



NAME YOUR NICHE


Find Epic Adventure as Unique as Each Explorer



Check Out the Visitor Guide >

explore LA CROSSE .com






FORT MCCOY TRIAD CUP

LAKE ADVENTURE WATER RELAY

PINE VIEW CAMPGROUND
JUNE 27, 2024 | 4:00 PM

Conquer the depths & claim your spot on the Triad Cup leader board in Pine View Campground's Water Relay!

Using kayaks, canoes, paddle boards, & paddle boats, each 6 member team will compete for the fastest time by racing from the Suukjaj Sep Lake dock to the footbridge & back!
Registration ends 6-20-24



FOR ADDITIONAL INFORMATION ON TRIAD CUP EVENTS, REGISTRATION & RULES, VISIT MCCOY.ARMYMWR.COM. SCAN THE QR CODE OR CALL 608-388-2290    @FortMcCoyMWR



CHICKEN SALAD WRAP

JUNE SPECIAL



\$7.00

Chicken Salad, lettuce & American Cheese served on a garlic & herb wrap

MAKE IT A COMBO
Add fries & a drink for just **\$3.50**

   @FortMcCoyMWR | 608-388-7673




WISCONSIN DEER PARK
JUNE 29, 2024

Join Fort McCoy MWR as we visit one of Wisconsin Dells original attractions. Featuring 40 acres showcasing a diverse array of wildlife from across the world!

DEPART 9:00AM	PICK UP & DROP OFF LOCATION MCCOY'S COMMUNITY CENTER
RETURN 4:00PM	\$22 CHILDREN 3-12 YRS \$26 CHILDREN 13 YRS & UP CHILDREN 2 & UNDER ARE FREE

REGISTER BY CALLING 608-388-3011
Registration ends June 22, 2024. Open to all Fort McCoy employees and their guests. Minimum of 10 participants.



RUMPEL FITNESS CENTER FITNESS CLASSES

ALL CLASSES ARE FREE

TUESDAYS BODY BLAST 3:30 - 4:00 PM	WEDNESDAYS AQUA FIT 4:00 - 4:30 PM	THURSDAYS SPIN 3:30 - 4:00 PM
--	--	---

@FortMcCoyMWR mccoys.armymwr.com

Fort McCoy MWR
Juneteenth
Hours of Operation

Army Community Service:	CLOSED June 19
Child & Youth Services:	CLOSED June 19
Headquarters Office:	CLOSED June 19
McCoy's Community Center:	CLOSED June 19
Pine View Campground:	9am - 5pm June 19
Rumpel Fitness Center:	CLOSED June 19 24/7 Access will be available



JOIN US FOR A SPECIAL TRIAD NIGHT EVENT

ARMY COMMUNITY SERVICE ACS
Real-Life Solutions for Successful Army Living

59TH ARMY COMMUNITY SERVICE BIRTHDAY! CELEBRATION!

THURSDAY, JULY 25, 2024 AT MCCOY'S COMMUNITY CENTER

Events Include:
TEAM BUILDING PIZZA MAKING CONTEST · TRIAD CUP VOLLEYBALL TOURNAMENT
Free Appetizers (first come, first served) · Prizes Awarded Throughout the Night!

 3:30-4:00PM LEADERSHIP FORUM Featuring (Practically) World-Famous Business Humorist, Lisa David Olson!	4:00-5:30PM CAKE CUTTING CEREMONY & GAMES	Sponsored By  GARY SINISE FOUNDATION
---	---	--

For Additional Info call **608-388-6712**
OPEN TO ALL FORT MCCOY SOLDIERS, FAMILIES & CIVILIANS @FortMcCoyMWR



Army Community Service

Phone: 608-388-3505 | B 2111

CRAFTING YOUR RESILIENCE

June 29 | 9:00 am - 12:00 pm | ACS Family Building (B2161)

Join us for a fun-filled morning crafting and exploring a resilience skill. One hour early start time for EFMP Families with registration. All materials are provided. To register by June 27, email here or call x7262.

CONNECT THE TOTS

July 9 -16 | 10:00 am - 12:00 pm ACS Family Building (B2161)

Our playgroup contains toys, books, and other materials to help strengthen each child’s cognitive, physical, and creative selves, and to help promote social-emotional skill building. Through play, transitions, circle time and songs and activities, and informal conversations, parents learn about developmental ages and stages, gain tools to help understand their child’s behavior and become empowered to prepare the Family and child to enter school “ready to learn”. To register, e-mail here. To register, e-mail here or call x2412.

NEWCOMERS ORIENTATION

July 10 | 8:00 am - 1:00 pm | McCoy’s Community Center (B1571)

Are you new to Fort McCoy? Come and learn what we have to offer. Breakfast is provided. Spouses are highly encouraged to attend. To register, e-mail here or call x6712.

ALL ABILITIES SUMMER CRAFT NIGHT

July 11 | 4:30 pm - 7:00 pm | ACS Family Building (B2161)

Join us to discover the joy of art! Projects include sensory crafts, seasonal themed crafts

and much more! To register by June 3, email here or call x7262.

USAJOBS & FEDERAL RESUME TRAINING

July 17 | 9:00 am – 11:00 am | B2111

Learn how to write a Federal resume to feature your skills and get the attention of the hiring manager! Bring your laptop along. To register by July 15, email here or call x7262.

HEROES 4 LIFE: UNCONDITIONAL TRUST

July 15 | 10:00 am – 12:00 pm | McCoy’s Community Center

This class will focus on understanding our choice to accept our relationships as they are versus having expectations that cause challenges and discomfort. Engaging activities include: learning what connects us and disconnects us from getting what we want and implementing the Unconditional Trust Challenge in our lives. To register, email here or call x3505.

SOLDIER AND FAMILY READINESS GROUP (SFRG) TRAINING

July 16 | 1 pm – 3 pm | Army Community Service (B2111)

All Command Teams, SFRG Liaisons and SFRG volunteers are encouraged to attend. Topics include defining and understanding mission essential activities as outlined in the regulation; understanding SFRG roles and responsibilities; recognizing non-mission essential activities, resources, and professional development opportunities; obtaining mandated certification, IAW Army regulations and policies. To register, email here or call x6507.