



# Fort McCoy MWR Enews

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June 23, 2022 | [www.mccoy.armymwr.com](http://www.mccoy.armymwr.com) | 608-388-7400 | *No endorsement implied*

You have  
needs.  
**WE HAVE  
ANSWERS.**

**MORE BENEFITS  
FOR MILITARY MEMBERS**



Call **800-531-8521**

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*USAA is honoring our Military Service Members that are currently serving by providing a **FREE MEAL** on the following nights throughout the summer.*

**McCoy's Community Center  
Dinner Served 6 pm - Close**

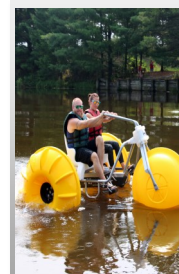
- ★ June 23
- ★ July 14
- ★ July 21
- ★ August 11
- ★ August 18

Must show valid Military ID (dependents not included). Limited to 166 service members. First come, first served. Up to \$12 per meal.

Sponsored By:

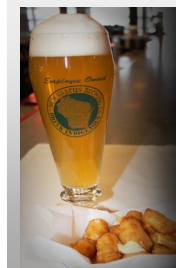


For additional information, call 608-388-2065



## **WATER TRIKE RENTALS AT PINE VIEW CAMPGROUND**

**Hourly: \$15 Mil/DoD | \$15 Public**  
Bring a friend and enjoy some water fun with our big tire water trikes. To reserve a trike, please call 608-388-3517.



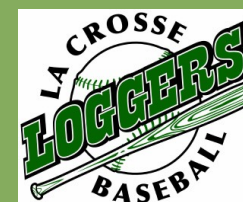
## **COW & CURDS SPECIAL**

Available year round at McCoy's Community Center  
**ONLY** in Wisconsin! Enjoy a Wisconsin favorite—New Glarus Spotted Cow & batter-fried cheese curds for only \$14. You also get to keep the Souvenir Glass! (Glass can be purchased separately for

## **La Crosse Loggers Military Appreciation Game**

July 1 at Copeland Park

Gates open at 5:30 pm. First pitch at 6:35 pm.  
Current and retired military personnel receive free admission to ALL Loggers games.  
Military family members can get 50% off the ticket price for the July 1 game by visiting this link  
<https://la-crosse-loggers.nwltickets.com/Tickets/SelectPromoSeats?PromoCode=Fortmccoy>  
by June 29.





## OUTDOOR RECREATION

Building: 8053 Phone: 388-3517/4498

### PADDLE BOARDS AVAILABLE FOR RENT

Hourly: \$5 Mil/DoD and \$5 Public

Get out and enjoy the nice weather on one of our paddle boards. To reserve a paddle board, please call 608-388-3517.

### FAT TIRE BIKE RENTAL

Hit the road on these all-weather two-wheelers that won't slip on asphalt or sink in the mud!

Hourly: \$5 Mil/DoD \$5 Public

Daily: \$15 Mil/DoD \$20 Public

To reserve a fat tire bike, please call 608-388-3517.

### PINE VIEW CAMPGROUND FREE ITEMS TO CHECK OUT

- ✓ Bean Bag Toss
- ✓ Basketballs
- ✓ Footballs
- ✓ Ladder Golf
- ✓ Shuffle Board
- ✓ Volleyballs
- ✓ Washer Toss
- ✓ Disc Golf
- ✓ Kickballs

We also have a FREE swimming beach and hiking trails.



For questions, please visit the camp office.



## Tactics

### PAINTBALL & LASER TAG

**Experience the Extreme Sports!**

Tactics Paintball & Laser Tag features 3 outdoor courses (1 woods course and 2 field courses) including a unique 2-story castle constructed from railroad ties. It's a great place for a birthday or unit party!

**RESERVATIONS REQUIRED**  
Call 800-531-4703 or 608-388-3517 to schedule a play time.

**OPEN TO THE PUBLIC!**  
8061 West J Street  
Fort McCoy, WI 54656  
Located between Sparta and Tomah on Hwy 21.  
Look for signs to Pine View Recreation Area.

800.531.4703 | www.mccoymwr.com

## CHILD & YOUTH SERVICES

Building: 1668 Phone: 388-8956


### BABYSITTING CLASS

Jun 28–30 | 8:30 am–1:00 pm | Bldg 1765

Must attend all 3 days!

Sign up for this FREE class where youth ages 12 and older will learn many important skills to become a safe and responsible babysitter including infant/child CPR and first aid, ages & stages, principles of discipline, nutrition, entertaining children, diapering, safety, business of babysitting, and much more. Role playing, experiential learning and the babysitter's "magic Bag" make this course useful and fun.

Register by June 23 by calling 608-388-8956. Must be registered by June 23, 2022. Youth must be registered at CYS to attend. Space is limited to 10 children. Lunch will be provided each day.



## Fort McCoy CYS Youth Center Summer Camp Weekly Themes

Jul 18 - 22	Jul 25 - 29	Aug 1 - 5	Aug 8 - 12	Aug 15 - 19	Aug 22 - 26	Aug 29 - Sep 2
<b>No PLANET B KEYSTONE</b> Ever wanted to make a difference? The annual National KeyStone Project is designed to help bring awareness to an issue voted on by teens that matters most to them. Through this year's KeyStone Project, Our Planet, Our Future, KeyStone members will have the unique opportunity to bring the necessary insights & experiences that will impact positive change in themselves, other youth, adults and community.	<b>The Knights of McCoy KEYSTONE</b> Calling all middle school and teens! We will be doing a variety of fun activities including a Meet and Greet Photo at South Post to make new friends. It is important to reach out to youth who have previously attended as well as inviting new youth to attend. Joining our program enables all young people, especially those who need a boost, to reach their full potential as productive, caring, responsible citizens.	<b>Amazing Water Race KEYSTONE</b> Let's splash into August with a wide variety of fun water sport games and activities. This week we will have lots of water gun and water balloon activities to cool off from the summer heat!	<b>Intentional Success KEYSTONE</b> What do Colleges require? Let's find out! Youth will use real-world skills to consider careers and college choices. Youth will also learn about being better prepared for college and what that involves. The CYS is a perfect place to find programs, resources, tools and training designed to help youth plan and prepare for education after high school.	<b>The Help KEYSTONE</b> Martin Luther King Jr. once said "Life's most persistent and urgent question is: what are you doing for others?" This week youth will work on a variety of fun community service activities. We will be monitoring emergency children, doing community clean ups, making top 10 blankets for the elderly, and doing a myriad of other service projects! Be the change you want to see in the world!	<b>Foodtastic KEYSTONE</b> Travel the world from CYS! Each day you will choose a new cooking challenge. You will be given a list of ingredients and a list of cooking supplies you may use (and only use). You will have 2 hours to research, cook, clean up, and present to the judges. Your team work skills will be challenged! At the end of the week the winning team will be announced. These international appetizers & snacks are a perfect way to experience new flavors.	<b>Humble Jumble KEYSTONE</b> This week will be all about the hotel. With a little help, the youth have designed their own camp. Youth will learn about the culture of Japan, Italy, & Mexico. Check out this uniquely created camp and all its fun activities as well as the peer mentoring opportunities!

For additional details, please call 608-388-4373

## RUMPEL FITNESS CENTER

Building: 1122 Phone: 388-2290

### INTRO TO RUMPEL FITNESS CENTER

Facility Tours Every Monday at 5 pm

Let us know how we can help you on your journey to a healthier you! Get to know staff, learn how to use our fitness equipment and discover the classes we have to offer.

Open to all eligible MWR patrons. For more information, call 608-388-2290.



## FORT MCCOY MWR NOW HIRING LIFEGUARDS!

Lifeguard at both Pine View Campground and Rumpel Fitness Center locations.

**Starting Pay: \$15 per hour**

Scan the QR with your phone or visit [www.USAJOB.gov](http://www.USAJOB.gov) for current openings



## The Real McCoy

Home | Facility Hours | Newspaper Archives | Search

>> CLICK HERE to view the latest edition

FORT MCCOY MWR

# Car Wash

*Located on Headquarters Road***Self-Service & Automatic Bays****Vacuum & Carpet Cleaning Station****ARMY COMMUNITY SERVICE**

Building: 2111 Phone: 388-3505

**CONNECT THE TOTS: PLAYGROUP**

June 28 | 10 am - 12 noon

South Post Housing Community Playground

New to the area? Want to connect with other parents? Our playgroup contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and promote social/ emotional skill building; the theme is Under the Sea. If you are looking for something to do with your children ages 4 and younger, please join us. To register, [click here](#) to send an e-mail or call x2412.

**THE POWER OF POSITIVE PARENTING**

July 1 | 9 am - 10:30 am | Virtual (Microsoft Teams)

The Triple P –Positive Parenting Program– is a parenting and family support system designed to prevent as well as treat behavioral and emotional problems in children and teenagers. It aims to prevent problems in the family, school, and community before they arise and to create family environments that encourage children to realize their potential. To register, [click here](#) to send an e-mail or call x2412.

**MULTI-CRAFTING OPPORTUNITIES FOR BUILDING RESILIENCE**

July 16 | 9 am - 4 pm | ACS Family Building, B2161

All craft stations will be open. (New wood staining/ painting options available!) Register for a 2-3 hour block of time. Early start time (8 am) for EFMP Families. Register with your name, block of time, number of Family members attending and ages of children. To register, [click here](#) to send an e-mail or call x6507.

**SOLDIER & FAMILY READINESS GROUP (SFRG) TRAINING**

July 19 | 1 pm - 3 pm | ACS Family Building, B2111

This is required training for all command teams, SFRG Liaisons, and SFRG volunteers. Training will be tailored to meet the needs of the attendees. To register, [click here](#) to send an e-mail or call x6812.

**LUNCH & LEARN - STRESS MANAGEMENT SKILLS**

July 21 | 11:30 am - 12:15 pm | B2111

What exactly does mindfulness mean? Come explore a variety of techniques to learn what may work best for you. Bring your lunch if you like. Watch for more classes in the series. To register, [click here](#) or call x6507.

**ACS BIRTHDAY**

July 25 | 11 am - 1 pm

McCoy's Community Center, B1571

ACS celebrates 57 years of service and dedication to Service Members and military Families. Join us for fun activities, resources, and cake. To learn more, [click here](#) to send an e-mail or call x3505.

**NEW COMMANDERS & SENIOR NCO ADVISORS: LEADERSHIP TRAINING**

For Commander/Senior NCO Advisors, this training block will fulfill the training requirements for: Army Substance Abuse Program Brief, Family Advocacy Brief and Exceptional Family Member Program Brief. To register, [click here](#) to send an e-mail or call x2412.

**ARMY EMERGENCY RELIEF (AER)**

Did you know that Active Duty Service Members can

receive AER Assistance without chain of command notification? To learn more, call x3540 or [click here](#).

**THRIFT SAVINGS PLAN (TSP) CHANGES**

In mid-June, TSP transitioned to a new system. All TSP participants must go to [www.tsp.gov](http://www.tsp.gov) to complete a one-time new login for the new My Account. Follow the prompts online to complete this simple, secure setup and be sure to check out the new mutual funds that are now available.

**SEXUAL HARASSMENT/ASSAULT RESPONSE PREVENTION (SHARP) - SHARPen Your Knowledge**

Integrity. Respect. Duty.

Integrity means we do what's right. Army Civilians are essential members of the team and critical to sustaining the trust of our Nation through the prevention of sexual harassment, sexual assault, and associated retaliation in our Army. Army Civilians who experience these harmful behaviors can obtain services through the SHARP program. Let's honor one another and make sexual offenses a thing of the past. If you would like more information or need support, [click here](#) to send an e-mail or call the Fort McCoy 24/7 SHARP Helpline 608-388-3000 or the DoD Safe Helpline at 877-995-5247 at [www.safehelpline.org](http://www.safehelpline.org).


**COMMENTS  
& FEEDBACK**  
INTERACTIVE CUSTOMER EVALUATION





## Multi-Crafting Opportunities for Building Resilience

*Spend time together as a Family creating (crafting)  
and learning skills to increase your resilience!*

At each workshop, select and learn a resilience skill; i.e., goal setting, journaling, assertive communication, mindfulness, etc.

**Jul 16 or Aug 6, 2022 | 9 am\* - 4 pm**  
**ACS Family Building, 2161 South 8th Ave**

Register for a 2-3 hour block of time. \*Early start time (1 hour) for EFMP Families.

A variety of supplies will be available  
for your Family to utilize:

- ✓ Scrapbooking
- ✓ Card Making
- ✓ Canvas Painting
- ✓ Painting/Staining Wood Crafts
- ✓ No-Sew, Wall-Hanging Quilt Blocks
- ✓ As well as a variety of other kits and/or crafts

*Some items are limited.*

**To register, call ACS  
at 608-388-6507**

Pre-registration required the Wednesday before the workshop. Samples/ideas provided. Bring your own projects to work on if desired. Class sized is limited. Children must be accompanied by an adult.

ACS events are open to Military, Retirees, Civilian workforce, Family Members and registered Fort McCoy Volunteers, unless otherwise stated. Employees must contact their supervisors regarding dismissal from work centers.

For information on upcoming training opportunities through ACS please go to <http://mccoy.armymwr.com> and click on Calendar.



[mccoy.armymwr.com](http://mccoy.armymwr.com) | 608-388-3505



Fort McCoy Army Community Service

# BIRTHDAY CELEBRATION



JULY 25

**"Make a Difference"**

Honoring the story and commitment to Soldiers, Families, staff and volunteers. Join ACS for resources, activities and cake.

**July 25, 2022**  
**11 am - 1 pm**

**McCoy's Community  
Center**



608-388-3505 | [mccoy.armymwr.com](http://mccoy.armymwr.com)