



Fort McCoy MWR Enews

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February 18, 2021 | www.mccoy.armymwr.com | 608-388-7400 | *No endorsement implied*

FEBRUARY 25 IS NATIONAL

CHILI DAY

\$3 Bowl of Chili

Choose from Traditional or Chicken

Available at McCoy's Community Center
and Whitetail Ridge Ski Area



608-388-2065/4498 | mccoy.armymwr.com

BANGIN' BBQ PIZZA



Sink your teeth into our thin crust pizza layered with bbq sauce, grilled chicken, red onions, cilantro and topped with fresh mozzarella cheese!

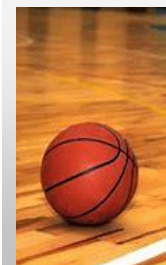


McCoy's Community Center | 608-388-2065 | www.mccoy.armymwr.com



TEN POINT PUB HOURS

Ten Point Pub is open Thursday: 4 pm—9 pm, Friday: 3 pm—9 pm, Saturday: 12 pm—9 pm & Sunday: 11 am—5 pm. Need a ride? Call x2260 to have our shuttle pick you up! (Service only available to patrons on the installation)



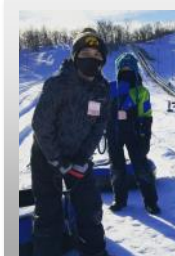
BASKETBALL RESERVATIONS

Mon - Fri: 6 am-5 pm | Sat: 6 am-1 pm
Reservations are limited to a maximum group of three people per hour. No masks required but highly encouraged. Pick up and drop off the basketball with the staff at the front desk. Call 608-388-2290 to make a reservation.



AMERICAN FORCES TRAVEL SALE

Book now and save on hotels, rental cars, flights and more at <https://www.americanforcetravel.com/?refclickid=McCoyWINTERGetaway&fbclid>
The website is designed to save the military community including active duty, Guard, Reserves and now DoD Civilians dollars!



GRADE A SNOW DAY

Fridays | 3—9 pm
Whitetail Ridge Ski Area

Students - bring in your current report card with at least one A or equivalent and get a FREE Tubing Pass! Offer valid through the season and one free tubing pass per student.

McCOY'S COMMUNITY CENTER Building: 1571 Phone: 388-2065

BOWLING FUN FOR EVERYONE!

FEATURES:

- 8 Lanes
- Automatic Bumpers
- Animated Scoring
- Hyper Bowling

LOCATED AT:
McCoy's Community Center
Building 1571

Visit mccoy.armymwr.com or call 608-388-7060 for more information



FEBRUARY FOOD FEATURE

Chicken Caesar Wrap | \$6

Enjoy a delicious tortilla wrap filled with grilled chicken, lettuce, black olives, tomatoes, red onions & Caesar dressing. Make it a combo with fries and a drink for only \$2.50 more.



Random ACTS OF Kindness FAMILY CONTEST

Throughout the month of February, post photos of you or your Family partaking in random acts of kindness. At the end of the month, the individual/ Family with the most photos will win a prize!



Post photos to the event discussion board at facebook.com/mccoyacs



OUTDOOR RECREATION

Building: 8053 Phone: 388-3517/4498

WHITETAIL RIDGE PRICE LIST

2020-21 Season

DAILY PASSES	Public	Mil/DoD
TUBING <i>Anyone under 38" tall must have a waiver signed by a legal guardian</i>		
Friday or Sunday	\$12	\$10
Saturday	\$17	\$15
SKI + TUBING		
Friday	\$27	\$20
Saturday	\$37	\$30
Saturday Evening (3 - 9 pm)	\$27	\$20
Sunday	\$27	\$20
EQUIPMENT RENTAL		
Snowboards, Skis, Snowshoes or Cross Country Skis	\$10	\$10
Helmets, Boots, Poles	\$5	\$5

SEASON PASSES	Public	Mil/DoD
<i>Season passholders receive an intro to Skiing/Snowboarding Class.</i>		
Single Ski + Tubing	\$250	\$150
Additional Family Member Ski + Tubing	\$125	\$75

INTERESTED IN
HAVING A PARTY AT
WHITETAIL RIDGE?
Ask a staff member
about our Group Rates.



HOURS OF OPERATION

Thursday: 4 - 9 pm (Ski Hill open. Tubing Hill open for group parties only)
Friday: 3 - 9 pm | Saturday: 11 am - 9 pm | Sunday: 11 am - 5 pm



Open to the Public! | 800-531-4703 | www.mccoy.armymwr.com

SNOW SHOE & CROSS COUNTRY SKI RENTALS

\$10 per day

Available at Fort McCoy's
Whitetail Ridge Ski Area



800-531-4703 | mccoy.armymwr.com

LEARN TO SKI OR SNOWBOARD

Does your child want to learn how to ski or snowboard? Make a reservation to learn to ski or snowboard by trained instructors at Whitetail Ridge Ski Area. One hour lesson at \$30 per person.

Additional fees apply for equipment rental and lift passes. Call 608-388-3517/4498 to make your reservation.



WE ARE HIRING

FORT MCCOY MWR IS HIRING
FOR THE FOLLOWING POSITIONS

- Child and Youth Program Assistants
Permanent & Summer Positions Available
- School Age/Youth Services Cook



APPLY TODAY! Visit www.USAJOBs.gov
or call NAF Personnel at 608-388-3773

CONNECT WITH YOUR COMMUNITY

DIGITAL GARRISON
POWERED BY



The Real McCoy

Home | Facility Hours | Newspaper Archives | Search

>> CLICK HERE to view the latest edition



OIL CHANGES \$15

Every Thursday from 1 - 8 pm | Automotive Skills Center (B1763)
Call x3013 to schedule an appointment

Oil and filter must be supplied by customer

ARMY COMMUNITY SERVICE
Building: 2111 Phone: 388-3505

FAMILY CALENDARS

NOW - Feb 26 | B2111

Design and create a personalized 2021 calendar with your Family! Spending time together working on a project is a great way to build communication and resilience skills. [Click here](#) to send an e-mail or call x6507 to learn how to receive your calendar kit. Limited supplies available.

LIFE SKILLS: BEGINNING SEWING WORKSHOP

Feb 23 & Mar 16 from 4:30 - 7:30 pm | B2161

Designed for the beginner, this class will cover sewing basics to include hand-sewing, sewing machine set-up and completion of a face-mask. Other projects available if time allows. Register by calling ACS at x6507 or [click here](#) to send an e-mail. Limited space available.

RESILIENCE & ATC MODEL

Feb 24 | 9 - 11 am | B2111

Acts, Thoughts and Consequences (ATC). Did you know you can control your thoughts to influence your emotions and reactions (consequences)? Join us to learn this important resilience skill. To register [click here](#) or call x6507.

FY21 FORT MCCOY GARRISON SHARP TRAINING

Mar 2 | 0900 - 1000 | Microsoft Teams

For Garrison personnel only (limited to 25). Please have your training coordinator contact SHARP Victim Advocate Ryan Harvey at x8951 or [click here](#) to send an e-mail to register.

CONNECT THE TOTS

Mar 5 | 10 am - 12 pm

Monthly activity bag available at ACS. The theme for March is Dr. Seuss' Birthday, World Wildlife Day, National Dentists Day (dental hygiene) and St. Patrick's Day.

NEWCOMER ORIENTATION

Mar 10 | 8 am - 12 pm | McCoy's Community Center

The Fort McCoy Newcomer Orientation is resuming. Masks are required in accordance with Fort McCoy health and safety guidelines. Attendance is limited to the first 20 registered. Breakfast will be provided beginning at 8 am. To register, please call x2359.

REDUCING STRESS THROUGH SELF-CARE

Learn how to maintain a healthy mind & body through this self-paced online training! TOPICS INCLUDE: The difference between normal stress and unhealthy stress AND Healthy coping strategies for stressful situations. To register, call or text 608-630-7473 or [click here](#) to send an email. Training available now - August 31, 2021.

COPING WITH STRESS

Mar 10 | 12:30 pm | Microsoft Teams

Triple P informed workshop presented by The Parenting Place: Coping with Stress. Topics include: common causes of stress and how stress affects parenting, how to recognize signs of stress, and healthy ways to reduce and manage everyday stress. To register please [click here](#) to send an email to the Family Advocacy Program Manager to receive the training link.

MASK UP FORT MCCOY



**Follow us at:
Fort McCoy MWR**

**ICE COMMENTS
& FEEDBACK**
INTERACTIVE CUSTOMER EVALUATION



SEXUAL HARASSMENT/ ASSAULT RESPONSE AND PREVENTION (SHARP)

FY21 ANNUAL REFRESHER TRAINING

This training will count as your Annual SHARP Refresher Face to Face Training

THIS TRAINING WILL:

- Examine strategies to prevent sexual harassment and sexual assault.
- Examine all of our roles in intervening when sexual harassment or sexual assault is present.
- Thoroughly explain reporting processes and procedures for reporting sexual harassment and sexual assault.
- Discuss support resources available.



FY21 GARRISON TRAINING DATES
Mar 2 at 9 am

**All classes are held virtually
via Microsoft Teams.**

Limited to 25 participants per class.

**To register, please call Garrison
SHARP Victim Advocate Ryan at
608-388-8951 or send an email
to: ryan.f.harvey.civ@mail.mil**

*Please check with your supervisor, training
coordinator, or designated SHARP personnel
(SARC/VA) to see if training is scheduled for
your organization/unit.*

Triple P Informed Workshop:

COPING WITH Stress

March 10, 2021

12:30 pm

**Virtual Workshop via
Microsoft Teams**

**Attend this free
workshop to learn:**

- Common causes of stress and how stress affects parenting.
- How to recognize signs of stress.
- Healthy ways to reduce and manage everyday stress.

Let Cara, our parent educator, help you with strategies to make life a little easier. All attendees will walk away with a personalized parenting plan.

Hosted by The Parenting Place.



The Triple P--Positive Parenting Program-- is a parenting and family support system designed to prevent as well as treat behavioral and emotional problems in children and teenagers. It aims to prevent problems in the family, school, and community before they arise and to create family environments that encourage children to realize their potential.

**To register please contact the Family Advocacy Program Manager
at jennifer.l.morris169.civ@mail.mil**

Session will last approximately 1.5 hours.

ACS events are open to Military, Retirees, Civilian workforce, Family Members and registered Fort McCoy Volunteers unless otherwise stated. For information on upcoming training opportunities through ACS please go to <http://mccoy.armymwr.com> and click on Calendar.

www.mccoy.armymwr.com | 608-388-3505

Fort McCoy 24/7 Hotline: 608-388-3000 | DoD Safe Helpline 877-995-5247

ARMY
EMERGENCY
RELIEF

EST. 1942

**2021
Campaign
Kick-Off**

AER is dedicated to "Helping the Army Take Care of its Own" by providing financial assistance to Soldiers with money donated by Soldiers. AER is a valuable resource for commanders in assuring the morale and welfare of Soldiers and their Families.

February 25, 2021
McCoy's Community Center
Fort McCoy, WI

BREAKFAST | 8 AM**CAMPAIGN KICK-OFF | 8:30-9:15 AM****UNIT PROJECT OFFICER TRAINING | 9:15 - 10 AM**

Register by sending an email to:
dianne.l.sommers.civ@mail.mil

Must be registered NLT Feb 23, 2021. ACS events are open to Military, Retirees, Civilian workforce, Family Members and registered Fort McCoy Volunteers, unless otherwise stated. Employees must contact their supervisors regarding dismissal from work centers.

For information on upcoming training opportunities through ACS please go to www.mccoy.armymwr.com and click on Calendar.



**Never leave a
Soldier in need.**
By donating to AER,
you help the Army
take care of its own.

**RUMPEL FITNESS CENTER
FITNESS CLASSES****Guidelines**

- Maximum group of 9 people
- Social distancing rules will apply (masks not required)
- Must register to attend classes
- Open to all fitness levels

**ABS**

Targets the core.

Monday & Wednesday
11:30 am - 12:00 pm

BODY BLAST

Hits upper and lower body.

Monday
3:30 pm - 4:00 pm



Reservations required - please call 608-388-2290