | 9 - 11 am | B2111

Join us to learn how to build your resilience at a series of workshops to teach specific skills. Come to a few or come to them all. Hunting the Good Stuff on 9 Jan will focus on how to counter the negativity bias, create positive emotion and notice and analyze what is good thereby increasing optimism. At the Goal Setting Workshop on 23 Jan, you will learn how to identify, plan for and commit to the pursuit of a goal that results in more optimal performance, sustained motivation and increased effort. To register call x6507.

STARTING OR GROWING A VETERAN-OWNED BUSINESS

Jan 15 | 8 am - 4 pm | B2111

Veterans have character, discipline and skills needed to succeed as small business owners and entrepreneurs. Wondering what it takes and how you can prepare? For more details call x7262.

FAMILY VALENTINE CARD WORKSHOP

Jan 25 | 9:30 am - 4 pm | B2161

Spend time as a Family! All materials are supplied and class size is limited. Register by Jan 21. Children must be accompanied by an adult. Call x6507 for more details.

TSP 2020

Jan 24 | 1 pm - 3 pm | B2111

Learn what's new with the Thrift Savings Plan, what you risk/comfort level is, and how you can take control of your investments to maximize returns. Call x3505 to register.


THE ACS OFFICE WILL BE CLOSED

Dec 24 and 25 for the Christmas holiday and Jan 1 for New Year's Day.

ARMY COMMUNITY SERVICE

Lending Closet

We temporarily loan housekeeping items to incoming or outgoing Fort McCoy employees while their items are in transit.



ITEMS AVAILABLE INCLUDE:

Air Mattresses	Irons & Ironing Boards
Tables & Chairs	High Chairs
Dish Packs	Infant Pack n Plays
Vacuum Cleaners	

STOP IN TO ACS OR CALL 608-388-2359 TO LEARN MORE.



COMMENTS & FEEDBACK

INTERACTIVE CUSTOMER EVALUATION



Wisconsin

USO Forum Meeting

Date: January 7th

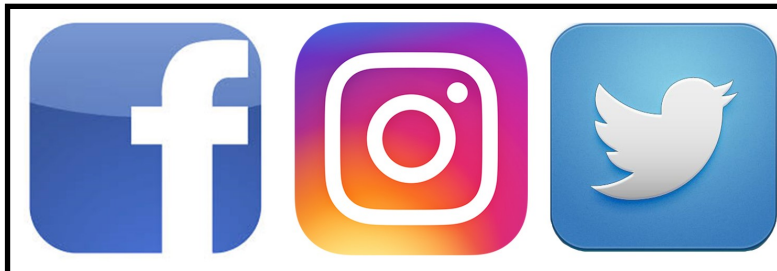
Time: 9 am

Location: Firehouse building 1680

Open to all Military Units, Military Family support offices, or other official organizations at Fort McCoy that has events or activities that the USO could support. This list is not exclusive (I.E. Boss, Friends and Spouses, ACS, CYCS, ROTC, NCO, WMA, Units [AR, RES, NG]).

Purpose: Get assistance from the USO and other agencies all in one visit for your unit functions in the first Quarter of the year.

Register at www.usowisconsin.eventbrite.com



**Follow us at:
Fort McCoy MWR**

FORT McCOY Newcomer's Orientation



Open to all new installation personnel and their spouses.
Provides briefings on the services available at Fort McCoy.



Offered the second
Wednesday of each month,
call ACS at 608-388-2359
for more details.



SHOW YOUR
Pride & Honor!

Shirts available at the McCoy's Community Center (B1571).
Prices vary by shirt design and size.