



Fort McCoy MWR Enews

- ▶ Facebook
- ▶ Event Calendar
- ▶ ICE Comments

January 9, 2019 | www.mccoy.armymwr.com | 608-388-7400 | *No endorsement implied*





WINTER Extravaganza

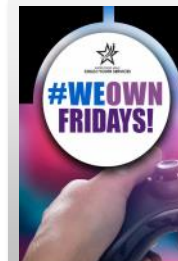
JANUARY 25, 2020 | 12 - 4 PM
WHITETAIL RIDGE SKI AREA | FORT MCCOY, WI

Competitions | Free Ski Lessons | Food Specials | Door Prizes



LATE WINTER FARMER'S MARKET

Jan 25 | 7 am-1:30 pm | \$5 per person
Join us for a bus trip to the Farmer's Market in Madison, WI. Pick up and drop off is at McCoy's Community Center. For questions, call 608-388-4373. Register by calling 608-388-3011 at least one week prior to the trip.



#WEOWNFRIDAYS! PAINT & PLAY!

Jan 31 | 4:30 pm - 8:30 pm | Bldg 1792
Join us for a night with something for everyone: painting, open gym, billiards, PS4, Wii, Xbox, board and card games. Open to 6th-12th graders. Reserve your spot by returning a permission slip by Jan 24. For questions, call 608-388-4373.



PHIL 5K TREADMILL RACE

Feb 3 | Rumpel Fitness Center
Register for a start time by calling 608-388-2029 or at the Fitness Center's Front Desk. Times will be recorded, and prizes will be awarded to the fastest male and female runner.



DISNEY & UNIVERSAL TICKETS

Contact Leisure Travel Services for discounts at Disney World, Universal and Disney Land. Call 608-388-2029 or 608-388-3011 for more information on how to order.

JANUARY BOWLING SPECIALS



HYPERBOWLING SPECIAL

Tuesdays in January
Come try the new, exciting way to bowl!
\$5 per 1/2 hour

THROW BACK THURSDAYS

Thursdays in January
\$2.50 per game

McCoy's Community Center Bowling Area | Building 1571 | 608-388-2065 | www.mccoy.armymwr.com



INTERACTIVE CUSTOMER EVALUATION

COMMENTS & FEEDBACK

RUMPEL FITNESS CENTER

Building: 1122 Phone: 388-2290



RUN, SPLASH, FLIP 3-DAY TEAM CHALLENGE

Jan 21 - 23, 2019
Rumpel Fitness Center

RUN 5K ON TREADMILL

SWIM 500 METERS

FLIP TIRE FOR 1 MINUTE

DETAILS

- Team event; must have 1 male & 1 female.
- Team with the highest overall score will win a prize.
- Open to all MWR eligible patrons.

REGISTRATION

- Register your team at the Rumpel Fitness Center before Jan 21.



608-388-2290 | www.mccoy.armymwr.com | www.facebook.com/mccoymwr

MAKE 2020 YOUR GREAT BEGINNING

**Mondays & Wednesdays in the Month of January
11:30—12:00 | Rumpel Fitness Center**

The Rumpel Fitness Center is offering free ABS classes throughout the month of January!

CRAZY 8 FITNESS CHALLENGE

Jan 1—Aug 31 | Rumpel Fitness Center

Pick Any 8! In the first 8 months of 2020, we challenge you to complete 8 of our events or programs! Participants that successfully complete the challenge will be recognized and receive an award. Register BEFORE participating in events.

McCOY'S COMMUNITY CENTER

Building: 1571 Phone: 388-2065

JANUARY SPECIAL ULTIMATE PORK SANDWICH

**\$8.50 | MAKE IT A COMBO FOR JUST
\$2.50 MORE!**

Come in and enjoy a seasoned pulled pork sandwich topped with bacon pieces and creamy cheddar cheese on a specialty bun.



Follow a step-by-step painting demonstration by professional artist Linda Oldenburg....leave with your own 16" x 20" masterpiece!

JANUARY 24, 2020 | \$35 PER PERSON
5:30 pm Social Hour | 6:30 pm Painting Begins
McCoy's Community Center | B1571

Register at McCoy's Community Center by January 17 | 608-388-2065

OUTDOOR RECREATION

Building: 8053 Phone: 388-3517/4498

2020 SEASON

WHITETAIL RIDGE EVENTS

All events are open to the public!

WINTER EXTRAVAGANZA

January 25

MOONLIT SNOW SHOE TOUR

February 8

MARDI GRAS PARTY

February 22

SEASON FINALE

March 14

WHITETAIL RIDGE SKI AREA'S GRADE A SNOW DAY ATTENTION STUDENTS!

Bring your current report card with at least one A (or equivalent) and GET a FREE Tubing Pass!

Valid Friday evenings from 3:00 pm—9:00 pm throughout the 2019-2020 season at Whitetail Ridge Ski Area, Fort McCoy, WI.

One free pass per child per season (Grades K—12).
Not valid with any other offer or promotion.



Home | Facility Hours | Newspaper Archives | Search

>> CLICK HERE to view the latest edition

MULTIPLY THE FUN!



ARMY COMMUNITY SERVICE
Building: 2111 Phone: 388-3505

CONNECT THE TOTS PLAYGROUP

Jan 14, 21 & 28 | 10 am - 12 pm | B2161

Our playgroup contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and to help promote social-emotional skill building. Through play, transitions, circle time and songs and activities, and informal conversations, parents learn about developmental ages and stages, gain tools to help understand their child's behavior and become empowered to prepare the family and child to enter school "ready to learn". Call x7262 for more information.

TRIPLE P WORKSHOP

Jan 14, 21, 28 | 5:30 pm - 7pm

South Post Community Center

Resolve to make Parenting Positive Again in the New Year! Join us for 3 seminars that will refresh your parenting skills, enhance your assertive skills, and give you strategies for raising confident, competent, and resilient children. Call x7262 to register or email registration@theparentingplace.net by Jan 13.

BOOTS TO BUSINESS REBOOT: STARTING OR GROWING A VETERAN-OWNED BUSINESS

Jan 15 | 8 am - 4 pm | B2111

Veterans have character, discipline and skills needed to succeed as small business owners and entrepreneurs. Wondering what it takes and how you can prepare? For more details call x7262.

READINESS ESSENTIALS FOR ARMY LEADERS

Jan 21 | 10 am - 12 pm | B2111

For Command teams, Soldiers, and Family members holding or wanting to hold positions in the Unit's SFRG, or if you just want to learn more about how SFRGs can improve your readiness, this is your opportunity to receive the required training under the current program! Call x6712 for more details.

COFFEE WITH US

Jan 22 | 9 - 11 am | South Post Community Center

Time to set goals with passion and purpose! Join us for conversation on decision making and goal setting. To register call x7262.

TSP 2020

Jan 24 | 1 pm - 3 pm | B2111

Learn what's new with the Thrift Savings Plan, what you risk/comfort level is, and how you can take control of your investments to maximize returns. Call x3505 to register.

FAMILY VALENTINE CARD WORKSHOP

Jan 25 | 9:30 am - 4 pm | B2161

Spend time as a Family! All materials are supplied and class size is limited. Register by Jan 21. Children must be accompanied by an adult. Call x6507 for more details.

SPONSORSHIP TRAINING

Sponsorship is a Commander's program that assists Soldiers, Civilians and their Families during the reassignment process. This training will provide insight into the types of sponsorship and your responsibilities as a sponsor.

THE ACS OFFICE WILL BE CLOSED

Jan 20 for the Martin Luther King Jr. Holiday

INCREASE YOUR LEARNING POWER!

Army Community Service's Resource Library contains a wide variety of topics including:

- ✓ Deployment
- ✓ Employment
- ✓ Finance
- ✓ Parenting
- ✓ Relocation
- ✓ Resiliency
- ✓ And More!

We also have a selection of children's books. Books can be checked out for a one month period.



**Follow us at:
Fort McCoy MWR**



#WEOWN
FRIDAYS!

JOIN US FOR A FUN NIGHT AT

Flying Wheels Roller Rink



February 7, 2020

4:30 pm - 10:30 pm

Flying Wheels Roller Rink
Oakdale, WI

4:30 pm: Pizza supper at Youth Center

5:00 - 6:00 pm: "Healthy Relationships"
By Brighter Tomorrows

6:15 pm: Depart Youth Center

6:45 pm: Arrive at the Roller Rink

9:30 pm: Depart the Roller Rink

10:00 pm: Drop off at South Post Housing

10:30 pm: Drop off at Youth Center

\$3 per
student

Reserve your spot
by returning the
permission slip by
February 3.

Open to 6th-12th graders. Must
be registered with CYS. Min. of
6 kids. Permission slips must be
signed and returned to CYS.

Youth may bring spending money
for snacks. Strongly suggest
wearing comfortable clothes
and bring extra socks.

For questions, please call 608-388-4373



STARTING OR GROWING A VETERAN-OWNED BUSINESS

Sign up for Boots to Business Reboot, an entrepreneurship training program for veterans and their spouses:

OWNING A VETERAN-OWNED SMALL BUSINESS

Veterans have the character, discipline and skills needed to succeed as small business owners and entrepreneurs. Wondering what it takes and how you can prepare? Enroll in Boots to Business Reboot.

ABOUT BOOTS TO BUSINESS REBOOT

Boots to Business Reboot is an entrepreneurial education and training program offered by the U.S. Small Business Administration (SBA). The course provides an overview of entrepreneurship and applicable business ownership fundamentals. Veterans of all eras, Active Duty Service members (including National Guard and Reserve), and spouses are eligible to participate.

During Reboot, participants are introduced to the skills, knowledge, and resources they need to launch a business, including steps for developing business concepts, how to develop a business plan, and information on SBA resources available to help. The program is facilitated by subject matter experts from the SBA and their extensive network of skilled business advisors.

Participants that complete an in-person B2B Reboot course can elect to further their study through one of many B2B online courses, offered at no cost to Service members, Veterans and military spouses. If you've already attended an in-person B2B course, visit <https://sbavets.force.com/> to sign up for one of the online B2B follow-on courses.

January 15, 2020
8 am - 4 pm
2111 South 8th Ave
Fort McCoy, WI



To register, go to

[https://sbavets.force.com/s/class/
a00t000000EJov8AAD/
reboot20200115fort-mccoy](https://sbavets.force.com/s/class/a00t000000EJov8AAD/reboot20200115fort-mccoy)



Questions? Call 414.395.4566
608-388-7262

ACS events are open to Military, Retirees, Civilian workforce, Family Members and registered Fort McCoy Volunteers, unless otherwise stated. Employees must contact their supervisors regarding dismissal from work centers. For information on upcoming training opportunities through ACS please go to <http://www.mccoymwr.com/home/army-community-service.html> and click on ACS Calendar.



LEARN MORE AT
WWW.SBA.GOV/BOOTSTOBUSINESSREBOOT

AND FOLLOW US AT
WWW.FACEBOOK.COM/BOOTST2BUSINESS

AND ON
TWITTER.COM/BOOTST2BUSINESS