



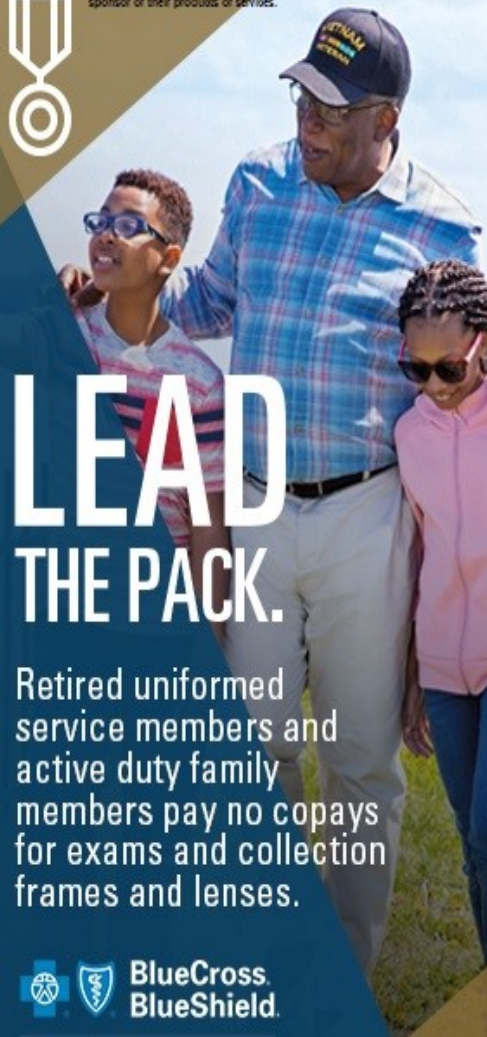
Fort McCoy MWR Enews

- ▶ Facebook
- ▶ Event Calendar
- ▶ ICE Comments

September 16, 2021 | www.mccoy.armymwr.com | 608-388-7400 | No endorsement implied



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LEAD THE PACK.

Retired uniformed service members and active duty family members pay no copays for exams and collection frames and lenses.



FEP VisionSM



Fort McCoy Non-Appropriated Fund Property CASH & CARRY Sale

RESCHEDULED!
NEW DATE: October 6, 2021
Building 1560, Fort McCoy, WI

**8 - 8:30 am: Military, Military Dependents
& Military Retirees ONLY***

8:30 am - 9 am: DoD Card Holders*

All Buyers: 9 am - 1 pm

** I.D. Required. Spouses and/or children may
accompany I.D. Card Holder.*

RULES

- All buyers must be in line; no saving places
- Items are sold "AS IS"
- No loading assistance available
- Please bring rope or tie down straps to secure cargo for transport
- Most items reduced to 50% off at noon (All tags will be checked prior)

Items will be offered on a first-come, first serve basis. There is a limited number of each item. Items will be paid for by cash or check and picked up at time of purchase. Call 608-388-2232/2852 with questions. No early callers please.
DIRECTIONS: After entering front gate, turn left at stop sign onto South 10th Ave. Building 1560 will be on your left-hand side. You must register your vehicle and have a picture I.D. to enter the installation. Please do not park in the RIA Parking Lot.

ITEMS FOR SALE INCLUDE:

- Ellipticals
- Exercise Bikes
- Treadmills
- Tables
- TVs
- Paintball Masks
- Laser Tag Guns
- And More!

www.mccoy.armymwr.com | 608-388-2232



Products That Fit **Your** Lifestyle

Whether you're planning for your first home purchase, saving for a family vacation or are thinking about upgrading your vehicle, **R.I.A. Federal Credit Union** provides financial products and guidance to help you reach your goals.



Savings



Security



Credit Cards



Checking



Mortgages



Auto Loans



E-Services

TOMAH, WI
1024 N Superior Ave
(608) 372-9277

**JOIN
US!**

FT. MCCOY
1501 S 10th Ave
(608) 388-2171



**Relationships.
Integrity.
Action.**



RIAFCU.com

McCOY'S COMMUNITY CENTER
Building: 1571 Phone: 388-2065

NEW HOURS
Tues - Sun: 11 am - 9 pm
Closed Mondays

Meatier Shower Pizza

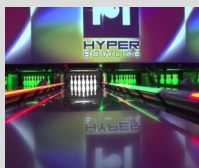
\$18.75

16" Pizza Loaded with Pepperoni, Sausage, Ground Beef & Bacon



HYPERBOWLING

Multiply the fun with HyperBowling where you can have your lane your way with 35 different games & 15 themed backgrounds to choose from. Bowl 1 hour for \$20 with up to 4 people per lane. Shoe rental included.



OUTDOOR RECREATION
Building: 8053 Phone: 388-3517/4498

Paddle Boards
Available For Rent
At Pine View Campground
\$5 per hour



To reserve a paddle board, please call 608-388-3517



CANOE OR KAYAK RENTAL

Make the most of the nice days we have left before winter arrives. Rent a canoe or kayak from Pine View Campground.



Hourly Rate: \$5 Mil/Civ,
Daily Rate: \$15 Mil/\$25 Civ

Call 608-388-3517 or visit us online at:
mccoy.armymwr.com

**New at Pine View
Campground!**

**Water
Trikes**

\$15 PER HOUR



Call 608-388-3517 for more information

RUMPEL FITNESS CENTER
Building: 1122 Phone: 388-2290

RUMPEL FITNESS CENTER'S

Road Kill VIRTUAL 5K



SEP 20 - 26, 2021

Challenge Yourself with an elevation climb!

Post a screenshot of your time from a smart phone app or fitness tracker to the Facebook discussion board at:
www.facebook.com/RumpelFitnessCenter

Photos must be posted by midnight on Sep 26.



**Prizes awarded to the top 3
male and female finishers.**

Winners will be announced on the Rumpel Fitness Center's facebook page on October 2. Prizes can be redeemed at the Rumpel Fitness Center.

608-388-3696 | www.mccoy.armymwr.com | www.facebook.com/RumpelFitnessCenter

24/7 FITNESS CENTER ACCESS

Get 24/7 access to cardio and weight equipment by optimizing your CAC with a Rumpel Fitness Center staff member today.

Fitness Center is closed from 4:30—5:00 am weekdays for deep cleaning.



Home | Facility Hours | Newspaper Archives | Search

>> CLICK HERE to view the latest edition



OIL CHANGES \$15

Every Thursday from 1 - 8 pm | Automotive Skills Center (B1763)
Call x3013 to schedule an appointment

Oil and filter must be supplied by customer

ARMY COMMUNITY SERVICE

Building: 2111 Phone: 388-3505

CONNECT THE TOTS PLAYGROUP

Sept 21 and 28 | 10 am – 12 pm

ACS Family Building, B2161

For families with children 0 to 4 years. Our playgroup contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and to help promote social-emotional skill building. Through play, transitions, circle time and songs and activities, and informal conversations, parents learn about developmental ages and stages, gain tools to help understand their child's behavior and become empowered to prepare the family and child to enter school "ready to learn". Summer is time for FUN, to jump and play in the sun. To blow bubbles and catch each one. Sprinklers and water play and so much more. During the next 7 weeks we will enjoy summer fun activities. Please join us! Register by call x7262 or [click here](#) to send an e-mail.

TRIPLE P WORKSHOP: BEING BULLIED

Sep 21 | 5:30 - 7 pm | MS Teams

Join us virtually with a facilitator from The Parenting Place to learn the different types of bullying, causes and impacts of bullying, signs to recognize if your child may be being bullied and tips for managing bullying. This workshop is intended for teens and parents to attend together. To register [click here](#) or call x2412.

RESILIENCE & CHARACTER STRENGTHS

Oct 6 | 9 - 11 am | ACS, B2111

What do you bring to the team? Join us to identify strengths in yourself and in others to improve teamwork and overcome challenges. Register by Oct 30 to receive the link to take a character strength survey.

FEDERAL RESUME WRITING WORKSHOP

Oct 7 | 8 - 10:30 am | ACS, B2111

Learn how to write a federal resume to feature your skills and get the attention of the hiring manager! Topics covered include: Foundation of a Federal Resume, Knowing Your Preference, Analyzing the Job Announcement, Developing a Resume Format, Applying for the Job, Steps after Applying. To register call x7262 no later than Oct 4.

NEWCOMER ORIENTATION

Oct 13 | 8 am – 12 noon

McCoy's Community Center, B1571

New to Fort McCoy? Learn about what we have to offer. Breakfast will be provided beginning at 8 am. To register, call x2359 or [click here](#) to register.

PCS OPEN HOUSE

Oct 27 | 11 am – 1 pm

McCoy's Community Center, B1571

Do you have orders to PCS from Fort McCoy to a new duty location? Stop by McCoy's during our open house to pick up information on your new location. Representatives from Housing, School Liaison Officer, Exceptional Family Member Program, Personal Property Processing Office, LRC Transportation, Military Personnel Division, and Relocation Readiness will be available to provide information. Register not later than Oct 25 by calling ACS at 608-388-2359.

FAMILY ADVOCACY PROGRAM
New Parent Support
Individualized Private Classes Available
Army Community Service
2111 South 8th Avenue | Fort McCoy, WI

To register for your private class, call 608-388-2412 or send an email to: brittany.r.sonie.civ@mail.mil

Virtual SHARP Walk
September 1 - 30, 2021

Show survivors that they do not walk alone!

Lace up your sneakers and walk to show your support for the 6,290 reports of sexual assault in FY20.

Post a screenshot of your distance from a smart phone app or fitness tracker to the event discussion board at: www.facebook.com/FORTMCCOYACS

At the end of the competition, the Unit/Organization with the most miles walked will receive the SHARP trophy!

Registration is a donated item for our community partner - Brighter Tomorrows
A local sexual assault domestic violence shelter

REQUESTED ITEMS ARE:
• Dish Soap • Hand Soap
• Cleaning Supplies • Laundry Soap
• Multipurpose Cleaner
• Diapers (Size 5-6-7) • Bath Towels
• Deodorant • Body Wash
• Shampoo • Conditioner

Items can be dropped off at the Commissary (Bldg. 1537) or Army Community Service (Bldg. 2111)

For questions, please call 608-388-8989 | #notjustapril | DoD Safe Helpline: 877-995-5247

ICE COMMENTS & FEEDBACK
INTERACTIVE CUSTOMER EVALUATION

**WE ARE
HIRING**

FORT McCOY JOB FAIR

**October 27, 2021
10:30 am - 1:00 pm
Army Community
Service (Bldg 2111)**

FORT McCOY CURRENT OPENINGS

- ★ MWR Positions
- ★ AAFES Positions
- ★ DA Civilians

*Visit us at ACS to speak
with an HR professional
about these opportunities!*



Please call 608-388-7262 for more information



U.S. ARMY

Support the Troops Golf Tournament

THANK YOU SPONSORS

No endorsement implied



VITERBO
UNIVERSITY



Looking for Job Opportunities?



Army Community
Service's Employment
Readiness Program
offers many services.

Contact the Fort McCoy
Employment Readiness
Program Manager
at 608-388-7262
for more details.



Schedule an appointment with our new Fort McCoy Military Family Life Counselor



Services Available

- Individual & Couples Support for Adults
- Family Non-Medical Counseling
Parent or guardian must attend each session

**In Person, Phone or Virtual
Appointments Available**

**2111 South 8th Avenue | Fort McCoy, WI
1-608-388-8068**



Disc Golf

Two
Professionally
Designed
Championship
Courses



Classic = 1 mile
2 hours

Big Brother =
3+ Miles
2-4 hours
Rated 5th Pay-to-Play
Course in the USA

7452 Kathryn Avenue
8 Miles South of Sparta WI
608-855-0282



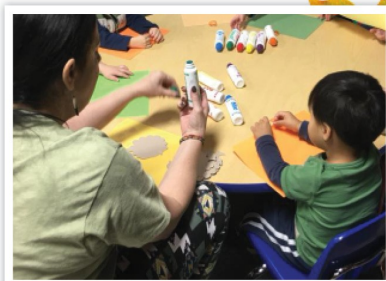
EXCEPTIONAL FAMILY MEMBER PROGRAM

Fall
Craft Night

September 23, 2021 | 5 - 7 pm
ACS Family Building 2161
Fort McCoy, WI

This is a great opportunity for parents with Exceptional Family Members to meet and exchange information, resources and ideas that meet the unique needs of their child(ren). This also provides the perfect chance for Families to mingle with new Families and make new friends. Share your creativity as a Family, come join us!

- Finger painting
- Canvas painting
- Create/decorate a picture frame
- Marble painting
- String painting
- And much more



SPACE IS LIMITED!

To register, please call ACS at 608-388-7262 or send an email to carmen.m.ortiz4.civ@mail.mil

ACS events are open to Military, Retirees, Civilian workforce, Family Members and registered Fort McCoy Volunteers, unless otherwise stated. Employees must contact their supervisors regarding dismissal from work centers.

For information on upcoming training opportunities through ACS please go to <http://mccoy.armymwr.com> and click on Calendar.



EFMP Exceptional
Family Member
Program

www.mccoy.armymwr.com | 608-388-3505

Triple P Informed Workshop:

**BEING
Bullied**

September 21
5:30 - 7:30 pm

**Virtual Workshop via
Microsoft Teams**



**This workshop
will give you a better
understanding of:**

- The different types of bullying
- Causes and impacts of bullying
- Signs to recognize if your child may be being bullied
- Tips for dealing with managing bullying



® The Triple P--Positive Parenting Program-- is a parenting and family support system designed to prevent as well as treat behavioral and emotional problems in children and teenagers. It aims to prevent problems in the family, school, and community before they arise and to create family environments that encourage children to realize their potential.

*Workshop is intended for parents.
Teens are welcome to attend.*

To register, please send an email to brittany.r.sonie.civ@mail.mil or call 608-388-2412.

Session will last approximately 2 hours.

ACS events are open to Military, Retirees, Civilian workforce, Family Members and registered Fort McCoy Volunteers unless otherwise stated. For information on upcoming training opportunities through ACS, please go to <http://mccoy.armymwr.com> and click on Calendar.



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