

NEWSLETTER



Army Community Service (ACS) enhances the well-being and quality of life of Fort McCoy military members, Families and civilians by providing real life solutions for successful Army living.

SEPTEMBER 2024

Upcoming Events & Trainings

SPIN YOUR OWN WOODEN PEN

September 5, 10 or 19 | 4:00 - 6:30 pm | B1133

Create a unique, one-of-a-kind pen. Start with a blank block of wood, use the lathe to customize it and finish with a high gloss coat of wax. All materials and instructions are provided. To register, call 502-898-3505 at least one week prior to the class. *Better Opportunities for Single Soldiers (BOSS) Service Members are highly encouraged to attend.*

CONNECT THE TOTS

September 10, 17 & 24 | 10:00 am - 12:00 pm | ACS Family Building (B2161)

Our playgroup contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and to help promote social-emotional skill building. Through play, transitions, circle time and songs and activities, and informal conversations, parents learn about developmental ages and stages, gain tools to help understand their child's behavior and become empowered to prepare the Family and child to enter school "ready to learn". To register, [e-mail here](#) or call 502-898-2412.

NEWCOMER'S ORIENTATION

September 11 | 8:00 am - 1:00 pm | McCoy's Community Center (B1571)

Are you new to Fort McCoy? Come and learn what we have to offer. Breakfast and an installation bus tour provided. Spouses are highly encouraged to attend. To register, [e-mail here](#) or call 502-898-2359.

HOME PURCHASING

September 17 | 9:00 am - 10:00 am | Army Community Service (B2111) or via Teams

In this seminar, you will learn how much house you can afford, types of loans, insurance requirements, and much more. To register, [email here](#) or call 502-898-3540.



HEROES4LIFE

SUICIDE AWARENESS RECOVERY & THE GLOW

This class will focus on ways to diminish the risk of suicide by meeting the person at risk where they are. Become part of a culture shift where seeking help is a sign of strength and we all care for each other - right where you are.

Intentionally identify positive coping skills, support systems, attitudes and beliefs that fill our safety and security.

Engaging activities include:

- Discussions to support responsibility and intervention for persons at risk of suicide.
- Finding the GLOW—Gifts, Lessons, Opportunities and Wisdom; examining our losses, challenging events, and finding a positive side to each experience.



SEPTEMBER 16, 2024 FROM 10AM - 12PM
AT MCCOY'S COMMUNITY CENTER

To register, please email:
nicholas.s.kletzien.civ@army.mil
or
vicki.m.harther.civ@army.mil or call
608-388-3505 or 502-898-3505



FORT MCCOY SHRP

mccoy.armymwr.com

[X](#) [f](#) [@](#)FortMcCoyMWR

ACS events are open to Military, Retirees, Civilian employees, Family members, survivors and registered Fort McCoy volunteers. Employees must contact their supervisors regarding dismissal from work centers.

Employment Readiness Training

DID YOU KNOW?

USAJOBS[®]
"WORKING FOR AMERICA"

Search Jobs ▶

[USAJOBS.gov](https://www.usajobs.gov) offers on-line trainings regarding federal resumes and positions. On the home page, scroll to the bottom to find upcoming events.

SEPTEMBER 3

Writing An Effective Resume

SEPTEMBER 10

Navigating the Federal Hiring Process Series: Interview Tips

Many other specialty trainings from the Army Corps of Engineers, Internal Revenue Service, Department of Treasury, US Department of Agriculture, Department of the Navy, Indian Health Service, Forestry Department and many others are available.

For more information on the Employment Readiness Program, call 502-898-7262.

Upcoming Events & Trainings

SOLDIER & FAMILY READINESS GROUP (SFRG) TRAINING

September 17 | 1:00 - 3:00 pm | Army Community Service (B2111)

All Command Teams, SFRG Liaisons and SFRG volunteers are encouraged to attend. Topics include defining and understanding mission essential activities as outlined in the regulation; understanding SFRG roles and responsibilities; recognizing non-mission essential activities, resources, and professional development opportunities; obtaining mandated certification, IAW Army regulations and policies. To register, [e-mail here](#) or call 502-898-6507.

CRAFTING YOUR RESILIENCE

September 21 | 9:00 am - 12:00 pm | ACS Family Building (B2161)

Join us for a fun-filled morning crafting and exploring a resilience skill. One hour early start time for EFMP Families with registration. All materials are provided. To register, [email here](#) or call 502-898-7262.

USAJOBS & FEDERAL RESUME WRITING WORKSHOP

September 24 | 9 am - 11 am | Building 2111

Learn how to write a Federal resume to feature your skills and get the attention of the hiring manager! Bring your laptop along. To register by September 20, [email here](#) or call 502-898-7262.

ALL ABILITIES FALL CRAFT NIGHT

October 1 | 4:30 pm - 7:00 pm | ACS Family Building (B2161)

Wisconsin is known as "America's Dairyland". Dairy is an important part of Wisconsin's culture. See how ice cream is made, tour a dairy barn and take part in interactive displays. Bus will depart and return to ACS (2111 South 8th Avenue). Admission is free. Lunch on your own. Space is limited. To register, [email here](#) or call 502-898-7262. Must be registered by September 27.



October 5 | 8:00 am - 5:30 pm
Bus departs from and returns to ACS

Join us for a fun-filled day to explore a world of creativity at Epic Intergalactic Headquarters.

Epic is a medical software company with specifically designed workspaces to promote creativity and innovation which the public can view free of charge. We provide the bus to get there. Explore the Treehouse, Fortress, Carousel, Deep Space, Emerald City or the Barn on a free walking tour.

TRIP SCHEDULE:

8:00 am: Depart ACS (Bldg 2111)

10:30 am: Arrive at West Town Mall for early lunch (on your own)

12:00 pm: Arrive Epic Intergalactic Headquarters

3:00 pm: Depart for Fort McCoy (ACS, Bldg 2111)

To register, [email here](#) or call 502-898-7262

Motorcoach Bus will be provided if 25+ attendees register. Must be registered by September 27.

SPOTLIGHT

on

AWARENESS

KINDNESS KORNER

*World Gratitude Day
is September 21.*

*Expressing gratitude can take many forms,
depending on the situation and your personal
style. Here are some ways to show appreciation:*

SAY “THANK YOU” DIRECTLY: A simple, heartfelt “thank you” is often enough to convey gratitude.

WRITE A NOTE OR LETTER: A handwritten note or a thoughtful email can make your appreciation feel more personal and lasting.

SHOW GRATITUDE IN ACTIONS: Sometimes, actions speak louder than words. Doing something nice for someone in return can be a powerful way to show gratitude.

GIVE A SMALL GIFT: A token of appreciation, like a small gift or treat, can be a thoughtful way to say thank you.

PUBLICLY ACKNOWLEDGE THEM: If appropriate, acknowledge the person’s contribution in front of others, which can make your gratitude more meaningful.

BE SPECIFIC: When expressing gratitude, mentioning what you’re thankful for specifically can make your appreciation feel more genuine.

SPEND QUALITY TIME TOGETHER: Sometimes, just by being present and spending time with someone can be a way of showing gratitude.

OFFER HELP IN RETURN: Offering assistance or support in the future is a practical way to show you’re thankful.

SHOW POSITIVITY AND KINDNESS: A positive attitude and kind words can spread gratitude and make others feel appreciated in return.

SEPTEMBER’S THEME:

Personal Growth and Literacy

*September is Self-Improvement Month
along with National Literacy Month.*

We also celebrate Positive Thinking Day on September 13. Our tree is decorated with positive thoughts and affirmations. When you stop into ACS, select a book from many topics on personal growth. We may even have a couple of other surprises for you! As always, we welcome your taking the time to talk to us about our programs or check out a book from our Resource Library!

NOTE: Supplies are limited. ACS, located at 2111 South 8th Avenue is open M-F, 7:30 am – 4:00 pm, except Federal holidays or unless posted.





ARMY FAMILY ACTION PLAN

Change begins with you



Army Family Action Plan (AFAP)

is a process that invites members of the Army Family to be agents of change. Establish and improve programs and services, develop and change policies and regulations, create legislation and amend laws.

Since 1983, over 700 issues have been raised at the Department of the Army level — and those have resulted in over 500 improvements for Soldiers, Families, and Army communities.

TO SUBMIT AN AFAP ISSUE, SCAN THE QR CODE



Or visit: ms.armyfamilywebportal.com/
Issue forms are also available at Army Community Service (B2111)

FORT McCOY AFAP Conference

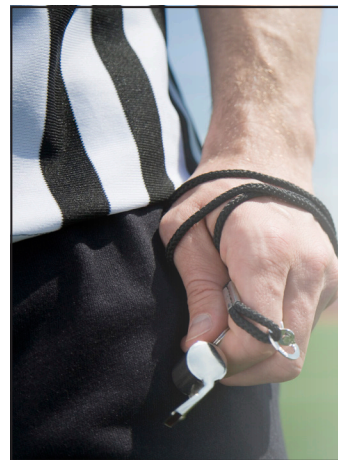
November 6 - 7, 2024 | 9 am
2111 South 8th Ave | Fort McCoy, WI

For more information, please call ACS at 608-388-6712.

ACS events are open to Military, Retirees, Civilian workforce, Family Members and registered Fort McCoy Volunteers, unless otherwise stated. Employees must contact their supervisors regarding dismissal from work centers.



ArmyMWR.com/AFAP



VOLUNTEERS NEEDED! Flag Football Referees

Nov 6, 13, 20 & 26 from 4 - 6 pm
Fort McCoy Ball Fields

If interested, [email here](#) or call 502-898-8455



Military Retiree Appreciation Day

at Fort McCoy, WI

Friday 6 September 2024 0730 – 1600 (730am – 4pm)

Participating Community Partners:

Prayer breakfast – Retirement Services Office – TRICARE – Transition Assistance Advisor – Military One Source – County Veteran Service Office – and many others

Location:

Building 905 (intersection of S 11 Ave and E S St.)

Fort McCoy, WI 54656

This event is open to all military retirees, those transitioning into retirement, and their spouses. For more information please RSVP NLT 30 August 2024 by scanning the QR Code below or you can use the link to register.

<https://invitations.afit.edu/inv/index.cfm?i=854374&k=0A64460A7C53>