

Fort McCoy MWR Enews

Facebook Event Calendar ICE Comments

January 24, 2020 | www.mccoy.armymwr.com | 608-388-7400 | No endorsement implied



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Extravagan MWR

SCHEDULE OF EVENTS Register at rental counter. All times are subject to change.

12 pm - 4 pm: Free Ski Lessons 12:30 pm: Snow Pile Dig 1:30 pm: Slalom Race 2:30 pm: Tubing Races

Whitetail Ridge =SKLAREA=

12 - 4 PM

JANUARY 25, 2020

OPEN TO THE PUBLIC!

Crafts from 1 - 3 pm

KNUCKLEHFANS

Door Prizes

Food Specials



ICE FISHING RENTALS

\$5 Daily Rental | Pine View Campground Fort McCoy has 10 lakes with a wide variety of fish and now offers ice fishing rental equipment to help you catch them! Ice Fishing Package Includes: Auger, 2 Fishing Poles, Bucket w/ Seat, Tackle & Ice Skimmer.



#WEOWNFRIDAYS! PAINT & PLAY!

Jan 31 | 4:30 pm - 8:30 pm | Bldg 1792 Join us for a night with something for everyone: painting, open gym, billiards, PS4, Wii, Xbox, board and card games. Open to 6th-12th graders. Reserve your spot by returning a permission slip by Jan 24. For questions, call 608-388-4373.



NEW LOCATION FOR DJ TRIVIA! Thursdays | 5:30–7:30 pm Ten Point Pub | Whitetail Ridge Get your team together and join us for some trivia fun! Free to play. Prizes awarded to the weekly winners. Must be 18 years or older to play.



FLYING WHEELS ROLLER RINK Feb 7 | 4:30 - 10:30 pm | \$3 per student Join us for a fun night, starting with a pizza supper and then roller skating. Open to 6th-12th graders. Return your permission slip by Feb 3 to reserve your spot. For questions, call 608-388-4373.













608.388.3517/4498 | www.mccoy.armymwr.com | www.facebook.com/WhitetailRidge

MWR FACILITY AND EVENT INFORMATION

Fort McCoy MWR Enews

RUMPEL FITNESS CENTER Building: 1122 Phone: 388-2290

CRAZY 8 FITNESS CHALLENGE

Jan 1–Aug 31 | Rumpel Fitness Center Pick Any 8! In the first 8 months of 2020, we challenge you to complete 8 of our events or programs! Participants that successfully complete the challenge will be recognized and receive an award. Register **BEFORE** participating in events.

PHIL 5K TREADMILL RACE

Feb 3| Rumpel Fitness Center Register for a start time by calling 608-388-2029 or at the Fitness Center's Front Desk . Times will be recorded, and prizes will be awarded to the fastest male and female runner.



OUTDOOR RECREATION Building: 8053 Phone: 388-3517/4498



itetail Ridge Ski Area | Fort McCoy, WI | 608-388-3517/4498

WHITE TAIL RIDGE SKI AREA–OPEN FRIDAY 24 FROM 10:00 AM-9:00 PM

Tomah students.! Don't just stay home, come out and make the most of your Friday out of school. We are open extended hours so you can enjoy your day off by coming out to tub, ski or snowboard.



NOW OPEN! Located inside the Whitetail Ridge Chalet

HOURS

Thursdays: 4 pm - 8 pm Fridays: 4 pm - 9 pm Saturdays: 1 pm - 9 pm Sundays: 11 am - 5 pm

HAPPY HOUR SPECIALS

Half-Priced Beverages from 4 pm - 6 pm! Thursday, Friday & Saturday

All couples will be

utered to usu a





JANUARY SPECIAL - ULTIMATE PORK SANDWICH

\$8.50 | MAKE IT A COMBO FOR JUST \$2.50 MORE! Come in and enjoy a seasoned pulled pork sandwich topped with bacon pieces and creamy cheddar cheese on a specialty bun.

JANUARY BOWLING SPECIALS

Hyperbowling Tuesdays in January 5 per 1/2 hour**Throwback Thursdays in January** \$2.50 per game



Doors Open at 4 pm Food & Drink Specials | Door Prizes



uilding 1571 | Fort McCov. WI

>> CLICK HERE to view the latest edition

MWR FACILITY AND EVENT INFORMATION

Fort McCoy MWR



ARMY COMMUNITY SERVICE Building: 2111 Phone: 388-3505

TSP 2020

Jan 24 | 1 pm - 3 pm | B2111

Learn what's new with the Thrift Savings Plan, what you risk/comfort level is, and how you can take control of your investments to maximize returns. Call x3505 to register.

FAMILY VALENTINE CARD WORKSHOP

Jan 25| 9:30 am - 4 pm | B2161

Spend time as a Family! All materials are supplied and class size is limited. Must register by Jan 21. Children must be accompanied by an adult. Call x6507 for more details.

CONNECT THE TOTS PLAYGROUP

Jan 28 and Feb 4, 11, 17 & 25 | 10 am - 12 pm B2161

Our playgroup contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and to help promote socialemotional skill building. Through play, transitions, circle time and songs and activities, and informal conversations, parents learn about developmental ages and stages, gain tools to help understand their child's behavior and become empowered to prepare the family and child to enter school "ready to learn". Call x7262 for more information.

TRIPLE P WORKSHOP

Jan 28 | 5:30 pm - 7pm **South Post Community Center** Resolve to make Parenting Positive Again in the New Year! Join us for 3 seminars that will refresh

your parenting skills, enhance your assertive skills, and give you strategies for raising confident, competent, and resilient children. Call x7262 to register or email registration@theparentingplace.net by Jan 13.

SPONSORSHIP TRAINING

Jan 29 | 9 - 10 am | B2111

Sponsorship is a Commander's program that assists Soldiers, Civilians and their Families during the reassignment process. This training will provide insight into the types of sponsorship and your responsibilities as a sponsor. Call x2359 to get registered.

HEALTHY RELATIONSHIPS FOR TEENS

Feb 4 | 5:30 - 7 pm **South Post Community Center** Start talking about healthy relationships!

The repercussions of teen dating violence are impossible to ignore - they hurt not just the young people victimized but also their Families, friends, schools and communities. Throughout February, the Fort McCoy Community highlights the need to educate young people about dating violence, teach healthy relationship skills and prevent the devastating cycle of abuse. Call x7262 to register.

REAL COLORS

Feb 5 | 8 am - 12 noon | B2111

Are you a gold, blue, green or orange? Curious? Join us to learn your color(s) and how to use Real Colors at work and at home to improve communication. Call x6507 to register or for more information.

RESILIENCE: THE ATC MODEL

Feb 13 | 9 am - 11 am | B2111

Acts, Thoughts and Consequences (ATC). Did you know you can control your thoughts to influence your emotions and reactions (consequences)? Join us to learn this important resilience skill. Call x6507 to register or for more information.

DID YOU KNOW... January is Birth Defects Prevention Month. The theme for 2019 is "Best for you. Best for Baby." We know that not all birth defects can be prevented. But, you can increase your changes of having a healthy baby by doing what you can to be your healthiest self both before and during pregnancy.

> ARMY COMMUNITY SERVICE Lending Closet

We temporarily loan housekeeping items to incoming or outgoing Fort McCoy employees while their items are in transit.

ITEMS AVAILABLE INCLUDE:



Air Mattresses Irons & **Ironing Boards Tables & Chairs High Chairs** Infant Pack n Plays

Dish Packs Vacuum Cleaners

STOP IN TO ACS OR CALL 608-388-2359 TO LEARN MORE.

FAMILY MORALE, WELFARE AND RECREATION

Enews

erth annual .

* Showilake Ski Jumping Tournament Westiby, Wisconsin

2020

January 31st & February 1st Friday - Opening Ceremonies at 6:30 PM Saturday - Opening Ceremonies at 12:00 PM

SUBARU

Button Prices

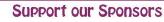
\$15 Presale \$20 at the Gate 12 & Under FREE

- * Group rates available
- * No carry-ins * FREE Military/Veterans Admission please see website





Coulcesgans Saturday: The Coulcegans after the tournament











608-634-3211 Order buttons online at

www.snowflakeskiclub.com

Food and

beverages on the

grounds





FORT McCOY JOB FAIR

February 26, 2020 10:30 am - 12:30 pm Army Community Service (Bldg 2111)





Visit us at ACS to speak with an HR professional about these opportunities!

Please call 608-388-7262 for more information

EXCHANGE