

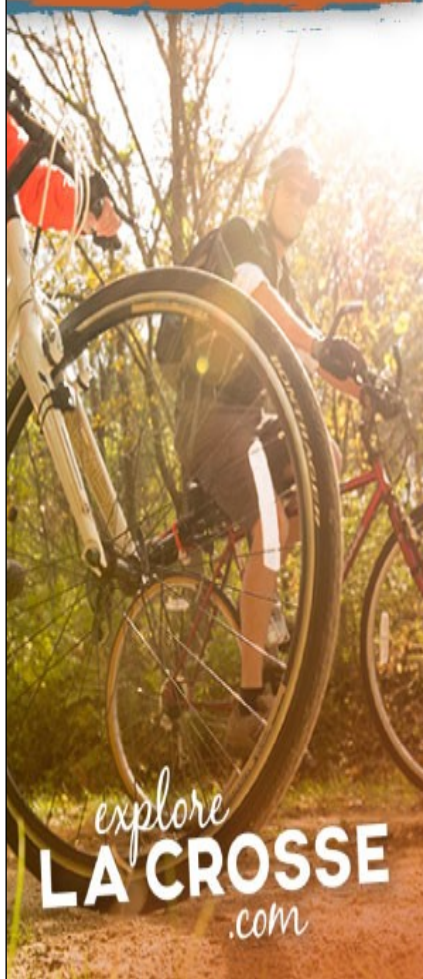


# Fort McCoy MWR Enews

- ▶ Facebook
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September 3, 2020 | [www.mccoy.armymwr.com](http://www.mccoy.armymwr.com) | 608-388-7400 | *No endorsement implied*

The Freedom You  
Desire *Awaits.*



## **BOWLING FUN FOR EVERYONE!**



### FEATURES:

- 8 Lanes
- Automatic Scoring
- Bumper Bowling

**Open by appointment only.  
Call 608-388-7060 to make  
reservations.**

**Located within McCoy's Community Center (B1571)**



## **Virtual SHARP Walk** September 1 - 30, 2020

### **SHOW SURVIVORS THAT THEY DO NOT WALK ALONE**

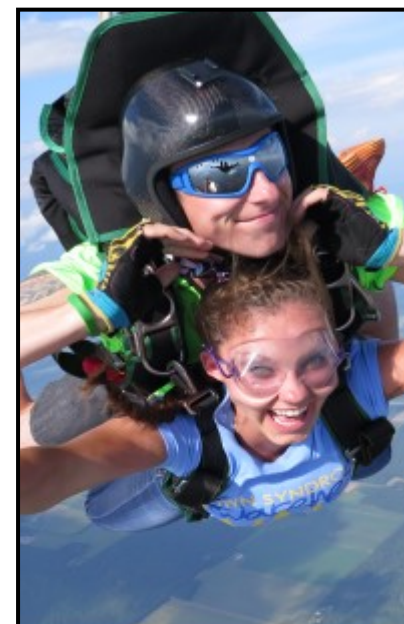
**Lace up your sneakers and walk to show your support  
for the 7,825 reports of sexual assault in FY19.**

Post a screenshot of your distance from a smart phone app  
or fitness tracker to the event discussion board at:  
[www.facebook.com/FORTMCCOYACS](http://www.facebook.com/FORTMCCOYACS)

At the end of the competition, the Unit/Organization with  
the most miles walked will receive a SHARP trophy!



For questions, please call 608-388-8989 / 8951 | #notjustapril



### **Military Discount**

Tandem:	\$175
Static Line Training:	
+ 1 Jump	\$110
+ 5 Jumps	\$275

## **SKYDIVE WISSOTA**

CHIPPEWA FALLS, WI  
715.289.4440

[WWW.SKYDIVEWISSOTA.ORG](http://WWW.SKYDIVEWISSOTA.ORG)



Find us on:  
**facebook.**



CURRENT OPENINGS

- Cook
- Recreation Assistants
- Custodial Workers
- Food & Beverage Assistants

**APPLY TODAY! Visit [www.USAJOBBS.gov](http://www.USAJOBBS.gov)  
or call NAF Personnel at 608-388-3773**

**RUMPEL FITNESS CENTER**  
Building: 1122 Phone: 388-2290

**The health and safety of  
our customers and employees  
is our highest priority.**

**What WE ARE doing for you:**

- We are closely monitoring CDC guidelines to make sure we are in compliance with all safety and health regulations.
- All staff will participate in daily wellness checks and will be sent home if they are displaying any symptoms of COVID-19.
- Employees are required to wear a face covering and practice frequent hand washing.
- Staff will not handle CAC or ID cards.
- We are operating at a reduced capacity to adhere with social distancing guidelines.
- Equipment has been spaced a minimum of 6 feet apart.
- Highly frequented spaces will be cleaned every hour.

**What YOU CAN do for us:**

- If you have been exposed to COVID-19 recently or have symptoms (fever, cough, shortness of breath, loss of taste or smell) stay home.
- Clean equipment prior to and after each use.
- Avoid touching your eyes, nose and/or mouth.
- Practice frequent hand washing. Use the hand disinfecting station upon entry and exit of each room.
- Avoid close contact. Keep a 6-foot buffer and practice social distancing.
- Wear a mask/cloth face covering when entering and exiting the facility.
- Avoid shaking hands.
- Cover coughs and sneezes.
- Wear shoes in the locker room.

**HOURS OF OPERATION**

Monday - Friday: 6 am - 7 pm | Saturday - Sunday: 7 am - 2 pm  
No 24/7 Access

**Oil Changes \$15\***

**Thursdays from 1 - 8 pm  
Automotive Skills Center (B1763)**

**Know How to Change Your Oil?  
Rent a bay for \$4 an hour**



*\* Must provide own oil & filter*

**Call 608-388-3013 to schedule an appointment**

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the school  
year right**

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**Tutor.com**

It's Back to School Season! Did you know? You have free access to Tutor.com through the U.S. Military! Get FREE online tutoring to support your academic success this school year. Visit [www.tutor.com/](http://www.tutor.com/)

**The Real McCoy**

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**>> CLICK HERE to view the latest edition**

## ARMY COMMUNITY SERVICE

Building: 2111 Phone: 388-3505

### FY20 SHARP VIRTUAL TRAINING

Sep 15 or 29 | 9 am

This training counts for your annual Face-To-Face training. To register, [click here](#) to send an e-mail. Open to Fort McCoy Garrison Staff and Fort McCoy Tenant Staff on a first come, first serve basis. Register early to reserve your seat.

### NEWCOMER ORIENTATION

Sept 16 | 8 am – 12 pm

McCoy's Community Center

The Fort McCoy Newcomer Orientation will be resuming. Masks are required in accordance with Fort McCoy health and safety guidelines. Attendance is limited to the first 20 registered. Breakfast will be provided beginning at 8 am. To register, please call Army Community Service at x2359.

### CAN I KISS YOU?

Sep 10 | 2 pm | Whitetail Ridge Ski Area Chalet

A fun training that teaches you how to ask for what you want sexually or intimately – without having to play any of the games. This will cover required SHARP and FAP Leadership training. Social distancing precautions will be followed. Social distancing precautions will be followed. To register, call or text 608-630-7473 or [click here](#) to send an email.

### SAFER Choices

Sep 10 | 6:30 pm | McCoy's Community Center

A fun learning experience for teens and parents. Mike provides essential strategies and skills for helping your child make safer choices around dating, intimacy, alcohol (and other drugs), sexting, consent, and much more. Social distancing precautions will be followed. To register, call or text 608-630-7473 or [click here](#) to send an email.

### CIRCLE OF SECURITY

Sep 18 | 9 am – 3:30 pm

McCoy's Community Center

Join us for a discussion on relationships, parenting and strengthening the bond with your child! Develop strategies and skills for helping yourself, your partner and your children regulate emotions and behaviors. Deepen your understanding of the relational dance; the possible origins of behaviors, and the individual needs of those in your life. Social distancing precautions will be followed. To register, call or text 608-630-7473 or [click here](#) to send an email.

### CONNECTION

Missing your co-workers & friends? Skeptical of what the school year is going to look like? Want some normal? You may need connection! Join us to connect with other people in the Fort McCoy Community. It's easy, takes only a few minutes here and there at your convenience and you can also earn volunteer hours. Reaching out to others and sharing positivity may be just what you need to help yourself feel better. Don't feel positive? We'll help you get positive and show you how to share it! For further information contact [lorie.l.retzlaff.civ@mail.mil](mailto:lorie.l.retzlaff.civ@mail.mil) or 608-388-6507.

*"You don't need to be perfect to inspire others. Let people get inspired by how you deal with your imperfection." – Lewis Howes*

### FACE MASKS

Contact Lorie at 608-388-6507 (leave a message) or [lorie.l.retzlaff.civ@mail.mil](mailto:lorie.l.retzlaff.civ@mail.mil) to:

1. Request cloth face masks for your Family. Children's sizes available.
2. Volunteer to sew masks for our community. Our current volunteers need a break. We need others to step up to the call!

*Thank You to those volunteers who have contributed to the making of the 1,102 masks and 280 ear protectors! We appreciate your time, energy, and talents to make our Community a great place to work and play!*

### INTERESTED?!

A Beginning Sewing class is being planned. You will learn the basics of sewing with a machine and how to sew a face mask. Let me know your interest...

Day/Time: Saturday? Week Night? Week Day? What other types of things would you like to learn how to sew?

Please email me at [lorie.l.retzlaff.civ@mail.mil](mailto:lorie.l.retzlaff.civ@mail.mil) with your questions and interest.

### REDUCING STRESS THROUGH SELF-CARE

Learn how to maintain a healthy mind & body through this self-paced online training! TOPICS INCLUDE: The difference between normal stress and unhealthy stress AND Healthy coping strategies for stressful situations.

TO REGISTER, please call or text 608-630-7473 or email [jennifer.l.morris169.civ@mail.mil](mailto:jennifer.l.morris169.civ@mail.mil). Training available September 1, 2020 - August 31, 2021



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Fort McCoy MWR**

**ICE COMMENTS  
& FEEDBACK**  
INTERACTIVE CUSTOMER EVALUATION



## LEISURE TRAVEL SERVICES

Fort McCoy, WI | (608) 388-3011 | [www.mccoy.armymwr.com](http://www.mccoy.armymwr.com)

Prices are subject to change without notice. Sorry, no exchanges or refunds.



### FLORIDA

#### Disney World, Orlando

TICKET DESCRIPTION	OUR PRICE Adult/Child	GATE PRICE Adult/Child
<b>1 DAY</b>		
Base	\$121.00/\$116.00	\$169.34/\$164.01
Base Plus	\$191.00/\$186.00	\$243.89/\$238.56
Hopper	\$186.00/\$181.00	\$238.56/\$233.24
Hopper Plus	\$206.00/\$201.00	\$259.86/\$254.54
<b>2 DAY</b>		
Base	\$223.00/\$213.00	\$335.48/\$324.83
Base Plus	\$293.00/\$283.00	\$410.03/\$399.38
Hopper	\$298.00/\$288.00	\$415.35/\$404.70
Hopper Plus	\$318.00/\$308.00	\$436.65/\$426.00
<b>3 DAY</b>		
Base	\$294.60/\$282.00	\$502.68/\$486.71
Base Plus	\$357.60/\$345.00	\$577.23/\$561.26
Hopper	\$362.10/\$349.50	\$582.56/\$566.58
Hopper Plus	\$380.10/\$367.50	\$603.86/\$587.88
<b>4 DAY</b>		
Base	\$378.30/\$362.10	\$624.09/\$602.79
Base Plus	\$441.30/\$425.10	\$698.64/\$677.34
Hopper	\$454.80/\$438.60	\$714.62/\$693.32
Hopper Plus	\$472.80/\$456.60	\$735.92/\$714.62
<b>2020 MILITARY SPECIALS</b>		
Hopper	\$251.00	\$313.30
Hopper w/ Water Park Fun & More	\$296.00	\$378.30
<b>5 DAY</b>		
Base	\$402.60/\$385.50	\$658.17/\$648.70
Base Plus	\$465.60/\$448.50	\$732.72/\$711.42
Hopper	\$479.10/\$462.00	\$748.70/\$727.40
Hopper Plus	\$497.10/\$480.00	\$770.00/\$748.70
<b>2020 MILITARY SPECIALS</b>		
Hopper	\$267.00	\$334.10
Hopper w/ Water Park Fun & More	\$312.00	\$394.10
<b>6 DAY</b>		
Base	\$414.30/\$397.20	\$673.08/\$651.78
Base Plus	\$477.30/\$460.20	\$732.72/\$726.33
Hopper	\$490.80/\$463.70	\$763.61/\$742.31
Hopper Plus	\$508.80/\$491.70	\$783.75/\$762.05
<b>2020 MILITARY SPECIALS</b>		
Hopper	\$283.00	\$325.08
Hopper w/ Water Park Fun & More	\$328.00	\$379.08

#### Universal Studios, Orlando

TICKET DESCRIPTION	OUR PRICE Adult/Child	GATE PRICE Adult/Child
<b>1 PARK</b>		
1 Day Base Anytime	\$115.50/\$110.25	\$116.09/\$110.76
<b>2 PARK</b>		
1 Day Park to Park Anytime	\$165.25/\$160.25	\$174.66/\$169.34
2 Day Base	\$219.75/\$210.00	\$238.55/\$227.90
2 Day Park to Park	\$258.50/\$249.25	\$302.45/\$291.80
3 Day Base	\$237.50/\$227.75	\$279.02/\$267.37
3 Day Park to Park	\$274.50/\$265.50	\$342.92/\$332.27
4 Day Base	\$241.75/\$232.50	\$292.86/\$282.21
4 Day Park to Park	\$289.00/\$280.25	\$362.09/\$351.44
5 Day Base	\$245.50/\$236.25	\$300.32/\$289.25
5 Day Park to Park	\$298.00/\$289.25	\$374.87/\$364.22
<b>MILITARY SPECIAL</b> 5 Day Park to Park	\$208.00/\$203.00	\$374.87/\$364.22
<b>3 PARKS</b>		
2 Day Park to Park	\$295.00/\$286.00	\$345.05/\$334.40
3 Day Base	\$274.50/\$264.75	\$319.49/\$308.84
3 Day Park to Park	\$309.00/\$299.75	\$383.39/\$372.74
4 Day Base	\$286.00/\$276.75	\$342.92/\$332.27
4 Day Park to Park	\$331.25/\$322.25	\$412.14/\$401.49
5 Day Base	\$300.50/\$291.25	\$363.15/\$352.50
5 Day Park to Park	\$350.75/\$341.75	\$437.70/\$427.05
<b>MILITARY SPECIAL</b> 5 Day Park to Park	\$248.00/\$243.00	\$437.70/\$427.05

#### Sea World/Busch Gardens, Orlando

TICKET DESCRIPTION	OUR PRICE	GATE PRICE
1 Visit	\$87.75	\$99.99

#### Other Attractions

Medieval Times	\$42.95/\$35.95	\$67.36/\$39.54
Blue Man Group	\$46.00/\$26.00	\$101.18/\$39.94

Prices subject to change. A five-week notification is necessary to order tickets.

Disney World Military Specials: Valid from Jan 1 - Dec 31, 2020.

Universal Military Specials: Valid from Jan 29 - Dec 31, 2020. 0-99% disabled Veterans and their caregivers are not authorized to purchase any Military promo rate.

Updated March 2020.

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### CALIFORNIA

#### Disneyland, Anaheim

TICKET DESCRIPTION	OUR PRICE Adult/Child	GATE PRICE Adult/Child
<b>1 DAY</b>		
Base	\$103.75/\$97.75	\$104/\$98
Base w/Max	\$123.25/\$117.50	\$124/\$118
Hopper	\$158.25/\$152.25	\$159/\$153
Hopper w/Max	\$177.75/\$171.75	\$179/\$173
<b>2 DAY</b>		
Base	\$224/\$210	\$235/\$220
Base w/Max	\$260/\$246	\$275/\$260
Hopper	\$273/\$260	\$290/\$275
Hopper w/Max	\$309/\$296	\$330/\$315
<b>3 DAY</b>		
Base	\$291/\$273	\$310/\$290
Base w/Max	\$345/\$327	\$370/\$350
Hopper	\$341/\$323	\$365/\$345
Hopper w/Max	\$395/\$377	\$425/\$405
<b>4 DAY</b>		
Base	\$318/\$300	\$340/\$320
Base w/Max	\$390/\$372	\$420/\$400
Hopper	\$368/\$350	\$395/\$375
Hopper w/Max	\$440/\$422	\$455/\$435
<b>5 DAY</b>		
Base	\$336/\$318	\$360/\$340
Base w/Max	\$426/\$408	\$460/\$440
Hopper	\$386/\$368	\$415/\$395
Hopper w/Max	\$476/\$458	\$515/\$495
<b>MILITARY SPECIALS</b>		
Must be active or retired military or 100% disabled.		
3 Day Hopper	\$178	\$184
3 Day Hopper w/Max	\$219	\$229
4 Day Hopper	\$196	\$204
4 Day Hopper w/Max	\$250	\$264

Disneyland Military Specials are valid from Jan 1 - Dec 31, 2020.  
Blackout Dates are April 5 - April 20, 2020.

### ILLINOIS

ATTRACTION	OUR PRICE Adult/Child	GATE PRICE Adult/Child
Medieval Times (Schaumburg)	\$48/\$36	\$69.07/\$39.78

Prices subject to change. A five-week notification is necessary to order tickets.  
Updated February 2020.

#### Sea World, San Diego

Day Pass + Eat Free	\$86.75	\$89.99
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