



# Fort McCoy MWR Enews

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February 4, 2021 | [www.mccoy.armymwr.com](http://www.mccoy.armymwr.com) | 608-388-7400 | *No endorsement implied*

## POND HOCKEY TOURNAMENT

February 13 | 8 am - 6 pm  
Big Sandy Lake | Fort McCoy, WI

- 8 teams will be competing
- USA Pond Hockey rules will apply
- Proceeds will go to the Army Emergency Relief Fund
- Free for spectators to watch



FOR TEAM REGISTRATION, CALL 608-633-4021

## CHICKEN CAESAR WRAP

Grilled chicken, lettuce, black olives, tomatoes, red onions & caesar dressing wrapped in a flour tortilla.



McCoy's Community Center | 608-388-2065 | [www.mccoy.armymwr.com](http://www.mccoy.armymwr.com)



### LEARN TO SKI OR SNOWBOARD

Make a reservation to learn to ski or snowboard at Whitetail Ridge Ski Area. One hour lesson at \$30 per person. Call 608-388-3517/4498 to make your reservation. Additional fees apply for equipment rental and lift passes.



### FREE FITNESS CLASSES

Mon & Wed | 11:30 am —12:00 pm  
ABS class that targets the core.

Mon | 3:30 pm — 4:00 pm  
BODY BLAST class that hits the upper and lower body.

Limited class size. Social distancing rules apply. Reservations required—please call 608-388-2290.



### GRADE A SNOW DAY

Fridays | 3—9 pm  
Whitetail Ridge Ski Area

Students - bring in your current report card with at least one A or equivalent and get a FREE Tubing Pass! Offer valid through the season and one free tubing pass per student.



### TAKE OUT FAMILY MEALS SUSPENDED

Take Out Family Meals are temporarily unavailable at McCoy's at this time due to limited hours of operation. Family Meals will return this spring when McCoy's Community Center returns to regular operating hours.



## OUTDOOR RECREATION

Building: 8053 Phone: 388-3517/4498

FORT MCCOY MWR

## Whitetail Ridge Ski Area

### PRESIDENTS' DAY HOLIDAY HOURS

**Monday, February 15**  
from 10 am - 4 pm

Snow Tubing: \$10 Military DoD/\$12 General Public  
Ski Lift + Snow Tubing: \$20 Military DoD/\$27 General Public



800-388-3517/4498 | www.mccoy.armymwr.com | www.facebook.com/whitetailridge

**TEN POINT**  
**PUB**

Located inside the Whitetail Ridge Chalet

**HOURS OF OPERATION**  
Thursday:  
4 pm - 9 pm  
Friday:  
3 pm - 9 pm  
Saturday:  
12 pm - 9 pm  
Sunday:  
11 am - 5 pm

Need a ride? Call x2260 to have our shuttle pick you up!  
(Only available to patrons on the installation)

## WHITETAIL RIDGE PRICE LIST

2020-21 Season

DAILY PASSES	Public	Mil/DoD
<b>TUBING</b> <small>Anyone under 38" tall must have a waiver signed by a legal guardian</small>		
Friday or Sunday	\$12	\$10
Saturday	\$17	\$15
<b>SKI + TUBING</b>		
Friday	\$27	\$20
Saturday	\$37	\$30
Saturday Evening (3 - 9 pm)	\$27	\$20
Sunday	\$27	\$20
<b>EQUIPMENT RENTAL</b>		
Snowboards, Skis, Snowshoes or Cross Country Skis	\$10	\$10
Helmets, Boots, Poles	\$5	\$5

SEASON PASSES	Public	Mil/DoD
<small>Season passholders receive an Intro to Skiing/Snowboarding Class.</small>		
Single Ski + Tubing	\$250	\$150
Additional Family Member Ski + Tubing	\$125	\$75

**INTERESTED IN HAVING A PARTY AT WHITETAIL RIDGE?**  
Ask a staff member about our Group Rates.



### HOURS OF OPERATION

Thursday: 4 - 9 pm (Ski Hill open. Tubing Hill open for group parties only)  
Friday: 3 - 9 pm | Saturday: 11 am - 9 pm | Sunday: 11 am - 5 pm



Open to the Public! | 800-531-4703 | www.mccoy.armymwr.com

## MCCOY'S COMMUNITY CENTER

Building: 1571 Phone: 388-2065

### STRIKE IT RIGHT AT MCCOY'S COMMUNITY CENTER

Tues - Fri: 11 am-6pm

Hit the lanes with your friends and family. We've got the bowling you've grown to love or give HyperBowling a try! It's a new & exciting way to play where anyone can WIN. HyperBowling takes bowling to the next level offering a high-tech interactive experience.

**BANGIN' BBQ PIZZA**

Sink your teeth into our thin crust pizza layered with bbq sauce, grilled chicken, red onions, cilantro and topped with fresh mozzarella cheese!

McCoy's Community Center | 608-388-2065 | www.mccoy.armymwr.com

## CONNECT THE TOTS Monthly Activity Bag



**February 5, 2021 | 10 am - 12 pm**  
**Army Community Service**

2111 South 8th Ave | Fort McCoy, WI

Includes recipes, crafts, resources and more!

Bags intended for toddlers; available while supplies last.



Home | Facility Hours | Newspaper Archives | Search

**>> CLICK HERE to view the latest edition**

SOLDIERS HELPING SOLDIERS



**HAPPY**  
**79<sup>th</sup>**  
**BIRTHDAY**  
**AER**

SINCE 1942.



AER Birthday is Friday -  
#OnThisDay in 1942, Army  
Emergency Relief was  
founded to help Soldiers  
and their Families. 79 years  
later, we remain a Soldier's  
first choice for help.  
Soldiers helping Soldiers  
- a lifelong commitment.



# OIL CHANGES \$15

Every Thursday from 1 - 8 pm | Automotive Skills Center (B1763)

Call x3013 to schedule an appointment

*Oil and filter must be supplied by customer*

## ARMY COMMUNITY SERVICE

Building: 2111 Phone: 388-3505

### FAMILY CALENDARS

**NOW - Feb 26 | B2111**

Design and create a personalized 2021 calendar with your Family! Spending time together working on a project is a great way to build communication and resilience skills. [Click here](#) to send an e-mail or call x6507 to learn how to receive your calendar kit. Limited supplies available.

### BUILDING BONDS WORKSHOPS

**Salt & Pepper Mill | Feb 16 OR Mar 2 or 23**  
**Wooden Pens | Feb 11 or 25 OR Mar 11 or 18**  
**B1133 | 1600 - 1830**

Class size is limited to 6 people. Masks are required. Must be registered one week prior to the class. Call x3505 to get registered.

### CONNECT THE TOTS

**Feb 5 | 10 am - 12 pm**

Monthly activity bag available at ACS. The theme for February is Valentine's Day with a focus on positive and healthy relationships.

### NEWCOMER ORIENTATION

**Feb 10 | 8 am - 12 pm | McCoy's Community Center**  
The Fort McCoy Newcomer Orientation is resuming. Masks are required in accordance with Fort McCoy health and safety guidelines. Attendance is limited to the first 20 registered. Breakfast will be provided beginning at 8 am. To register, please call x2359.

### LIFE SKILLS: BEGINNING SEWING WORKSHOP

**Feb 11, 23 & Mar 16 from 4:30 - 7:30 pm | B2161**  
Designed for the beginner, this class will cover sewing

basics to include hand-sewing, sewing machine set-up and completion of a face-mask. Other projects available if time allows. Register by calling ACS at x6507 or [click here](#) to send an e-mail. Must register at least one week before the workshop.

### TEEN DATING VIOLENCE AWARENESS MONTH

Every February, people across the country join together to show support for teens and raise awareness about the issues they face in relationships. Let's help stop abuse before it starts! Show your support for spreading awareness by wearing orange. Post a picture to the ACS Facebook page during the first week of February! [www.facebook.com/fortmccoyacs](http://www.facebook.com/fortmccoyacs)

Join us for a special virtual presentation of "Dealing with Teen Dating Abuse: Crossing the Line" on February 17 at 5:30 pm. Presentation will be approximately 30 minutes. Shown via Microsoft Teams - an active Teams account is not required to participate. Presentation will be approximately 30 minutes. Participation in at least one of the above activities will allow teens or parents to pick up a Teen Dating Violence Awareness bonus bag with info and goodies! To register, please contact Family Advocacy Program Manager by calling 608-630-7473 or [click here](#) to send an e-mail.

### RESILIENCE & ATC MODEL

**Feb 24 | 9 - 11 am | B2111**

Acts, Thoughts and Consequences (ATC). Did you know you can control your thoughts to influence your emotions and reactions (consequences)? Join us to learn this important resilience skill. To register call x6507.

### SFRG FOUNDATIONS TRAINING 3<sup>RD</sup> TUESDAY OF EVERY MONTH

REQUIRED TRAINING FOR ALL SFRG MEMBERS: *All Command Teams, SFRG Liaisons and SFRG volunteers are encouraged to attend.* ATTENDEES WILL: Define and understand mission essential activities as outlined in the regulation, Understand SFRG roles and responsibilities, Recognize non-mission essential activities, resources, & professional development opportunities and obtain mandated certification IAW Army Regulation. Register by calling x6712.

### REDUCING STRESS THROUGH SELF-CARE

Learn how to maintain a healthy mind & body through this self-paced online training! TOPICS INCLUDE: The difference between normal stress and unhealthy stress AND Healthy coping strategies for stressful situations. To register, call or text 608-630-7473 or email [jennifer.l.morris169.civ@mail.mil](mailto:jennifer.l.morris169.civ@mail.mil). Training available now - August 31, 2021.

### FY21 FORT MCCOY GARRISON SHARP TRAINING

**Mar 2 | 0900 - 1000 | Microsoft Teams**  
For Garrison personnel only (limited to 25). Please have your training coordinator contact SHARP Victim Advocate Ryan Harvey at x8951 or [click here](#) to send an e-mail to register.

**ICE COMMENTS & FEEDBACK**  
INTERACTIVE CUSTOMER EVALUATION





## FORT MCCOY VIRTUAL VOLUNTEERING OPPORTUNITY: **THE CONNECTION CLUB**

Seeking volunteers to connect with individuals in our Fort McCoy Community and beyond via phone, email, text and snail mail. This position can include creating home-made greeting cards.

### TO PARTICIPATE

Send email to [lorie.l.retzlaff.civ@mail.mil](mailto:lorie.l.retzlaff.civ@mail.mil) or call 608-388-6507 (please leave a message).

Must sign up as a registered Fort McCoy volunteer to participate.



[www.mccoy.armymwr.com](http://www.mccoy.armymwr.com) | 608-388-3505

## ARMY EMERGENCY RELIEF

EST. 1942

## 2021 Campaign Kick-Off

AER is dedicated to "Helping the Army Take Care of its Own" by providing financial assistance to Soldiers with money donated by Soldiers. AER is a valuable resource for commanders in assuring the morale and welfare of Soldiers and their Families.

### February 25, 2021 McCoy's Community Center Fort McCoy, WI

**BREAKFAST | 8 AM**

**CAMPAIGN KICK-OFF | 8:30-9:15 AM**

**UNIT PROJECT OFFICER TRAINING | 9:15 - 10 AM**

**Register by sending an email to:  
[dianne.l.sommers.civ@mail.mil](mailto:dianne.l.sommers.civ@mail.mil)**

Must be registered NLT Feb 23, 2021. ACS events are open to Military, Retirees, Civilian workforce, Family Members and registered Fort McCoy Volunteers, unless otherwise stated. Employees must contact their supervisors regarding dismissal from work centers.

For information on upcoming training opportunities through ACS please go to [www.mccoy.armymwr.com](http://www.mccoy.armymwr.com) and click on Calendar.



**Never leave a  
Soldier in need.  
By donating to AER,  
you help the Army  
take care of its own.**





## Children of the National Guard and Reserves

Supporting the children of deployed National Guard and Reserve personnel who are serving our country overseas.

Our Military Kids awards up to \$300 per child for the activity of their choice, which will help military children relieve stress and gain self-confidence while their parents serve our nation overseas. This grant program is made possible by the generosity of foundations, corporations and individual donations.

### FUNDED PROGRAMS



Sports



Fine Arts



Enrichment Programs



Tutoring



Camp

Activities help children cope with stress, anxiety, and additional challenges that may arise while a parent is absent during deployment. The grants also serve to honor the sacrifices that children make during this time.



#### SARAH, 11 YRS. OLD

"[Our Military Kids] was a major factor in helping me overcome my depression," Sarah said. "I look back on it and can't help but think how extraordinary it was that dance had such a major impact on my life. I learned to survive and believe in myself, have confidence to go after my dreams, and not to give up."



#### TREY, 11 YRS. OLD

Trey was diagnosed with dyslexia just weeks before his father was scheduled to deploy. While he needed tutoring, he had tested too high to receive any assistance from the school. A grant from Our Military Kids gave him the help he needed and allowed him to focus on his studies while his dad served our country. Because of the grant for tutoring, Trey's reading comprehension is on par with his grade level.



OURMILITARYKIDS.ORG

When a military officer was asked what he needed in Iraq, he said, "Please don't send cookies, care packages, or socks. Just help take care of our children." Our Military Kids is heeding his plea.

### PROGRAM ELIGIBILITY



In order for a child to receive a grant from Our Military Kids:

- ★ The service member is currently deployed overseas (OCONUS).
- ★ The deployment is at least 120 days.
- ★ The child must be at least 3 years old, but no older than 18 (children become ineligible once they have graduated high school).
- ★ The child must be a dependent of the service member.

### HOW TO APPLY



If you're an eligible family, visit [ourmilitarykids.org/apply](https://ourmilitarykids.org/apply) and complete and submit a simple, one-page application along with the following documents:



#### Deployment Orders

A copy of the deployment orders, which show that the child's parent is deployed overseas with the National Guard or Reserves. For Air National Guard, we will need CED orders showing OCONUS duty.



#### Form of Identification

A copy of the child's military ID, birth certificate, DEERS 1172 form, or MilConnect profile page.



#### Activity Information

Documentation from the organization providing the activity's pricing and contact information. Brochures, flyers, website screenshots, and typed letters on the organization's official letterhead will be accepted.



OURMILITARYKIDS.ORG