



Fort McCoy MWR Enews

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October 28, 2021 | www.mccoy.armymwr.com | 608-388-7400 | *No endorsement implied*



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LEAD THE PACK.

Retired uniformed service members and active duty family members pay no copays for exams and collection frames and lenses.



FEP VisionSM



FAMILY WORKSHOP

Spin Your Own Wooden Pen

November 2, 9, 16, 18 or 30

All classes held from 4:00 pm - 6:30 pm
ACS Building Bonds Workshop | B1133

Spend time with your Family making memories!

Relieve some COVID stress by creating your own wooden pen. Start with a blank block of wood, use the lathe to customize and finish with a high gloss coat of wax.



- All materials and instruction supplied
- Class size is limited to 10 participants per day
- Masks are required
- Children must be accompanied by an adult (one adult per child)

Have your own special piece of wood you would like to use? Call 608-388-3840 for specific sizing details.

TO REGISTER, PLEASE CALL ACS AT 608-388-3505
Must be registered one week prior to the class.

ACS events are open to Military, Retirees, Civilian workforce, Family Members and registered Fort McCoy Volunteers, unless otherwise stated.



www.mccoy.armymwr.com | 608-388-3505



DAY PASSES
Military/DoD: \$4
General Public: \$5

HOURS OF OPERATION
Saturday: 10 am - 4 pm
Sunday: 10 am - 2 pm
Open by appointment outside of regular hours of operation.
Call 608-388-3517 to make a reservation.



SUNDAY | DECEMBER 5, 2021 | 11:30AM

Jingle Bell Brunch

11TH ANNUAL
THE CARGILL ROOM AT THE WATERFRONT

*Complimentary
Tickets for
Military personnel*



DEADLINE TO RSVP: NOVEMBER 28
Contact **Elizabeth Faber** by email
or phone to reserve your tickets:
elizabeth.a.faber4.naf@army.mil
Office: (608) 388-2362

SPONSORSHIP DOES NOT IMPLY ENDORSEMENT BY THE U.S. ARMY.

SPONSORED BY:  THE WEBER GROUP 

McCOY'S COMMUNITY CENTER
Building: 1571 Phone: 388-2065



Meatier Shower Pizza **\$18.75**

16" Pizza Loaded with Pepperoni, Sausage, Ground Beef & Bacon

COW & CURD SPECIAL

ONLY in Wisconsin! Enjoy a Wisconsin favorite—New Glarus Spotted Cow & batter-fried cheese curds for only \$14. You also get to keep the Souvenir Glass! (Glass can be purchased separately for \$5—unfilled). Available year round at McCoy's Community Center.



LOVE TO WATCH FOOTBALL?

McCoy's Community Center is the place to be!

- Watch your favorite teams play on 16 large screen TVs
- Enjoy appetizers, pizza and cold beverages!

NFL FOOTBALL
Thursday & Sunday
11 am - 9 pm
Monday* | 5 pm - 10 pm

COLLEGE FOOTBALL
Saturday | 11 am - 9 pm

*Appetizers not available during Monday night games

For more information, please call 608-388-2065

RUMPEL FITNESS CENTER
Building: 1122 Phone: 388-2290



TRICK -OR- TREAT

MOVE YOUR FEET!

October 30-31, 2021

Trick or Treating This Year?
Track your steps while out trick or treating to earn a chance for a family-friendly prize! All Halloween steps count - add them together.

Not Trick or Treating? Just As Sweet!
Run or walk a 5K in costume (or dress up your pet) in order to be considered for this category.

Post your steps/time and a photo of your costume to the event discussion board: www.facebook.com/RumpelFitnessCenter

Photos must be posted by midnight on November 5, 2021.

FREE FITNESS CLASSES

BODY BLAST: Mon 3:30 pm — 4:00 pm
ABS: Wed 11:30 am —12:00 pm
INDOOR CYCLING: Thu 11:30 am —12:00 pm

Class size is limited. Register to attend by calling 608-388-2290.



Middle School/Teens Activity Schedule OCTOBER 25 - NOVEMBER 5, 2021



Program/Service Area	Mon, Oct 25	Tue, Oct 26	Wed, Oct 27	Thu, Oct 28	Fri, Oct 29
The Arts Digital, Fine, Applied & Performing	Spontaneous Art	Felt-Tip Watercolor	Surprise Portrait	Environmental Art	Jackson Polluck Paintings
Education and STEM Science, Technology, Engineering & Math	Jeopardy	Monopoly	Lego Build	Monopoly	3D Fuse Bead Builds
Leadership and Service	Teen Advisory Board	Teen Advisory Board	Teen Advisory Board	Teen Advisory Board	Mario Kart Tournament
Sports and Recreation	Workout Warrior	Happy Ball	Workout Warrior	Ball Tag	Ping Pong Tournament / Memorial Walk
Health and Wellness	Mario Kart	Mario Party	Wii Party	Risk	Noodle Bar

Program/Service Area	Mon, Nov 1	Tue, Nov 2	Wed, Nov 3	Thu, Nov 4	Fri, Nov 5
The Arts Digital, Fine, Applied & Performing	Spontaneous Art	Felt-Tip Watercolor	Surprise Portrait	Environmental Art	Leaf Rubbings
Education and STEM Science, Technology, Engineering & Math	Jeopardy	Monopoly	Lego Build	Monopoly	Space Ship Build
Leadership and Service	Teen Advisory Board	Teen Advisory Board	Teen Advisory Board	Teen Advisory Board	Voting Day
Sports and Recreation	Workout Warrior	Happy Ball	Workout Warrior	Ball Tag	Workout Warrior Tournament
Health and Wellness	Mario Kart	Mario Party	Wii Party	Risk	Club Sandwich Bar

Power Hour & Table Top Game Club are available every day

Highlighted Background = Staff-Facilitated Activities | White Background = Youth-Centered Activities



24/7 FITNESS CENTER ACCESS

Get 24/7 access to cardio and weight equipment by optimizing your CAC with a Rumpel Fitness Center staff member today.

Fitness Center is closed from 4:30 - 5 am weekdays for deep cleaning.

www.mccoy.armymwr.com | 608-388-2290



The Real McCoy

Home | Facility Hours | Newspaper Archives | Search

>> CLICK HERE to view the latest edition



OIL CHANGES \$15

Every Thursday from 1 - 8 pm | Automotive Skills Center (B1763)

Call x3013 to schedule an appointment

Oil and filter must be supplied by customer

ARMY COMMUNITY SERVICE

Building: 2111 Phone: 388-3505

CONNECT THE TOTS PLAYGROUP

Nov 2, 9, 16, 23 and 30 | 10 am – 12 pm

ACS Family Building, B2161

For families with children 0 to 4 years. Our playgroup contains toys, books, and other materials to help strengthen each child's cognitive, physical, and creative selves, and to help promote social-emotional skill building. Through play, transitions, circle time and songs and activities, and informal conversations, parents learn about developmental ages and stages, gain tools to help understand their child's behavior and become empowered to prepare the family and child to enter school "ready to learn". Register by call x7262 or [click here](#) to send an e-mail.

BUILDING BONDS WORKSHOP: SPIN YOUR OWN WOODEN PEN

Nov 2, 9, 18, 23 and 30 B1133 | 4 - 6:30 pm

Spend time with your Family or fellow Soldiers making memories. Class size is limited to 10 people. Masks are required. Children must be accompanied by an adult (one adult per child). Must be registered one week prior to the class. Call x3505 to get registered.

SEA LIFE AQUARIUM

Nov 6 | 7 am – 5 pm | B2111

Join us on a Family bus trip to Mall of America to visit the Sea Life Aquarium. Pick up and drop off will be at the ACS Parking Lot. Must be registered at least one week prior to the trip. Discounted Military Sea Life tickets can be purchased ahead of time. Please bring spending money for food/gift shop. Face

masks are highly encouraged during the trip. To register and to get the military discount code call x7262.

RESILIENCE & ASSERTIVE COMMUNICATION

Nov 10 | 9 - 11 am | MS Teams

Have a hard time understanding what people are saying? Do you wonder, is it me or is it him? Join us for tips on communicating clearly with respect. Learn the IDEAL model to communicate in a confident, clear and controlled manner. To register [click here](#) or call x6507.

NEWCOMER ORIENTATION

Nov 10 | 8 am - 1 pm | McCoy's Community Center, B1571

New to Fort McCoy? Learn about what we have to offer. Breakfast will be provided beginning at 8 am. To register, call x2359 or [click here](#) to register.

GUIDE TO HOMEOWNERSHIP

Nov 18 | 10 - 11 am | MS Teams

Join ACS for this event that will delve into all the aspects of becoming a home owner. Learn the step-by-step process of whether or not you're ready to buy, who to use as a real estate agent, and the breakdown of closing costs associated with the home purchase. To register call x3540 by Nov 17.



Guide to Homeownership

November 18, 2021

10 - 11 am

Online Via
Microsoft Teams



TO REGISTER, PLEASE CALL ACS AT 608-388-3540

ICE COMMENTS
& FEEDBACK
INTERACTIVE CUSTOMER EVALUATION



Family Bus Trip to Mall of America's



Sea Life Aquarium

NOVEMBER 6, 2021

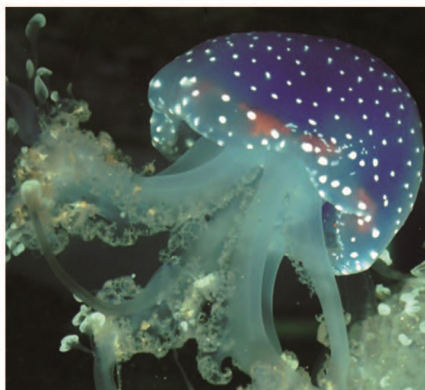
7 AM

DEPART FORT McCOY

5 PM

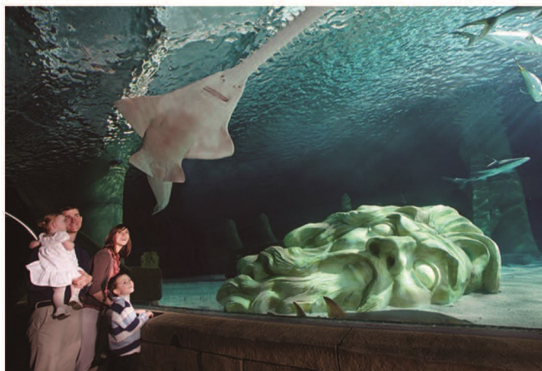
RETURN TO FORT McCOY

Pick up and drop off location:
ACS Parking Lot | 2111 South 8th Ave.



TO REGISTER, PLEASE CALL
608-388-7262

Must be registered at least one week prior to the trip.
Discounted Military Sea Life tickets can be purchased ahead of time at: www.visitsealife.com/minnesota/
Please bring spending money for food/gift shop.
Face masks highly encouraged during trip.



Strengthening Parenting Practices FOR THE MILITARY FAMILY



November 18, 2021 | 9 am - 11:30 am
ACS Training Room | Fort McCoy, WI

IN THIS WORKSHOP, PARTICIPANTS WILL LEARN:

- The Three R's
- Tools for solving everyday problems
- How to talk to your child about difficult military lifestyle issues based on their developmental level
- How to manage your own emotions and aggressive responses when disciplining children

To register, call ACS at 608-388-7262 or send an email to: carmen.m.ortiz4.civ@army.mil
Must be registered one week prior to the class.

ACS events are open to Military, Retirees, Civilian workforce, Family Members and registered Fort McCoy Volunteers, unless otherwise stated. Employees must contact their supervisors regarding dismissal from work centers.



EFMP Exceptional Family Member Program

CALL ARMY COMMUNITY SERVICE AT 608-388-3505 FOR MORE INFORMATION

ON PATROL WITH THE USO

The USO Halloween Party

Saturday October 30th

Spaghetti Dinner will be at 5:00pm
(while supplies last)

Hocus Pocus movie will start at
6:30pm

There will be candy and juice for the
movie!



BOO!



MILITARY AND FEDERALLY CONNECTED PARENTS!



Impact Aid Survey REMINDER



Do you know why Impact Aid funding is important for your child's school?

This funding is provided to school districts to offset the loss of property tax on federal property.

Who should turn in Impact Aid Surveys to the school?

Parents and guardians of Children of Military and Department of Defense (DA) Civilians need to turn in the surveys to their school.

Why is my survey important?

The amount of funds the school district receives is based on the number of Impact Aid Surveys returned.



Military and Federally connected parents, you can help make a difference at your school!