



DOWN AND DIRTY TRAIL RUN

FORT MCCOY, WI

JUNE 20, 2026
10:00 AM | WHITETAIL RIDGE

KIDS 5 AND UNDER RUN FOR FREE!

<p>EARLY REGISTRATION BEGINS MAY 1</p> <p>\$35 MILITARY & DOD</p> <p>\$40 GENERAL PUBLIC</p>	<p>LATE REGISTRATION JUNE 17 - JUNE 20</p> <p>\$40 MILITARY & DOD</p> <p>\$45 GENERAL PUBLIC</p>
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TO REGISTER SCAN THE QR CODE OR CALL **502-898-3517**

SCAN TO REGISTER

MOVIES UNDER THE STARS

THE LION KING

July 19, 2026 | Showtime at 6 pm

SOUTH POST COMMUNITY CENTER

FREE | OPEN TO ALL SOLDIERS & THEIR FAMILY MEMBERS | BRING BLANKETS & LAWN CHAIRS | SNACKS AVAILABLE WHILE SUPPLIES LAST



AVAILABLE DURING THE MONTH OF JUNE




SOUTHERN STACK



BBQ PULLED PORK TOPPED WITH FRIED ONIONS, COLESLAW, PICKLES & CAROLINA GOLD SAUCE, SERVED ON A TOASTED BUN

\$11.00 MAKE IT A COMBO FOR JUST **\$3.50**

McCOY'S COMMUNITY CENTER
CALL 502.898.7673 FOR CARRYOUT ORDERS






National BEST FRIEND DAY

STAY MOTIVATED AND GET FIT TOGETHER!
This fast-paced partner workout class delivers a full-body challenge with fun, teamwork-focused exercises like partner squats and shoulder-tap planks.

JUNE 18 • 4:00 PM - 4:30 PM
RUMPEL FITNESS CENTER


502.898.2290   @FortMcCoyMWR



CREATIVE ENGAGEMENT WITH THE *Arts*


PHOTOS & EDITING

with Paul Hove



Join Fort McCoy MWR for a **FREE** hands-on class that teaches you how to edit photos and videos right on your smartphone.

Bring your fully charged phone and earbuds or headphones. You'll leave with practical, real world skills you can use immediately, on the device you already carry every day!



JULY 9, 2026 | 4 - 6 PM | FREE!
McCOY'S COMMUNITY CENTER

Event is FREE and open to Soldiers, their Families, and DOD ID Cardholders. Registration for this event is required. Registration is open from June 1 - July 6. To register, scan the QR Code or visit eventbrite to secure your spot.



SKIESUnlimited
Schools of Knowledge, Inspiration, Exploration & Skills

SWIMMING LESSONS

Lesson Dates: July 6, 7, 9, 10, 13, 14, 16, 17
AGES: 4 year olds (must be 42" tall) - 18 year olds
TIMES: 8:30 - 9:00 am: Levels 1 & 2
9:15 - 9:45 am: Levels 1 & 2

Rumpel Fitness Center | \$40 per child

SPACE IS LIMITED - REGISTER TODAY!

Call Parent Central Services at 502-898-8956 or the School Age Center at 502-898-4373

Payments are due at the time of enrollment and are non-refundable. Registration begins June 1, 2026
Youth must be registered with CYS. Please call Parent Central Services to register.
When calling to register your child, please know the swim level of your child.




www.mccoys.armymwr.com | 502-898-8956



RUMPEL FITNESS CENTER FITNESS CLASSES

MONDAYS

CRUNCH TIME 6:00 - 6:30 AM

TUESDAYS

FITNESS FUSION 3:30 - 4:00 PM

WEDNESDAYS

LIQUID GEARS 4:00 - 4:30 PM

THURSDAYS

SPIN 3:30 - 4:00 PM

ALL CLASSES ARE FREE

@FortMcCoyMWR mccoymarmwr.com



MILITARY APPRECIATION NIGHT

USAA is honoring our Military Service Members that are currently serving by providing a FREE MEAL!

WEDNESDAY JULY 22, 2026

**McCoy's Community Center
Dinner Served 5 pm - Close**

While Supplies Last

Must show valid Military ID (dependents not included). Open to all Active Duty, Reservist, & National Guard service members. Food available on a first come, first served basis.



For additional information, call 502-898-5358

HOME ALONE CLASS



This class is designed to teach youth to be responsible, trustworthy, competent, capable, and safe while staying home alone.

DURING THE COURSE, YOUTH WILL LEARN:

- How to stay safe when they are home alone
- How to handle emergency situations
- Activities to do to keep from being bored
- How to be safe in the kitchen
- How to deal with conflict

DATES & TIMES: *Must attend both days*

AUGUST 5: 8:30 - 11:30 am

AUGUST 6: 9:30 - 11:30 am

AGES: 10 - 11

COST: FREE!

FORT MCCOY CYS BUILDING 1765

Call 502-898-8956 to Register

Must be registered by July 29, 2026. Youth must be registered with CYS to attend. 5th - 6th graders: An \$8.00 per hour fee applies outside the class hours if you are not enrolled in the full-time camp week if you need care after class.



@FortMcCoyMWR




MAGIC OF CONNECTIONS

Join Army Community Services for a thought-provoking magic show guaranteed to amuse audiences of all ages!

Afterward, visit our interactive display tables to chat, learn, and take-home resources to make your own magical connections.

McCOY'S COMMUNITY CENTER | JUNE 24, 2026

SHOWTIMES: 2:30 - 3:15 PM | 4:00 - 4:45 PM | 5:30 - 6:15 PM

To register call ACS at 502-898-2412/3505 or email brittany.r.sonie.civ@army.mil
Open to, to Soldiers, Spouses, and DOD Civilians assigned to Fort McCoy.

U.S. ARMY To report Child abuse call 608-269-8000 or call local enforcement, 911



EFMP Exceptional Family Member Program

Summer Sensory Series

JOIN US FOR SOME FAMILY FUN THIS SUMMER!
 The Exceptional Family Member Program (EFMP) invites you to our interactive Summer Sensory Series! Explore, create, and connect with your Family in a fun, supportive atmosphere designed for play!

EXPLORE A VARIETY OF ACTIVITIES!
 Build with kinetic sand, splash around at the water table, stretch and squish gooey slime, chase giant bubbles, and much more!


Activities are geared for EFMP Families but the events are open to the entire Fort McCoy community.

JUNE 26 • JULY 17 • AUG 14
ACS FAMILY BUILDING • 3 - 5 PM
 (B2161)

TO REGISTER CALL 502.898.7262
 OR EMAIL sarah.l.wiedenfeld.civ@army.mil Event is Free! Please Register 1 week prior to the event. Space is limited. Children must be accompanied by an adult!

Follow us on Facebook! Fort McCoy Army Community Service

U.S. ARMY



FLAVORS of FORT MCCOY

SHARE A Recipe
SHARE A Story

Turning everyday recipes into shared connection, resilience and readiness for the Fort McCoy community.

SHARE your family's favorite recipes and the stories that make them special.	CONNECT with your community at a fun, quarterly food gatherings.	NOURISH your family and spiritual wellness through the simple joy of sharing.
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Monthly Recipe Submissions
 Submit your family-tested recipes to ACS by the 15th of each month by emailing jesse.k.ogundu.civ@army.mil

U.S. ARMY



EFMP Exceptional Family Member Program

ALL ABILITIES
Craft Night

Art offers individuals with all abilities a way to communicate. Practicing art has been shown to increase fine motor skills, improve focus, gain self-confidence, strengthen cognitive development and improve mood.

CHOOSE FROM A VARIETY OF ART PROJECTS INCLUDING:

- Sensory Crafts
- Seasonal / Holiday Crafts
- Painting & Coloring
- Scrapbooking & Stamping
- Diamond Art
- And Much More!

Summer 2026 Dates
Jun 11, Jul 16 & Aug 13
4:30 pm - 7:00 pm
ACS Family Building (B2161)

Army Community Service (ACS) events are open to Military, Retirees, Civilian workforce, Family members and registered Fort McCoy Volunteers, unless otherwise stated.

U.S. ARMY

TO REGISTER, PLEASE CALL ACS AT 502-898-7262
 or send an email to: sarah.l.wiedenfeld.civ@army.mil



FORT McCOY MWR

HOURS OF OPERATION

JUNETEENTH

Army Community Service:	CLOSED June 19
Auto Skills Center:	CLOSED June 19
Child & Youth Services:	CLOSED June 19
MWR HQ BLDG 1668:	CLOSED June 19
McCoy's Community Center:	CLOSED June 19-21
Pine View Campground Office:	9am - 5pm June 19
Ten Point Pub:	CLOSED June 19
Rumpel Fitness Center:	CLOSED June 19-21 24/7 Access will be available

