



Fort McCoy MWR Enews

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June 25, 2020 | www.mccoy.armymwr.com | 608-388-7400 | *No endorsement implied*

You have
needs.
**WE HAVE
ANSWERS.**

MORE BENEFITS
FOR MILITARY MEMBERS



Call **800-531-8521**

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**Rumpel Fitness Center's Virtual
FREEDOM
5K**

June 29 - July 5, 2020

**Post a screenshot of your time from a smart phone app or fitness tracker to
the event discussion board at: www.facebook.com/RumpelFitnessCenter**



CREATE YOUR OWN SALT & PEPPER MILL

Aug 18 | 4:30–6:00 PM

Spend time with your Family and create your own salt & pepper mill. All materials and instructions supplied (1 set per family), class size limited to 12 participants per day and children must have an adult present. Call 608-388-3840 to reserve your spot.



AUTOMOTIVE SKILLS CENTER IS NOW OPEN!

Starting June 25, Auto Skills will be open on Thursdays & Fridays 1-9 PM and Saturdays & Sundays 9 AM–5 PM. They will be closed on July 3–5 in observance of the Independence Day.

OUTDOOR RECREATION

Building: 8053 Phone: 388-3517/4498



Paddle Boards
Available For Rent
At Pine View Campground
HOURLY: \$5 Mil/DoD | \$5 Public
DAILY: \$15 Mil/DoD | \$25 Public

 To reserve a paddle board, please call 608-388-3517



Fat Tire Bikes
Available for rent at
Pine View Campground
HOURLY: \$5 Mil/DoD | \$5 Public
DAILY: \$15 Mil/DoD | \$20 Public

 To reserve a fat tire bike, please call 608-388-3517



RENT ONE OF OUR NEW PARK MODEL CABINS

They feature one bedroom, loft, full kitchen, living room with loveseat sofa sleeper, cable TV, full bathroom, washer & dryer and air conditioning.

DAILY RATES:

Sunday - Thursday

\$95 for Military/DoD | \$105 general public

Friday & Saturday

\$110 Military/DoD | \$130 general public

Call (608) 388-3517 for reservations.

RUMPEL FITNESS CENTER

Building: 1122 Phone: 388-2290

VIRTUAL YOGA WORKOUTS

Tuesdays & Thursdays | 9:30 am

Join us for yoga every Tuesday & Thursday at 9:30 am on the RFC Facebook page at [Facebook.com/RumpelFitnessCenter](https://www.facebook.com/RumpelFitnessCenter) provided by the Army's World



Follow us at:
Fort McCoy MWR

MILITARY FAMILY ACTIVITY & LIFE SKILLS BAGS

Bags can be picked up from 10 am - 12 pm at the
Fort McCoy South Post Pavilion

June 26 & July 31: Connect the Tots Play Group Bags

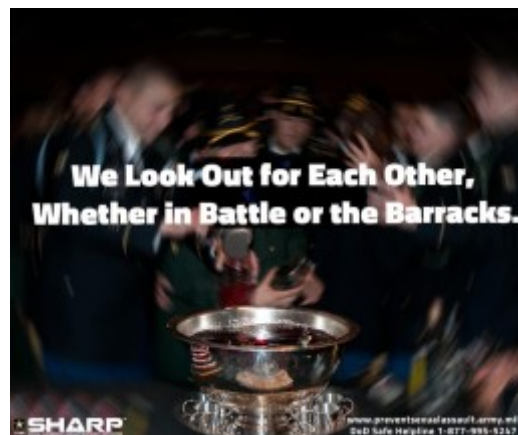
Bags intended for toddlers

July 31: Ready, Set, Go Back to School Bags

Bags intended for teens



For questions, please call 608-630-7473 or email jennifer.l.morris169.civ@mail.mil




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ARMY COMMUNITY SERVICE

Building: 2111 Phone: 388-3505

THERE'S AN APP FOR THAT...

The Army has a new app to help you plan your move. You can download "Army PCS Moves" for free at the Google Play Store or Apple App Store.

2020 ARMY EMERGENCY RELIEF (AER) CAMPAIGN POSTPONED

The 2020 AER Campaign has been postponed and will take place from 1 – 31 July 2020. Please see your AER Unit Representatives to donate and contribute to the program that have assisted over four million Soldiers, Retirees, and their Families for the past 78 years with over two billion dollars in assists. AER is about "Soldiers Helping Soldiers".

MILITARY FAMILY ACTIVITY & LIFE SKILLS BAGS

Jun 26 and Jul 30 - Connect the Tots Play Group Bags (intended for toddlers)

Jul 31 - Ready, Set, Go Back to School Bags (intended for teens)

Bags can be picked up from 10 am - 12 noon at the Fort McCoy South Post Pavilion

FY20 SHARP VIRTUAL TRAINING

Jun 30 | 9 am

This training counts for your annual Face-To-Face training. To register, [click here](#) to send an e-mail. Open to Fort McCoy Garrison Staff and Fort McCoy Tenant Staff on a first come, first serve basis. Register early to reserve your seat.

MILITARY FAMILY LIFE COUNSELORS (MFLC) AVAILABLE

During this time the Fort McCoy MFLCs are available to meet via telehealth (video and phone) counseling sessions. If you would like to make an appointment please call: Laura: 608-598-7324 or Scott: 608-400-6124



FAMILY CHALK CONTEST

HOSTED BY FORT MCCOY ARMY COMMUNITY SERVICE

Get Creative!

Each week, post a photo of your chalk design to the Facebook event discussion board at: facebook.com/fortmccoyacs

Participants that submit a themed photo each week will receive a MWR coupon.

WEEKLY THEMES

July 6-10: Family Portrait

July 13-17: Driveway Family Game
Hopscotch, 4 Square, etc.

July 20-24: Family Motto
Write a phrase or affirmation that is important to your Family

July 27-31: Draw a Scene
Landscape, animals, geometric shapes, etc.

Open to all eligible MWR patrons. Deadline to post photos for this event is July 31 by 11:59 pm.

AFTB

Want to take AFTB classes but don't have a laptop or computer? No worries, there is an app for that! Visit the google play store or apple app store to download the U.S. Army Family Team Building app and start learning today.

ARE YOU PCSING FROM FORT MCCOY?

Don't forget to stop by ACS and get information on your new duty location. The Relocation Readiness program has U.S. Military Travel Guides, maps, and books on most overseas locations, Military Installation booklets. For more details call ACS at 608-388-2359.

SEE SOMETHING? SPEAK UP!

Know the signs of Child Abuse and Neglect. As Wisconsin keeps physically healthy by staying safer at home, children have fewer interactions with professionals trained to observe and mandated to report suspected child abuse and neglect.

[Click here](#) to learn the signs.



ARMY COMMUNITY SERVICE'S

New Parent Support

Individualized Private Classes
2111 South 8th Avenue
Fort McCoy, WI

For New & Expecting Parents

LEARN ABOUT:

- Period of Purple Crying
- Risk factors of SIDS
- Safe Sleep

Plus, take home additional educational items for your new baby.

Call 608-388-2412
to register for your
private class.



Get to Know Your SLO!

School Liaison Officers (SLOs) are Important contacts for PCSing Families. They can answer questions, assist with transition issues, and connect you with your next SLO. Touch base before you move!

You can reach the Fort McCoy SLO at (608) 388-6814.

<https://mccoy.armymwr.com/programs/school-liaison-officer>
#KnowYourSLO #SchoolLiaison
#ArmyMWRcares #CYS
#FortMcCoyMWR



Virtual testing is available at the MWR Library - Prepare for ACCUPLACER and ASSET college placement tests, CLEP exams, and graduate school admissions exams such as the GMAT, GRE, LSAT, MCAT and PCAT.

Log in to @EBSCO LearningExpress Library:

<http://mwrlibrary.armybiznet.com/screens/resources.html>



THANK YOU TO ALL OF OUR ARMY BIRTHDAY SPONSORS



AER has

30+

Categories of Assistance.

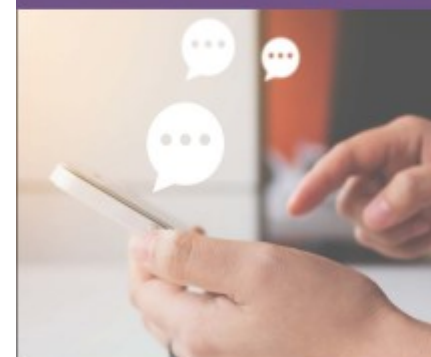
Army Emergency Relief stands at the ready to help Soldiers and their Families 24/7. The Army's nonprofit offers a multitude of assistance options – from Flights Home to Vehicle Repairs. #SoldierSupport

www.armyemergencyrelief.org/assistance/



FORT MCCOY VIRTUAL VOLUNTEERING OPPORTUNITY: **THE CONNECTION CLUB**

Seeking volunteers to connect with individuals in our Fort McCoy Community and beyond via phone, email, text and snail mail. This position can include creating home-made greeting cards.



TO PARTICIPATE

Send email to lorie.l.retzlaff.civ@mail.mil or call 608-388-6507 (please leave a message).

Must sign up as a registered Fort McCoy volunteer to participate.



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